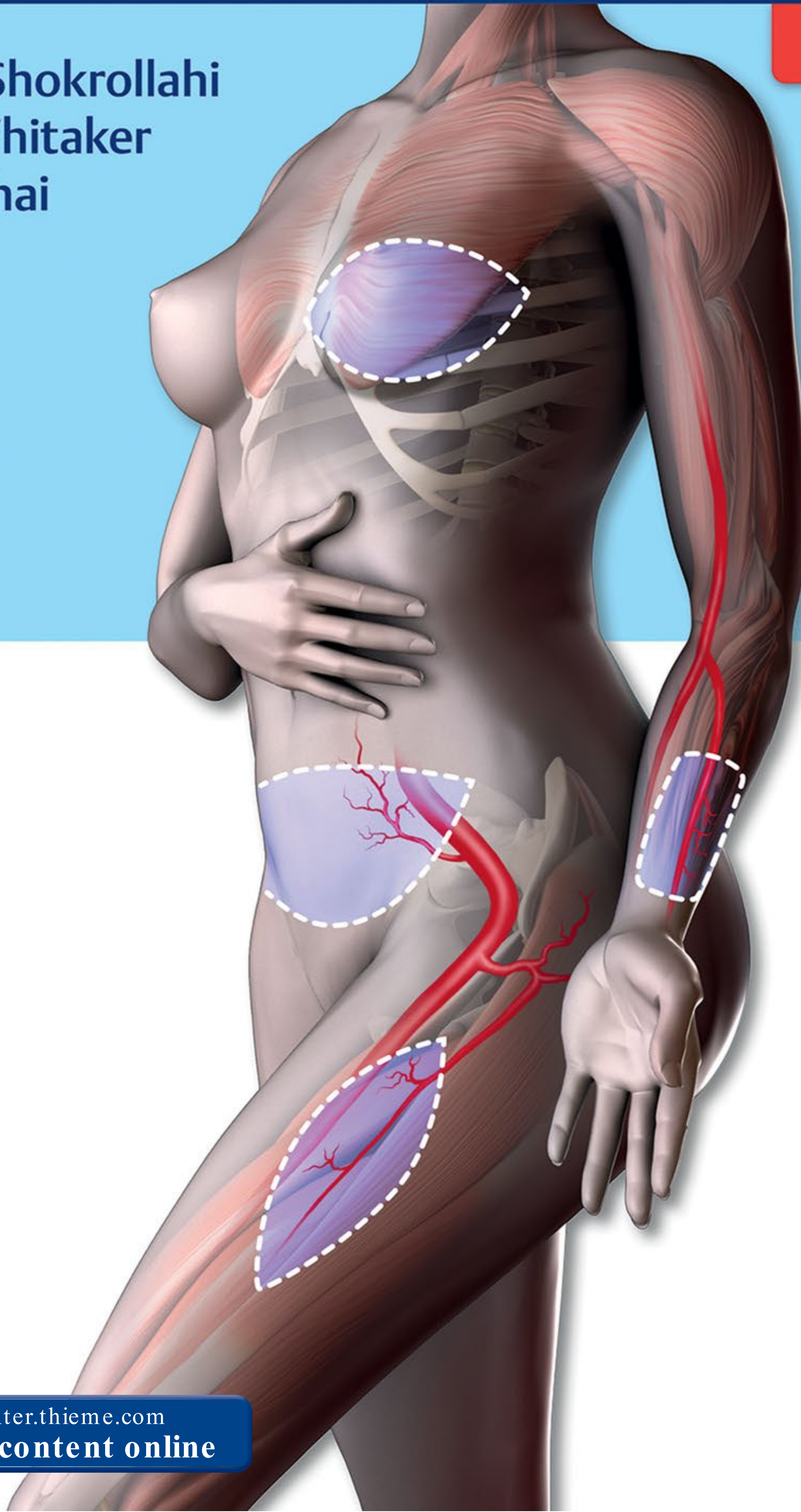


Flaps

Practical Reconstructive Surgery

Kayvan Shokrollahi
Iain S. Whitaker
Foad Nahai

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Flaps

Practical Reconstructive Surgery

Professor Kayvan Shokrollahi, MSc, LLM, FRCS(Plast)

Consultant Burns, Plastic, and Laser Surgeon
Clinical Lead, Mersey Regional Burns Service
Mersey Regional Burns and Plastic Surgery Unit
Whiston Hospital
Liverpool, England, United Kingdom

Professor Iain S. Whitaker, MA(Cantab), PhD, FRCS(Plast)

Professor of Plastic and Reconstructive Surgery
Reconstructive Surgery & Regenerative Medicine Research Unit
Swansea University Medical School
Honorary Consultant Reconstructive Plastic Surgeon
The Welsh Centre for Burns and Plastic Surgery
Swansea, Wales, United Kingdom

Professor Foad Nahai, MD, FACS, FRCS(Hon), FRCST(Hon)

The Maurice J. Jurkiewicz Chair in Plastic Surgery
Professor of Surgery
Department of Surgery
Emory University
Atlanta, Georgia, USA

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333 Seventh Avenue, New York, NY 10001 USA
1-800-782-3488, customerservice@thieme.com

Thieme Publishers Stuttgart
Rüdigerstrasse 14, 70469 Stuttgart, Germany
1 49 [0]711 8931 421, customerservice@thieme.de

Thieme Publishers Delhi
A-12, Second Floor, Sector-2, NOIDA-201301
Uttar Pradesh, India
1 91 120 45 566 00, customerservice@thieme.in

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Dedicated to the past masters of the art and science of plastic surgery upon whose shoulders we stand;
and also to those now learning, to whom we offer our own shoulders via this book,
so that you may one day stand yet taller and see still further than us.

Contents

About the Editors	xi
Menu of Accompanying Videos	xiii
Preface	xiv
Acknowledgments	xv
Contributors	xvi

Section I. Planning and Decision Making in Reconstructive Surgery

Chapter 1	Basic Principles of Reconstructive Surgery and Flaps <i>Parneet Gill and Kayvan Shokrollahi</i>	3
Chapter 2	Microsurgery <i>Christopher G. Wallace and Fu-Chan Wei</i>	29
Chapter 3	Preoperative Imaging for Reconstructive Flap Planning <i>Warren M. Rozen and Vachara Niumsawatt</i>	44
Chapter 4	Current Options for Breast Reconstruction Following Mastectomy <i>Matthew R. Endara and Maurice Y. Nahabedian</i>	52
Chapter 5	Current Options for Perineal Reconstruction <i>Sachin M. Shridharani, Raja Mohan, and Justin M. Sacks</i>	69
Chapter 6	Current Options for Head and Neck Reconstruction <i>Sachin M. Shridharani, Justin L. Bellamy, Justin M. Sacks, and Anthony P. Tufaro</i>	79
Chapter 7	Current Options for Lower Limb Reconstruction <i>Sujatha Tadiparthi and Kayvan Shokrollahi</i>	104
Chapter 8	Recipient Vessels for Microsurgery <i>Amir Sadri, David M. S. Bodansky, and Kayvan Shokrollahi</i>	115
Chapter 9	The Internal Mammary System as Recipient Vessels for Breast Microsurgical Reconstruction <i>Moustapha Hamdi and Mohamed Zulfkar Rasheed</i>	129
Chapter 10	The Thoracodorsal System as Recipient Vessels for Breast Microsurgical Reconstruction <i>Nicolas A. Guay</i>	141
Chapter 11	Postoperative Monitoring of Microvascular Free Flaps <i>Zita M. Jessop, Warren M. Rozen, and Iain S. Whitaker</i>	147

Section II. Reconstructive Flaps A-to-Z

Chapter 12	Anterolateral Thigh Free Flaps <i>Christopher G. Wallace and Fu-Chan Wei</i>	163
Chapter 13	Anterolateral Thigh Pedicled Flaps <i>Sachin M. Shridharani, Raja Mohan, and Justin M. Sacks</i>	169
Chapter 14	Deep Circumflex Iliac Artery Flaps <i>Russell J. Corlett and G. Ian Taylor</i>	179

