

Kimberly D. Nordstrom
Michael P. Wilson
Editors

**Quick Guide to
Psychiatric Emergencies**
Tools for Behavioral and
Toxicological Situations

 Springer

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ISBN 978-3-319-58258-0 ISBN 978-3-319-58260-3 (eBook)
<https://doi.org/10.1007/978-3-319-58260-3>

Library of Congress Control Number: 2018935599

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Printed on acid-free paper

This Springer imprint is published by Springer Nature
The registered company is Springer International Publishing AG
The registered company address is: Gewerbestrasse 11, 6330 Cham, Switzerland

To my very patient and very loving husband and son who enjoyed a lot of ski weekends in order to help me complete this book! To my parents—for always being there.

KN

To my supportive family and friends who always know the right time and place to tell a funny joke. There were many laughs during the preparation of this book, and for that, I will always be grateful.

MPW

Preface

I met Dr. Wilson years ago through the American Association for Emergency Psychiatry, during the creation of the “BETA Project.” Since that time, we have been asked to speak and write together on many topics having to do with behavioral emergencies: Dr. Wilson giving an emergency medicine perspective while I give insights from the world of emergency psychiatry. We have had many lectures on “Medical Mimics,” those disorders that mimic psychiatric disease. At every lecture, we have been asked to put our thoughts down in handbook form. This is the result. We brought a few of our friends along with us to help in the effort. We have had fun creating this handbook and hope you find it useful.

Denver, CO
Little Rock, AR

Kimberly D. Nordstrom
Michael P. Wilson

Acknowledgements

First we have to acknowledge the other authors of this handbook: Paul Borghesani, Julien J. Cavanagh, Bryan Corbett, Caitlin A. Kieltyka, Ernest C. Nwachukwu, Jagoda Pasic, Archana A. Shah, Christopher S. Sharp, Teresa Y. Smith, Paul Zarkowski, and Leslie S. Zun. When Dr. Wilson and I began writing this book (alone) we quickly realized that it was a huge undertaking (distilling large amounts of research to bullet-point facts). We got smart and invited some friends—those well known in the field of behavioral emergencies and a couple of talented junior colleagues.

We would also like to acknowledge colleagues who have been supportive in this and many of our endeavors: Gary Vilke, Michael Allen, Scott Zeller, Seth Powsner, Robert House, Kama Guluma, and Steve Hayden.

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Evaluation of Patients

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