Chapter 15	Deep Inferior Epigastric Artery Perforator Flaps and Superficial Inferior Epigastric Artery Flaps for Breast Reconstruction <i>Moustapha Hamdi and Ali M. Ghanem</i>	184
Chapter 16	Deltopectoral Flaps for Head and Neck Reconstruction <i>Rowan D. Gillies and Pouria Moradi</i>	210
Chapter 17	Fibula Osteoseptocutaneous Flaps <i>Christopher G. Wallace and Fu-Chan Wei</i>	214
Chapter 18	Gastrocnemius Muscle Flaps for Lower Limb Reconstruction <i>Duncan Atherton, Pouria Moradi, Shehan Hettiaratchy, and Jagdeep Nanchahal</i>	224
Chapter 19	Gracilis Muscle and Myocutaneous Flaps <i>Cedric Hunter, Gordon K. Lee, and Michael W. Findlay</i>	230
Chapter 20	Groin and Superficial Circumflex Iliac Perforator Flaps <i>Terence Goh, Kok Chai Tan, and Joon Pio Hong</i>	243
Chapter 21	Inferior Gluteal Artery Musculocutaneous Flaps <i>Damien Grinsell</i>	251
Chapter 22	Jejunal Flap Reconstruction for Circumferential Pharyngolaryngectomy Defects <i>Pouria Moradi, Charles A. T. Durrant, and Simon H. Wood</i>	259
Chapter 23	Design, Principles, and Variations of Keystone Flaps <i>Michael W. Findlay, Gordon K. Lee, and Felix C. Behan</i>	267
Chapter 24	Keystone Flaps for Lower Limb Reconstruction <i>Michael W. Findlay, Dominik Duscher, and Gordon K. Lee</i>	282
Chapter 25	Keystone Flaps for Reconstruction in the Trunk <i>Michael W. Findlay, Peter C. Neligan, and William M. Kuzon Jr.</i>	297
Chapter 26	Keystone Flaps for Reconstruction in the Upper Limb <i>Michael W. Findlay, Zeshaan N. Maan, and Gordon K. Lee</i>	318
Chapter 27	Keystone Flap Principles, Technique, and Variations in Head and Neck Surgery <i>Michael W. Findlay, Sarah N. Bishop, and Gordon K. Lee</i>	330
Chapter 28	Lateral Arm Free Flaps for Head and Neck Reconstruction <i>Pouria Moradi and Kevin Ho</i>	343
Chapter 29	Latissimus Dorsi Free Flaps <i>Sachin M. Shridharani, Adriana G. Ramirez, Raja Mohan, and Justin M. Sacks</i>	348
Chapter 30	Latissimus Dorsi Pedicled Flaps <i>Mohamed Zulfkar Rasheed and Moustapha Hamdi</i>	358
Chapter 31	Pedicled Omental Flaps for Sternal Reconstruction <i>Pouria Moradi, Charles A. T. Durrant, and Simon H. Wood</i>	368
Chapter 32	Pectoralis Major Muscle Flaps <i>Sachin M. Shridharani and Devinder P. Singh</i>	374
Chapter 33	Pectoralis Major Myocutaneous Flaps <i>Sachin M. Shridharani and Devinder P. Singh</i>	384
Chapter 34	Gluteal Thigh Flaps <i>Sarah I. Fernandez and Bruce A. Mast</i>	389
Chapter 35	Posterior Thigh Perforator Flaps <i>Sarah I. Fernandez and Bruce A. Mast</i>	391
Chapter 36	Radial Forearm Fasciocutaneous Flaps <i>Terence Goh and Chin-Ho Wong</i>	394
Chapter 37	Rectus Abdominis Muscle Flaps <i>Terence Goh and Kok Chai Tan</i>	405
Chapter 38	Rectus Femoris Muscle Flaps <i>Sachin M. Shridharani and Anthony P. Tufaro</i>	417

Chapter 39	Scapular Flaps, Parascapular Flaps, Circumflex Scapular Artery Perforator Flaps, and Scapular Osteocutaneous Flaps <i>Stuart B. Watson</i>	427
Chapter 40	Superior Gluteal Artery Perforator Flaps <i>Phillip Blondeel, Koenraad Van Landuyt, John W. Antonetti, and Richard Young</i>	434
Chapter 41	Soleus Flaps <i>Sachin M. Shridharani and Devinder P. Singh</i>	452
Chapter 42	Reverse Sural Flaps <i>Sachin M. Shridharani, Tom S. Potokar, Kayvan Shokrollahi, and Anthony P. Tufaro</i>	460
Chapter 43	Thoracodorsal Artery Perforator Flaps <i>Phillip Blondeel, Koenraad Van Landuyt, Richard Young, and John W. Antonetti</i>	469
Chapter 44	Tensor Fascia Lata Perforator-Based Island Flaps <i>Sang Wha Kim, Jeong Tae Kim, and Youn Hwan Kim</i>	478
Chapter 45	Transverse Myocutaneous Gracilis Free Flaps <i>Stefan O. P. Hofer and Caroline E. Payne</i>	486
Chapter 46	Temporoparietal Fascia Flaps <i>Terence Goh, Ying Chien Tan, and Kok Chai Tan</i>	493
Chapter 47	Pedicled Transverse Rectus Abdominis Myocutaneous Flaps <i>Simon G. Talbot and Julian J. Pribaz</i>	502
Chapter 48	Free Transverse Rectus Abdominis Musculocutaneous Flaps for Breast Reconstruction <i>Maurice Y. Nahabedian</i>	514
Chapter 49	Trapezius Flaps <i>Sachin M. Shridharani, Shyam M. Shridharani, and Justin M. Sacks</i>	525
Chapter 50	Ulnar Artery Forearm Fasciocutaneous Flaps <i>Adrian Sjarif and Pouria Moradi</i>	535
Chapter 51	Vertical or Oblique Rectus Abdominis Myocutaneous Flaps for Perineal Reconstruction <i>Charles A. T. Durrant and Simon H. Wood</i>	540
Section III. Masterclasses in Reconstructive Flaps		
Chapter 52	Meeting the Aesthetic Challenges of Complex Facial Reconstructions <i>Marc A. M. Mureau</i>	549
Chapter 53	Nasal Reconstruction <i>Lisha McClelland and Nicholas Spencer Jones</i>	582
Chapter 54	Facial Alloflaps for Face Transplantation <i>Edward W. Swanson, Devin O'Brien Coon, Ryan J. Murphy, Mehran Armand, and Chad R. Gordon</i>	608
Chapter 55	Facial Artery Perforator Flaps for Perioral Soft Tissue Defects <i>Stefan O. P. Hofer and Caroline E. Payne</i>	614
Chapter 56	Facial Artery Musculomucosal Flaps <i>Brian M. Parrett and Julian J. Pribaz</i>	618
Chapter 57	Parascapular Cutaneous Axial Flaps <i>Bruce A. Mast and Richard B. Nesmith</i>	621
Chapter 58	Radial Forearm Flaps <i>Loretta Coady-Fariborzian and Winston T. Richards</i>	624
Chapter 59	Dorsalis Pedis Flaps <i>Loretta Coady-Fariborzian and Winston T. Richards</i>	628
Chapter 60	Understanding the Rhomboid Flap: The 20-Degree Rule <i>Jonathan D. Morton and Rowan Pritchard Jones</i>	633

Chapter 61	Quaba Flaps <i>Omar Quaba and Awf Quaba</i>	641
Chapter 62	Spinal Reconstruction with Free Vascularized Bone Flaps <i>Henri A. H. Winters</i>	644
Chapter 63	Muscle-Sparing Latissimus Dorsi Flaps <i>Kathryn Hamnett and Azhar Iqbal</i>	650
Chapter 64	Reconstruction of Full-Thickness Oromandibular Defects <i>Henri A. H. Winters</i>	657
Chapter 65	Principles of Flap Reconstruction for Burns <i>Shehab Jabir, Quentin Frew, Naguib El-Muttardi, Odhran Shelley, and Peter Dziewulski</i>	664
Chapter 66	Local Perforator Flap Reconstruction in the Surgical Mission Setting <i>Yvette Godwin, Bernardo Righi, and Enrico Robotti</i>	673
Chapter 67	Peroneus Brevis Muscle Flaps for Lower Limb Reconstruction in Burns or Trauma <i>Dilnath Gurusinghe, David Bell, and Kayvan Shokrollahi</i>	684
Index		691

About the Editors



Professor Kayvan Shokrollahi is a Burns, Plastic, and Laser Surgeon and clinical lead for the regional burns centre at the Mersey Regional Burns and Plastic Surgery Unit in Liverpool, England. He is Editor-in-Chief of the international journal *Scars, Burns & Healing*, which remains the world's only peer-reviewed scar journal. He is Associate Editor of the journal *Annals of Plastic Surgery*, and Chairman of the noted charity *The Katie Piper Foundation*. He graduated from Bristol University with both a Bachelor of Science degree with first class honours in Cellular and Molecular Pathology and a degree in Medicine. He went on to graduate with both a Masters in Clinical Engineering and subsequently a Masters in Law with commendation, having developed a specific interest in consent for medical treatment and the ethics and law related to medicine. He was awarded the Hunterian Professorship of the Royal College of Surgeons in 2007, and has delivered numerous guest and keynote lectures around the world. Professor Shokrollahi has won various prizes, grants, and scholarships including from the British Association of Plastic, Reconstructive and Aesthetic Surgeons,

Bristol University, the Pathological Society of Great Britain, and The Healing Foundation. He has a strong academic and research interest having published over seventy peer-reviewed articles in the scientific literature. He has written a number of textbooks including those currently in press such as the *Oxford Specialist Handbook: Burns* and *Multiple Choice Questions in Plastic Surgery*. He has written dozens of book chapters on a variety of reconstructive, aesthetic, scientific, and legal subjects relevant to his diverse interests and expertise. He is an authority in a number of clinical areas including scars and burns, laser treatment in the context of both skin oncology and scar management, as well as pediatric ear surgery and is currently writing the textbook *Laser Management of Scars* (Springer).

Outside of clinical medicine, Professor Shokrollahi is an accomplished composer and pianist with his original music and performances having reached 153rd in the all-time top 500 Classic FM charts in Europe under the pseudonym *Shokolat*. His music is widely available including via digital and online platforms, in addition to CDs and sheet music. In addition, he is a regularly exhibiting artist and sculptor with art works available internationally through Saatchi Gallery Online.



Professor Iain S. Whitaker is the Professor of Plastic Surgery at the Welsh Centre for Burns and Plastic Surgery and Swansea University Medical School. He combines a clinical practice (both acute care and elective surgery) with the development of an active research program. He is the Director of the Reconstructive Surgery & Regenerative Medicine Research Unit (www.reconregen.com) and Deputy Editor of Europe's largest reconstructive surgery journal, the *Journal of Plastic, Reconstructive and Aesthetic Surgery* (JPRAS). After reading medicine at Cambridge University (Trinity Hall), Professor Whitaker completed a sub-internship in Plastic Surgery at Harvard Medical School, followed by plastic, reconstructive, and aesthetic surgery training in Yorkshire, Wales, Sweden, Australia, and France. During his training Professor Whitaker was awarded numerous prizes from the British Association of Plastic, Reconstructive and Aesthetic Surgeons (BAPRAS) and the Royal College of Surgeons. He completed prestigious fellowships in Melbourne, Australia (The Rowan Nicks Award, Royal Australasian College of Surgeons) and Paris (European

Association of Plastic Surgeons Young Plastic Surgeon Scholarship).

Professor Whitaker has published over 150 articles, with a Hirsch Index of 30, edited several textbooks, and written in excess of 25 book chapters. He currently sits on the BAPRAS research council and in addition to his role at JPRAS is the Chief Specialty Editor for *Frontiers in Surgery*, Associate Editor of the *Annals of Plastic Surgery*, and is the regenerative medicine lead for BMC Medicine. In collaboration with leading scientists at Swansea University, Professor Whitaker developed a doctoral and postdoctoral career path for plastic surgeons in Wales, having drawn in millions of pounds of funding from a variety of sources including Welsh Assembly Government, the Medical Research Council, Royal College of Surgeons, the British Association of Plastic, Reconstructive and Aesthetic Surgeons, and the ABMU Health Board. His group's research focuses on stem cell biology in combination with platform technologies such as 3D printing to solve aesthetic and reconstructive problems safely and effectively.

In his spare time, now that his own playing days are over, he enjoys following rugby. Professor Whitaker dedicates this book to his wife and their greatest achievement, their daughter Lara.



Professor Foad Nahai is a graduate of Bristol University in England, and is the Maurice J. Jurkiewicz Chair in Plastic Surgery and Professor of Surgery at Emory University in Atlanta, Georgia. He is Editor-in-Chief of *Aesthetic Surgery Journal* and the current president of the American Association for the Accreditation of Ambulatory Surgical Facilities. He is past president of the International Society of Aesthetic Plastic Surgery, past president of the American Society for Aesthetic Plastic Surgery, former director American Board of Plastic Surgery, and past chairman of the Plastic Surgery Research Council. He has published over 210 peer reviewed articles, edited or co-edited 9 textbooks, and his writings have covered all aspects of reconstructive and aesthetic plastic surgery.

Professor Nahai is internationally recognized as an innovator in the field of plastic surgery where he has developed and refined many procedures. His contribution to reconstructive surgery is extensive, including the Mathes-Nahai classification of flaps and the original description of the Tensor Fascia Lata flap as well as numerous refinements and innovations in reconstructive surgery. The most recent book before this that he authored and edited, published in 2011, is the second edition of his three-volume text entitled *The Art of Aesthetic Surgery*, and he has used his knowledge and skills to contribute greatly to the advancement and safety of aesthetic surgery, the focus of the latter half of his career.

Professor Nahai has been invited to lecture and demonstrate plastic surgical procedures all over the world. In addition to numerous professional honours and awards, he is listed among the “Best Doctors in America,” and has been named by *W Magazine* as one of the top plastic surgeons in the world.

Menu of Accompanying Videos

These videos have been edited, narrated, and demonstrated by Iain R. Mackay of the Canniesburn Plastic Surgery Unit, Glasgow Royal Infirmary, and Department of Anatomy, Glasgow University, Glasgow, Scotland, United Kingdom. The Canniesburn Plastic Surgery Unit has pioneered flap surgery over the decades and continues to provide internationally renowned flap and microsurgery training courses.

The videos are best viewed at the presented size and not maximized to full screen.

Video 1: First Dorsal Metacarpal Artery Flap

Video 2: Becker Flap

Video 3: Deltopectoral Flap

Video 4: Distal Fasciocutaneous Flaps of Lower Limb

Video 5: Fibular Flap

Video 6: Gastrocnemius Flap

Video 7: Gracilis Flap

Video 8: Lateral Arm Flap

Video 9: Latissimus Dorsi Flap

Video 10: Pectoralis Minor Flap

Video 11: Pectoralis Major Flap

Video 12: Posterior Interosseous Flap

Video 13: Radial Forearm Flap

Video 14: Scapular Flap

Video 15: Temporal Artery Flap

Video 16: Trapezius Flap

Preface

Flaps are an essential tool in our reconstructive armamentarium, and a good working knowledge of flap surgery provides the backbone of surgical practice through which we restore form and function. This book and its accompanying videos bring together the cumulative experience of the leading pioneers and educators in reconstructive surgery from around the world to demonstrate and simplify flap surgery, focusing on the most useful and common flaps and the most advanced and cutting-edge methods. The aim is not to be a flap encyclopedia, but more helpfully to be a source of reference of reliable and workhorse flaps to reconstruct the majority of anatomical defects seen in the course of general and specialist reconstructive surgery. These are outlined in as safe and effective a way as possible and presented in a step-by-step format from planning to execution. We are excited that many series in this book demonstrate flap surgery in details heretofore never described.

Overview chapters for each major anatomical area provide a general approach to reconstruction with a choice of recommended flaps. Workhorse flaps are then presented in greater detail in the A-Z of flaps. Masterclasses are presented at the end of the book, and this important section is packed with state-of-the-art innovations, personal experiences, and challenging reconstructions and will maintain the freshness of each subsequent edition of the book as techniques evolve and further interesting material becomes available to our readers.

Our plan to regularly update the information presented herein is best underscored by Professor Foad Nahai's recollections: "My involvement with this book was cause for reflection. Reflection and reminiscence which took me back to the late 1970s when Stephen Mathes and I, as trainees, laid plans for the *Atlas of Muscle and Musculocutaneous Flaps*. We were encouraged in our efforts by our mentors Maurice Jurkiewicz, Luis Vasconez, John Bostwick, John McCraw, and P. G. Arnold, all of whom were pioneers in the development of muscle and musculocutaneous flaps. We have certainly come a long way since then. So much has changed; so many new flaps, with more sophistication in clinical applications. Flap descriptions and dissections are more detailed, accompanying artwork all in color with complex clinical examples of the flaps. In short, when I compare our initial efforts to describe the blood supply and arc of rotation of muscle flaps with this work I realize how fortunate I have been to be a part of and to have witnessed the evolution of our specialty."

We hope and expect that you will find this book and its accompanying videos useful to your practice.

Professor Kayvan Shokrollahi, MSc, LLM, FRCS(Plast)
Professor Iain S. Whitaker, MA(Cantab), PhD, FRCS(Plast)
Professor Foad Nahai, MD, FACS, FRCST(Hon)

Join the flap community at:

www.theflapbook.com

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We are grateful to the numerous international experts who have contributed to this book, many of whom were the first to describe or popularize the techniques herein. Especial thanks go to our publisher, Thieme, whose people have diligently shaped this book into its final form. We are particularly grateful to the access granted by Thieme to their considerable and world-class image library, and to the authors and illustrators of those books in which these illustrations first appeared, as well as to the beautiful new illustrations provided by artist Samantha Stutzman.

Thanks also to those editorial assistants that have facilitated the coordination of the manuscript, including Jamie Howie and Thomas Hayes, and to project manager Luke Whitmore.

Last but not least we thank our friends, families, and loved ones who have supported us through thick and thin.

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Contributors

John W. Antonetti, MD

Medical City Dallas
Dallas, Texas

Mehran Armand, PhD

Member Principal Staff
The Johns Hopkins University Applied Physics Laboratory
Merle A. Tuve Associate Research Professor of Mechanical
Engineering
Faculty of Orthopaedic Surgery
The Johns Hopkins University
Baltimore, Maryland

Duncan Atherton, Bsc, MBBS, MD, FRCS(Plast)

Department of Plastic Surgery
Guys and St Thomas Hospital
London, England, United Kingdom

Felix C. Behan, MBBS, FRCS, FRACS

Adjunct Associate Professor
Consultant Plastic and Reconstructive Surgeon
Department of Surgery
University of Melbourne
Melbourne, Australia

David Bell, MBBS, MD, FRCS(Plast), DipHandSurg (UoM/BSSH)

Mersey Regional Burns Centre
Mersey Regional Burns and Plastic Surgery Unit
Whiston Hospital
Liverpool, England, United Kingdom

Justin L. Bellamy, MD

Plastic and Reconstructive Surgery Resident
Hansjörg Wyss Department of Plastic Surgery
New York University Medical Center
New York, New York

Sarah N. Bishop, MD

Plastic and Reconstructive Surgery Fellow
Mayo Clinic College of Medicine
Rochester, Minnesota

Phillip Blondeel, MD, PhD

Professor and Chairman
Department of Plastic and Reconstructive Surgery
Gent University Hospital
Gent, Belgium

David M. S. Bodansky, BMedSc(Hons), MBChB, MRCS

SHO
Royal Liverpool Hospital
Liverpool, England, United Kingdom

Loretta Coady-Fariborzian, MD, FACS

Clinical Assistant Professor
University of Florida
Section Chief, Plastic and Reconstructive Surgery
Malcom Randall VA Medical Center
Gainesville, Florida

Devin O'Brien Coon, MD, MSE

Chief Resident, Plastic and Reconstructive Surgery
The Johns Hopkins Hospital and University of Maryland
Medical Center
Baltimore, Maryland

Russell J. Corlett, MBBS, FRACS

Consultant Plastic Surgeon
Royal Melbourne Hospital
Melbourne, Victoria, Australia

Charles A. T. Durrant, MBBS, BSc(Hons), MA, FRCS(Plast)

Clinical Lead for Plastic and Reconstructive Surgery
Mountbatten Department of Plastic Surgery
Queen Alexandra Hospital
Portsmouth, England, United Kingdom

Dominik Duscher, MD

Director of Plastic Surgery Research
Section of Plastic and Reconstructive Surgery
Johannes Kepler University
Linz, Austria

Peter Dziejowski, FFICM, FRCS, FRCS(Plast)

Consultant in Plastic, Reconstructive and Burns Surgery
St. Andrews Centre for Plastic Surgery and Burns
Chelmsford, England, United Kingdom

Naguib El-Muttardi, FRCS(Plast)

Consultant in Plastic, Reconstructive and Burns Surgery
St. Andrews Centre for Plastic Surgery and Burns
Chelmsford, England, United Kingdom

Matthew R. Endara, MD

Plastic and Reconstructive Surgeon
Silver Cross Hospital
New Lenox, Illinois
Presence St. Joseph Medical Center
Joliet, Illinois
Little Company of Mary Hospital
Evergreen Park, Illinois
Ingalls Memorial Hospital
Harvey, Illinois

Sarah I. Fernandez, MD

Division of Plastic and Reconstructive Surgery
University of Florida
Gainesville, Florida

Michael W. Findlay, MBBS, PhD, FRACS, FACS

Plastic, Reconstructive, and Hand Surgeon
The Peter MacCallum Cancer Center
The Neil Hamilton-Fairley Clinical Overseas Research Fellow
Royal Melbourne Hospital Department of Surgery
University of Melbourne
Melbourne, Australia
Clinical Instructor and Stanford Applied Regenerative
Medicine Fellow
Department of Surgery
Stanford University School of Medicine
Stanford, California

Quentin Frew, MRCS

Registrar in Plastic, Reconstructive and Burns Surgery
St. Andrews Centre for Plastic Surgery and Burns
Chelmsford, England, United Kingdom

Ali M. Ghanem, MD, PhD

Academic Plastic Surgery
Barts and the London School of Medicine and Dentistry
London, England, United Kingdom

Parneet Gill, MBChB, MSc, MRCS(Eng)

Plastic Surgery Registrar
Mersey Regional Burns and Plastic Surgery Unit
Whiston Hospital
Liverpool, England, United Kingdom

Rowan D. Gillies, MBBS, FRACS(Plast)

Department of Plastic Reconstructive and Burns Surgery
Royal North Shore Hospital
Sydney Medical School
University of Sydney
Department of Plastic and Reconstructive Surgery
Prince of Wales Hospital
Sydney, Australia

Yvette Godwin, FRCS

Médecins Sans Frontières/Doctors Without Borders (MSF)
London, England, United Kingdom

Terence Goh, MBBS, MRCS, FAMS(Plast)

Consultant
Plastic Reconstructive and Aesthetic Surgery Department
Singapore General Hospital
Singapore

Chad R. Gordon, DO, FACS

Assistant Professor of Plastic Surgery and Neurosurgery
The Johns Hopkins University School of Medicine
Co-Director, Multidisciplinary Adult Cranioplasty Center (MACC)
Co-Director, Face Transplant Program
The Johns Hopkins Hospital
Baltimore, Maryland

Damien Grinsell, MBBS, FRACS(Plas)

Consultant Plastic and Reconstructive Surgeon
St. Vincents Hospital Melbourne
Royal Melbourne Hospital
Western Hospital
Melbourne, Australia

Nicolas A. Guay, BSc, MD, FRCS(C)

Corporate Chief and Medical Director of Surgery
William Osler Health System
Toronto, Ontario, Canada

Dilnath Gurusinghe, MBBS(Lond), MRCS(Eng), FRCS(Plast)

Mersey Regional Burns Centre
Mersey Regional Burns and Plastic Surgery Unit
Whiston Hospital
Liverpool, England, United Kingdom

Moustapha Hamdi, MD, PhD

Professor and Chairman
Plastic and Reconstructive Surgery Department
Brussels University Hospital–Vrij Universiteit Brussel (VUB)
Brussels, Belgium

Kathryn Hamnett, MBChB Hons, MRCS (Ed), FRCS(Plast)

Whiston Hospital
Liverpool, England, United Kingdom

Shehan Hettiaratchy, MA(Oxon), DM, FRCS(Plast)

Chief of Service, Plastics Orthopaedics ENT and Major Trauma
Imperial College Healthcare NHS Trust
Honorary Clinical Senior Lecturer
Imperial College
London, England, United Kingdom

Kevin Ho, MB, BS, FRACS(Plast)

Consultant Plastic Surgeon
Prince of Wales and Sydney Children's Hospitals
Chair of Plastic and Reconstructive Surgery Training
Sydney Children's Hospital
Sydney, Australia

Stefan O. P. Hofer, MD, PhD, FRCS(C)

Wharton Chair in Reconstructive Plastic Surgery
Professor of Surgery
University of Toronto
Chief, Division of Plastic Surgery
University Health Network
Toronto, Ontario, Canada

Joan Pio Hong, MD, PhD, MMM

Professor
Department of Plastic Surgery
Asan Medical Center
University of Ulsan
Seoul, Republic of Korea

Cedric Hunter, MD

Plastic and Reconstructive Surgery Resident
Stanford University Hospital
Stanford, California

Azhar Iqbal, BSc, MBBS, FRCS Glasgow, FRCD(Edin), MSc, FRCS(Plas)

Consultant Plastic Surgeon
Whiston Hospital
Liverpool University
Liverpool, England, United Kingdom

Shehab Jabir, MRCS

Registrar in Plastic, Reconstructive and Burns Surgery
Department of Plastic Surgery and Burns
Nottingham University Hospitals Trust
Nottingham, England, United Kingdom

Zita M. Jessop, MB BChir, MA(Cantab), MRCS

Clinical Lecturer
Swansea University Medical School
Plastic Surgery Registrar
The Welsh Centre for Burns and Plastic Surgery
Swansea, Wales, United Kingdom

Nicholas Spencer Jones, MD, BDS, FRCS, FRCS(ORL)

Special Professor and Consultant (retired)
Department of Otorhinolaryngology–Head and Neck Surgery
Queen's Medical Centre
University of Nottingham
Nottingham, England, United Kingdom

Jeong Tae Kim, MD, PhD

Professor
Department of Plastic and Reconstructive Surgery
Hanyang University, College of Medicine
Hanyang University Medical Center
Seoul, Republic of Korea

Sang Wha Kim, MD, PhD

Assistant Professor
Department of Plastic and Reconstructive Surgery
Seoul National University, College of Medicine
Seoul National University Hospital
Seoul, Republic of Korea

Youn Hwan Kim, MD, PhD

Assistant Professor
Department of Plastic and Reconstructive Surgery
Hanyang University, College of Medicine
Hanyang University Medical Center
Seoul, Republic of Korea

William M. Kuzon Jr., MD, PhD

The Reed O. Dingman Professor of Surgery
Section of Plastic Surgery
University of Michigan
Chief of Surgery
Ann Arbor VA Healthcare
Ann Arbor, Michigan

Gordon K. Lee, MD, FACS

Associate Professor
Associate Chief of Clinical Affairs
Residency Program Director
Director of Microsurgery
Stanford Plastic and Reconstructive Surgery
Stanford University
Stanford, California

Zeshaan N. Maan, MBBS, MSc, MRCS(Eng)

Plastic and Reconstructive Surgery Resident
Division of Plastic Surgery, Department of Surgery
Stanford University School of Medicine
Stanford, California

Iain R. Mackay, MBChB, FRCS(Plast)

Consultant Plastic Surgeon
Canniesburn Plastic Surgery Unit
Glasgow Royal Infirmary
Glasgow, Scotland, United Kingdom

Bruce A. Mast, MD, FACS

The Maurice J. Jurkiewicz Professor of Reconstructive
Plastic Surgery
Chief, Division of Plastic and Reconstructive Surgery
University of Florida College of Medicine
Gainesville, Florida

Lisha McClelland, FRCS

Consultant ENT Surgeon
Queen Elizabeth Hospital
Birmingham, England, United Kingdom

Raja Mohan, MD

Chief Resident
Department of Plastic Surgery
The Johns Hopkins Hospital
Baltimore, Maryland

Pouria Moradi, MBBS, BSc(Med), MRCS(Eng), FRACS(Plast)

Consultant Plastic and Reconstructive Surgeon
Prince of Wales, Royal Hospital for Womens' and Sydney
Children's Hospital
Sydney, Australia

Jonathan D. Morton, BSc(Hons), MBChB, FRCS(Ed), MRCP

Associate Specialist Plastic Surgeon and Mohs Surgeon
Mersey Regional Burns and Plastic Surgery Unit
Whiston and St Helens Hospitals
Liverpool, England, United Kingdom

Marc A. M. Mureau, MD, PhD

Associate Professor
Head, Oncologic Reconstructive Surgery
Department of Plastic and Reconstructive Surgery
Erasmus MC Cancer Institute
University Medical Center Rotterdam
Rotterdam, The Netherlands

Ryan J. Murphy, PhD

Senior Professional Staff
 Research and Exploratory Development Department
 The Johns Hopkins University Applied Physics Laboratory
 Laurel, Maryland

Maurice Y. Nahabedian, MD, FACS

Professor and Vice Chairman
 Department of Plastic Surgery
 Georgetown University
 Washington, DC

Foad Nahai, MD, FACS, FRCS(Hon), FRCST(Hon)

The Maurice J. Jurkiewicz Chair in Plastic Surgery and
 Professor of Surgery
 Department of Surgery
 Emory University
 Atlanta, Georgia

Jagdeep Nanchahal, BSc, PhD, MBBS, FRCS(Plast)

Professor of Hand, Plastic, and Reconstructive Surgery
 Kennedy Institute of Rheumatology
 Nuffield Department of Orthopaedics Rheumatology and
 Musculoskeletal Sciences
 University of Oxford
 Honorary Consultant Plastic and Reconstructive Surgeon
 Oxford University Hospitals
 Oxford, England, United Kingdom

Peter C. Neligan, MB, FRCS(I), FRCSC, FACS

Professor of Surgery
 Division of Plastic Surgery
 University of Washington
 Seattle, Washington

Richard B. Nesmith, MD

Plastic and Reconstructive Surgery Resident
 University of Florida College of Medicine
 Gainesville, Florida

Vachara Nium sawatt, MBBS

Monash University
 Clayton, Victoria, Australia

Brian M. Parrett, MD

Attending Plastic Surgeon
 Sutter Pacific Medical Foundation
 San Francisco, California

Caroline E. Payne, BSc Genetics (Hons), MSc, FRCS(Eng), FRCS(Plast)

Consultant Plastic and Reconstructive Surgeon
 Head of Department
 St Bartholomew and Royal London Hospital
 London, England, United Kingdom

Tom S. Potokar, MBChB, FRCS(Ed), FRCS(Plast), DA(UK), DTM&H

Consultant Plastic Surgeon and Director Interburns
 The Welsh Centre for Burns and Plastic Surgery
 Honorary Clinical Associate Professor
 Swansea University College of Medicine
 Swansea, Wales, United Kingdom

Julian J. Pribaz, MBBS(Melb), FRCS(Edin), FRACS(Plast)

Professor of Surgery
 Harvard Medical School
 Boston, Massachusetts

Rowan Pritchard Jones, MD, FRCS(Plast), MB ChB(Bris)

Consultant Reconstructive Plastic Surgeon
 St Helens & Knowsley NHS Trust
 Honorary Clinical Senior Lecturer
 Liverpool University
 Liverpool, England, United Kingdom

Awf Quaba, FRCS(Plast)

Consultant Plastic Surgeon
 The Spire Murrayfield Hospital
 Edinburgh, Scotland, United Kingdom

Omar Quaba, MB BChir, FRCS(Plast)

Consultant Plastic Surgeon
 Ninewells Hospital
 Dundee, Scotland, United Kingdom

Adriana G. Ramirez, MD

General Surgery Resident Physician
 Department of Surgery
 University of Virginia
 Charlottesville, Virginia

Mohamed Zulf kar Rasheed, MBBS, MRCS(Ed), MMed(Surg), FAMS(Plast)

Consultant
 Department of Plastic Reconstructive and Aesthetic Surgery
 Singapore General Hospital
 Singapore

Winston T. Richards, MD, FACS

Clinical Assistant Professor of Surgery
 Division of Acute Care Surgery
 Department of Surgery
 University of Florida
 Gainesville, Florida

Bernardo Righi, MD

Consultant Plastic Reconstructive Surgeon
 Department of Plastic and Reconstructive Surgery
 Ospedale Papa Giovanni XXIII
 Bergamo, Italy

Enrico Robotti, MD

Chief of Plastic Surgery
 Department of Plastic and Reconstructive Surgery
 Ospedale Papa Giovanni XXIII
 Bergamo, Italy

Warren M. Rozen, MBBS, BMedSc, PGDipSurgAnat, MD, PhD, FRACS

Plastic and Reconstructive Surgeon
 Department of Surgery
 School of Clinical Science at Monash Health
 Faculty of Medicine
 Monash University
 Monash Medical Centre
 Clayton, Victoria, Australia

Justin M. Sacks, MD, MBA, FACS

Director of Oncological Reconstruction
Assistant Professor
Department of Plastic and Reconstructive Surgery
The Johns Hopkins University School of Medicine
Baltimore, Maryland

Amir Sadri, BSc(Hons), MBChB(Hons), MRCS

Registrar in Plastic Surgery
Chelsea & Westminster Hospital
London, England, United Kingdom

Odhran Shelley, FRCS(Plast)

Consultant in Plastic, Reconstructive and Burns Surgery
St Andrews Centre for Plastic Surgery and Burns
Chelmsford, England, United Kingdom

Kayvan Shokrollahi, MSc, LLM, FRCS(Plast)

Consultant Burns, Plastic, and Laser Surgeon
Clinical Lead, Mersey Regional Burns Service
Mersey Regional Burns and Plastic Surgery Unit
Whiston Hospital
Liverpool, England, United Kingdom

Sachin M. Shridharani, MD

Director
LUXURGERY
New York, New York

Shyam M. Shridharani, MD

Section Chief, Spine Surgery
Department of Orthopaedic Surgery
University of Arizona
Tucson, Arizona

Devinder P. Singh, MD

Chief and Medical Director of Plastic Surgery
Anne Arundel Medical Center
Annapolis, Maryland

Adrian Sjarif, BSc, MBBS(Hons), MS, FRACS(Plast)

Plastic & Reconstructive Surgeon
St George Hospital, Kogarah
The Wollongong Hospital, Wollongong
New South Wales, Australia

Edward W. Swanson, MD

Resident in Plastic and Reconstructive Surgery
Department of Plastic and Reconstructive Surgery
The Johns Hopkins University School of Medicine
The Johns Hopkins Hospital
Baltimore, Maryland

Sujatha Tadiparthi, MB BCh, MRCS, MSc, FRCS(Plas)

Consultant Plastic and Reconstructive Surgeon
Department of Plastic and Reconstructive Surgery
Queen Elizabeth Hospital
Birmingham, England, United Kingdom

Simon G. Talbot, MD

Assistant Professor of Surgery
Harvard Medical School
Associate Surgeon
Brigham and Women's Hospital
Boston, Massachusetts

Kok Chai Tan, MBBS(Monash), FRSC(Eng)

Adjunct Professor Duke-Nus
Associate Professor Nus
Senior Consultant Plastic Surgeon
Plastic Surgery Department
Singapore General Hospital
Singapore

Ying Chien Tan, MBBS, MRCS(Edin), MMed(Surg), FAMS(Plast)

Consultant Plastic Surgeon
The Sloane Clinic Plastic Surgery Centre
Singapore

G. Ian Taylor, AO, MD, FRACS, FRCS, FACS

Professor
Department of Plastic Surgery
Royal Melbourne Hospital
Professor
Department of Anatomy and Neuroscience
University of Melbourne
Melbourne, Australia

Anthony P. Tufaro, MD, DDS, FACS

Associate Professor of Plastic and Reconstructive Surgery,
Oncology and Surgical Oncology
The Johns Hopkins University School of Medicine
Associate Professor of Plastic and Reconstructive Surgery
University of Maryland Shock Trauma Center
Baltimore, Maryland

Koenraad Van Landuyt, MD, PhD, FCCP

Associate Professor
Department of Plastic and Reconstructive Surgery
Ghent University Hospital
St. Lucas General Hospital
Ghent, Belgium

Christopher G. Wallace, MB ChB, MS, FRCS(Plast)

Consultant Plastic, Reconstructive and Aesthetic Surgeon
Department of Plastic Surgery
Royal Devon and Exeter Hospital
Exeter, England, United Kingdom

Stuart B. Watson, MB ChB, FRCS(Plast)

Consultant Plastic Surgeon
Canniesburn Unit
Glasgow Royal Infirmary
Glasgow, Scotland, United Kingdom

Fu-Chan Wei, MD, FACS

Distinguished Chair Professor
Department of Plastic Surgery
Chang Gung Memorial Hospital
Chang Gung University Medical College
Taipei, Taiwan

Iain S. Whitaker, MA(Cantab), PhD, FRCS(Plast)

Professor of Plastic and Reconstructive Surgery
Swansea University Medical School
Honorary Consultant Plastic and Reconstructive Surgeon
The Welsh Centre for Burns and Plastic Surgery
Swansea, Wales, United Kingdom

Henri A. H. Winters, MD, PhD

Head of Resident Training Program
Chair of the Amsterdam Center for Complex Bone Defects
Department of Plastic Reconstructive and Hand Surgery
VUMC University Teaching Hospital
Amsterdam, The Netherlands

**Chin-Ho Wong, MBBS(S'pore), MRCS(Ed), MMed(Surg),
FAMS(Plast)**

Director
W Aesthetic Plastic Surgery
Visiting Consultant
Department of Plastic Reconstructive and Aesthetic Surgery
Singapore General Hospital
Singapore

Simon H. Wood, MBBS, FRCS(Plast)

Consultant Plastic Surgeon
Charing Cross Hospital
Imperial College Healthcare NHS Trust
London, England, United Kingdom

Richard Young, MA, BM, BCh, FRCS, FRCS(Plast)

Consultant Plastic, Reconstructive and Aesthetic Surgeon
Chelsea and Westminster Hospital
London, England, United Kingdom

Section I

Planning and Decision Making in Reconstructive Surgery



1

Basic Principles of Reconstructive Surgery and Flaps

Parneet Gill and Kayvan Shokrollahi

□ Principles of Wound Healing

Wound healing is a complex biological response, involving a defined, regulated sequential cascade, with coordinated cellular activity including phagocytosis, chemotaxis, mitogenesis, and extracellular matrix component synthesis. Three overlapping phases are traditionally described: inflammatory, proliferative, and remodeling (**Fig. 1.1**). It is important that these activities occur in an ordered manner for successful wound healing to take place.

Phases of Wound Healing Inflammation

The primary sequence of events is initiated by injury to the tissue, causing hemorrhage with initial vasoconstriction and activation of the coagulation cascade. This is followed by release of inflammatory mediators, leukocytes, erythrocytes, and platelets. Platelets release vasoactive amines, including serotonin, and cytokines, including platelet-derived growth factor (PDGF), transforming growth factor-beta (TGF- β), and epidermal growth factor (EGF). Granulation tissue production commences. Hematoma and fibrin bind to the wound, attracting platelets and supporting fibroblast migration.

The coagulation and complement cascades enable the migration of leukocytes and monocytes within hours, closely followed

by macrophages after 24 to 36 hours via the process of margination and diapedesis. Debris is phagocytosed and removed from the wound by the polymorphonuclear cells (PMNs). Epithelialization results in migration of epithelial cells across the wound, with the leading edge losing its basement membrane adhesion and flattening out.

By 48 to 72 hours macrophages are the predominant cell types, producing growth factors for the production of the extracellular matrix (ECM) by fibroblasts and angiogenesis following proliferation of smooth muscle and endothelial cells. Chemo-attractants for macrophages include immunoglobulin G (IgG) fragments; complement, collagen, and elastin breakdown products; and cytokines, such as PDGF, TGF- β , and leukotriene B₄. Lymphocytes are attracted by interleukin-1 (IL-1), IgG, and complement products and are the last cells to enter the wound during the inflammatory phase.

Proliferation

By day 7 the wound is predominated by fibroblasts, migrating through the ECM into the wound following stimulation by cytokines. Fibroblasts synthesize type I and type III collagen, to form the foundation of the wound ECM. New blood vessel formation occurs by the action of platelets releasing cytokines to attract macrophages and PMNs. The macrophages release angiogenic substances such as tumor necrosis factor-alpha (TNF- α), vascular endothelial growth factor (VEGF), and basic fibroblast growth factor (bFGF). These actions result in angiogenesis.

Wound Healing

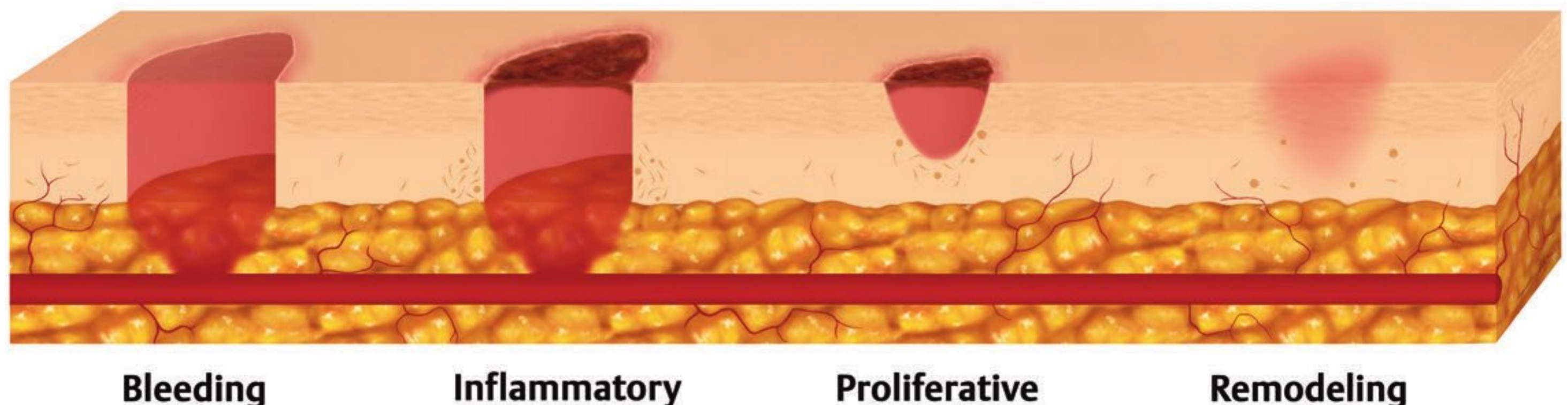


Fig. 1.1 Following the initial injury, the three phases of wound healing are shown: inflammatory, proliferative, and remodeling.

Remodeling

By day 21, a steady state of collagen synthesis and breakdown is reached following remodeling of the ECM. TGF- β promotes matrix accumulation by decreasing the activity of the matrix metalloproteinases (MMPs), which are produced by fibroblasts, macrophages, and granulocytes. Fibronectin acts as a scaffold for collagen deposition and is involved in wound contraction, cell interaction and migration, collagen matrix deposition, and resultant epithelialization. As the wound matures, type I collagen replaces type III and the amount of fibronectin reduces. Stromal ground substance consisting of proteoglycans and glycosaminoglycans (GAGs) is vital in creating a hydrated environment to enable cell mobility and binding. Remodeling occurs increasing tensile strength of the wound to 80% of normal between 3 and 8 weeks.

Factors that Affect Wound Healing

Local factors that affect wound healing include:

- Infection
- Handling of wound by surgeon
- Local tissue ischemia

- Wound oxygenation
- Radiation
- Denervation

General factors that affect wound healing include:

- Age
- Smoking
- Nutritional status
- Vitamin deficiency 1 zinc deficiency
- Temperature
- Inherited conditions, such as, pseudoxanthoma elasticum, Ehlers-Danlos
- Acquired conditions, such as, diabetes mellitus, autoimmune inflammatory conditions

Structure and Function of the Skin

The skin is composed of epidermis and dermis (**Fig. 1.2**). The five layers of the epidermis are the stratum corneum, stratum granulosum, stratum lucidum, stratum spinosum, and stratum basale. Epidermis is stratified squamous epithelium with mainly keratinocytes, but also Langerhans cells, Merkel cells, and melanocytes.

The dermis accounts for 95% of the thickness of the skin and is split into the superficial papillary dermis and the deeper reticular dermis, separated by the vascular plexus (**Fig. 1.2a**). The

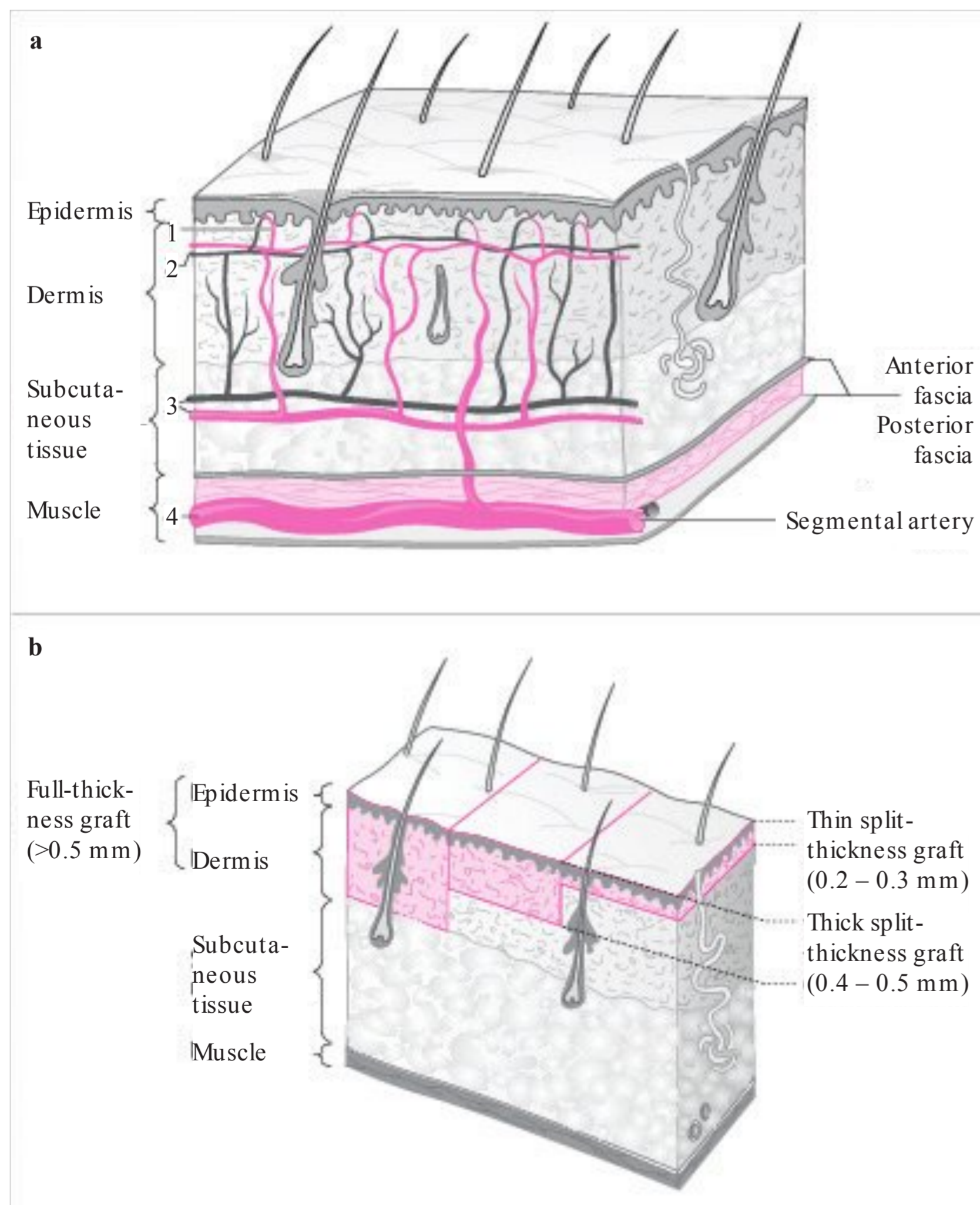


Fig. 1.2 (a) Structure of the skin. Skin consists of epidermis and dermis, leading into the layers of subcutaneous tissue and muscle. Within the layers are vascular plexi, shown as listed. (1) Subpapillary vascular plexus; (2) dermal vascular plexus; (3) subdermal vascular plexus; (4) segmental vascular plexus. **(b)** Composition of free skin grafts. Skin grafts can be classified as full thickness or split thickness.¹

dermis consists of collagen, elastin fibers, ground substance, and the vascular plexus. The skin appendages including the hair follicles, eccrine glands, apocrine glands, and the sebaceous glands are found in the dermal layer (**Fig. 1.2a**).

For the blood supply to the skin, deep vessels arising from the aorta divide to form the main arterial supply to the head, neck, trunk, and limbs before feeding into the vascular plexus of the fascia, subcutaneous tissue, and skin. Fasciocutaneous and musculocutaneous perforators connect the deep vessels to the skin.

The vascular plexus is divided into six layers (**Fig. 1.2a**):

1. Subfascial plexus
2. Prefascial plexus
3. Subcutaneous plexus
4. Subdermal plexus
5. Dermal plexus
6. Subepidermal plexus

An angiosome is a composite block of tissue that is supplied by a named artery. Angiosomes were first described by Manchot in 1889 and later by Taylor and Palmer. The vessels that pass between the anatomical territories of the angiosomes are called choke vessels.

□ Reconstructive Techniques

Options

Reconstructive Ladder

This is a stepwise progression from the simplest options for reconstruction to those that are more complex:

- Secondary intention healing
- Primary closure
- Graft—split skin, full thickness skin, or composite
- Tissue expansion
- Local tissue transfer
- Distant tissue transfer

- Free tissue transfer
- Miscellaneous, such as, cell culture, vacuum-assisted closure (VAC)

Reconstructive Menu

The reconstructive menu is a more recent, sophisticated option, as the reconstructive ladder encourages the simplest option rather than the most optimal reconstruction. Any item can be chosen from the menu, allowing personal preference and the most suitable reconstruction to be used for each individual case.

The aims of reconstruction are both functional and cosmetic. Scars should be placed in lines of election (Langer lines) or parallel to them to enable settling of the scar into wrinkles over time (**Fig. 1.3a**). The nasolabial fold, glabellar wrinkle pattern, lateral canthal “crow’s feet,” and forehead wrinkles are preferable areas to place scars. The use of a natural junction line distracts the eye from the scar and can be used effectively, such as, the base of the alar, the vermilion border, and the lower eyelid below the line of the eyelashes (**Fig. 1.3b**).

Facial Subunits

The face can be divided into six major aesthetic subunits: forehead, eyes/eyebrows, nose, cheek, lips, and chin (**Fig. 1.4**). These can be further divided into additional anatomical subunits (**Figs. 1.5, 1.6, and 1.7**). These are important when considering reconstruction as defects affecting more than 50% of a subunit may produce a superior result if the whole subunit is replaced instead of the defect alone.

Direct Closure

The aims of direct closure include:

- Place scar in Langer lines if possible (**Fig. 1.3**)
- Adequate debridement of traumatic wounds

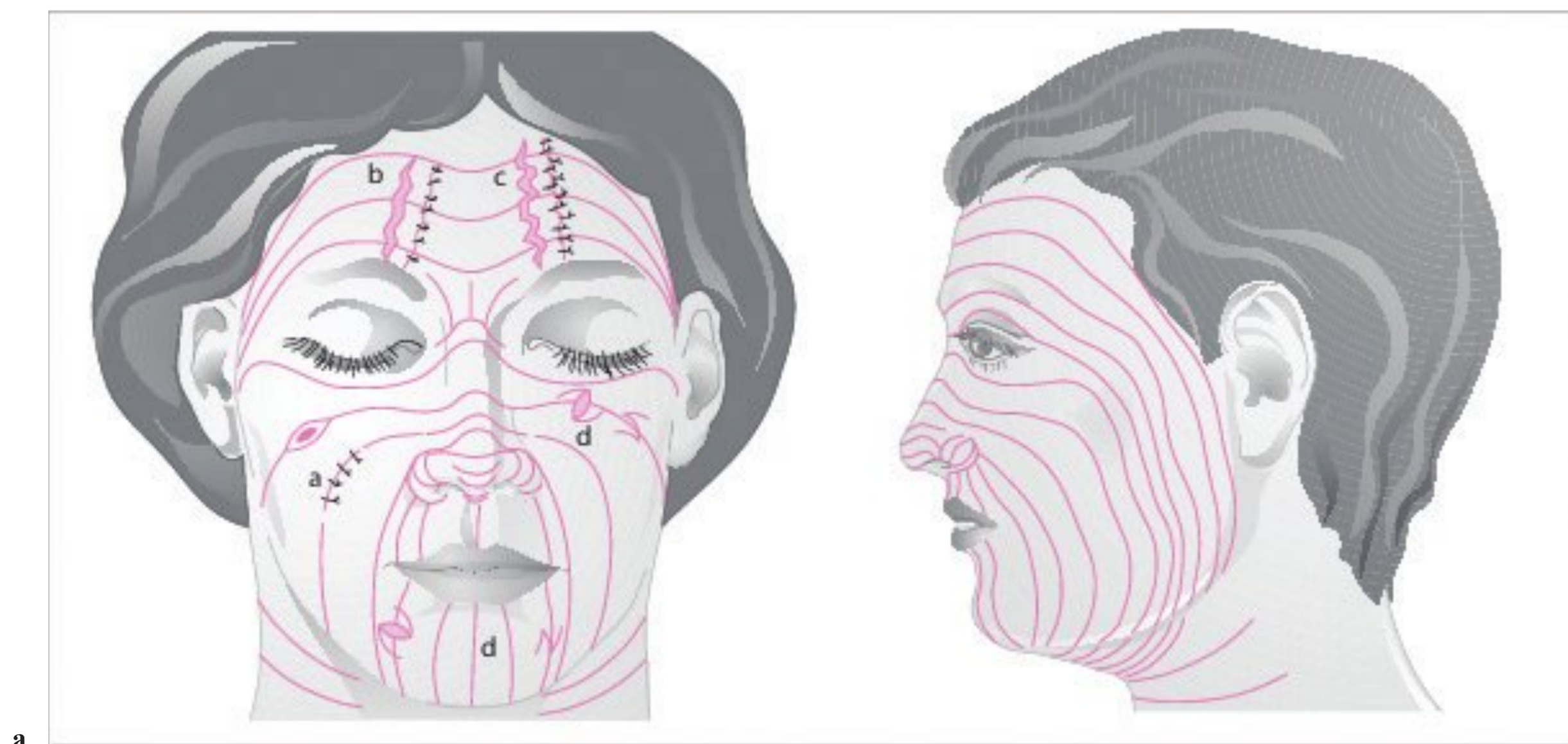


Fig. 1.3 (a) Langer lines. Scars are placed in lines of election as shown. (continued)

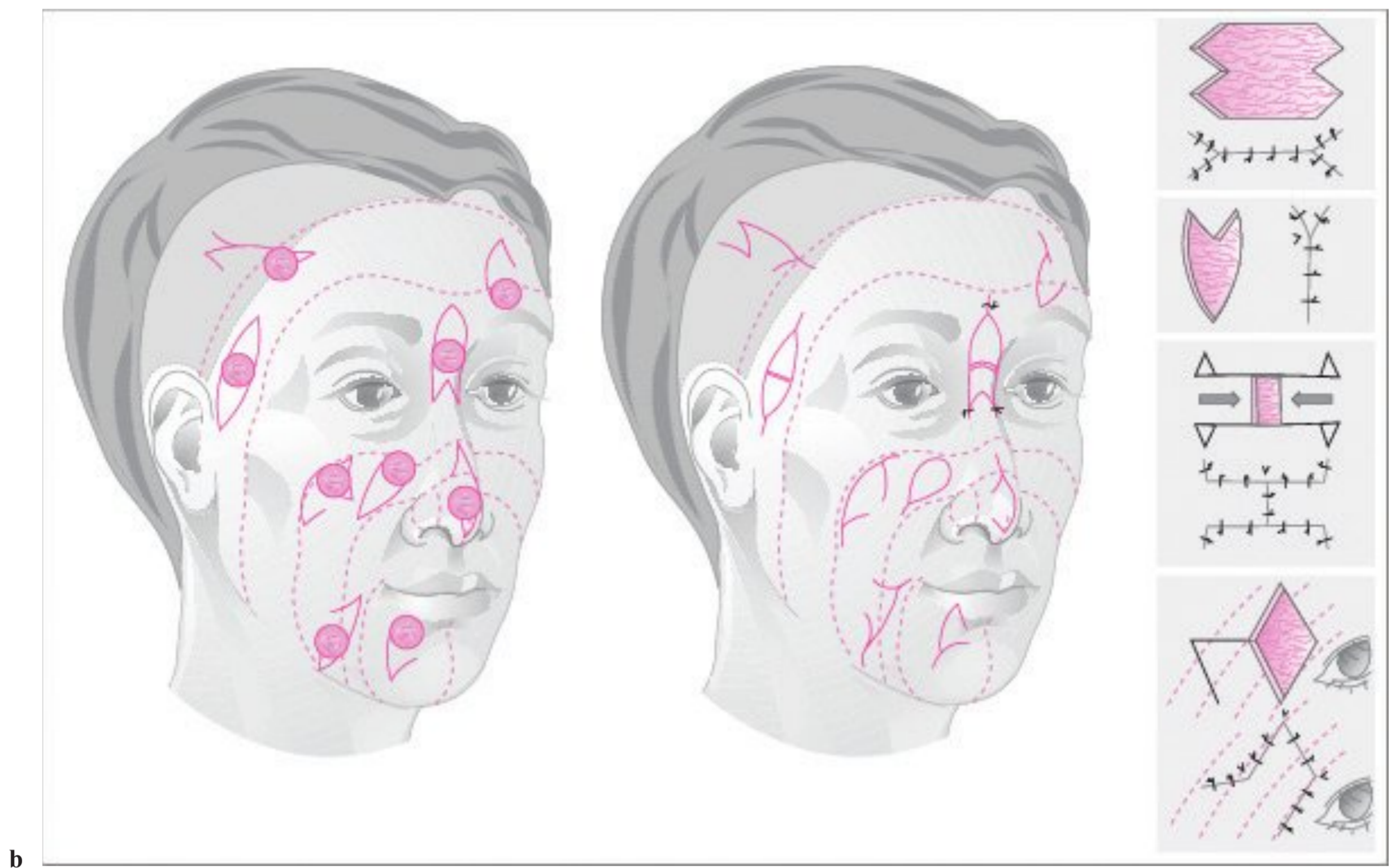


Fig. 1.3 (continued) **(b)** Use of resting skin tension lines to plan reconstruction using direct closure and local flaps.¹

- Atraumatic technique
- Minimize dead space
- Tension-free closure
- Opposition of skin edges without overlap (**Fig. 1.8**)
- Evert skin edges (**Fig. 1.8**)
- Use finest suture possible for tension
- Excise dog ears

The methods of direct closure include:

- Simple interrupted (**Figs. 1.8** and **1.9**)
- Subcutaneous with buried knot (**Figs. 1.8** and **1.9**)
- Subcuticular (**Fig. 1.10**)
- Vertical mattress (**Figs. 1.11** and **1.12**)
- Horizontal mattress (**Fig. 1.13**)
- Continuous (**Fig. 1.14**)

The standard suture technique can be described as a deep buried subcutaneous suture or a simple interrupted skin suture (**Figs. 1.8** and **1.9**). The aim of the buried subcutaneous suture is to eliminate dead space at the base of the wound to reduce the risk of hematoma, seroma, or infections. The simple interrupted skin suture aims to evert the wound edges by ensuring an equal

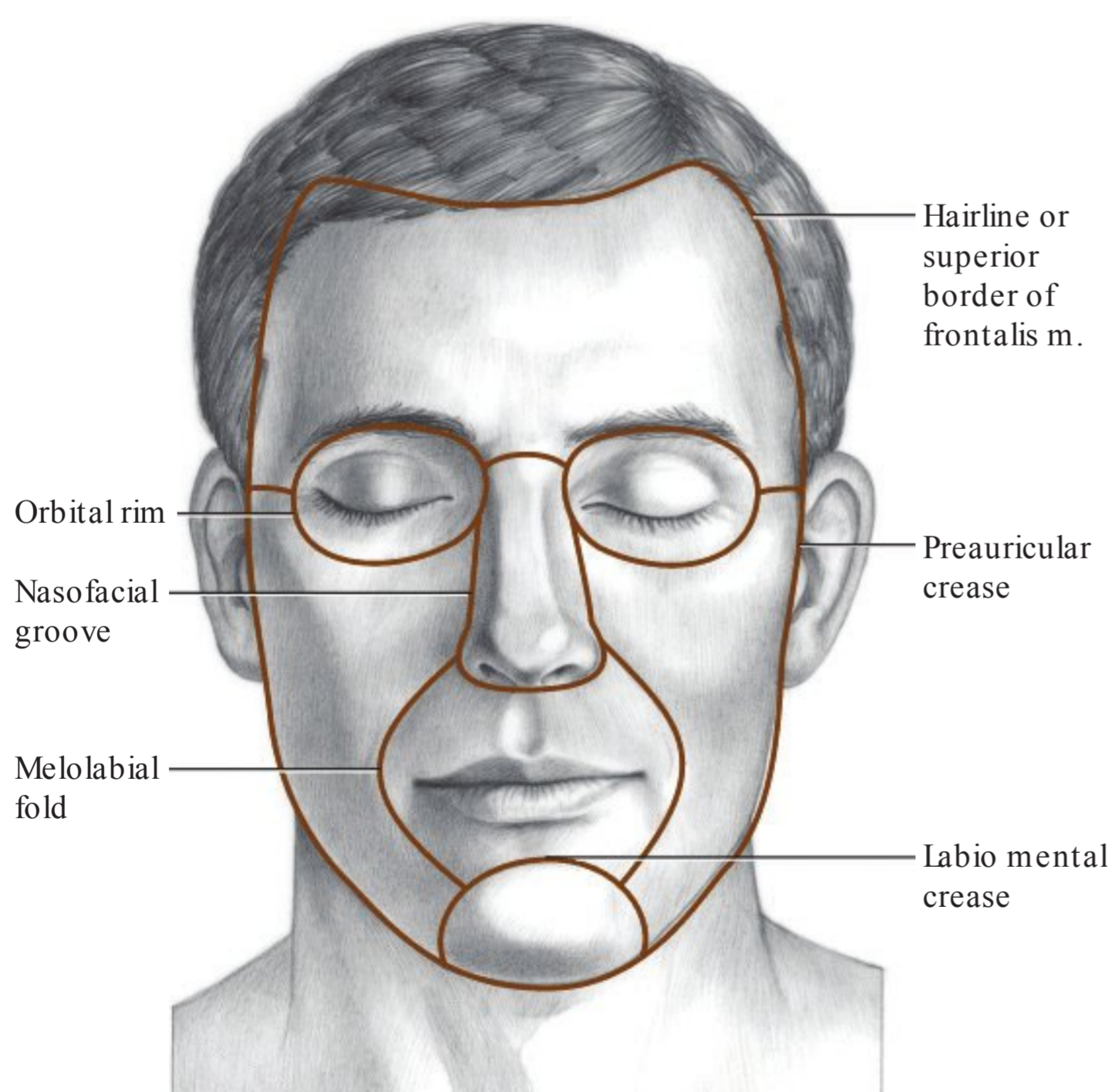


Fig. 1.4 The major subunits of the face.²

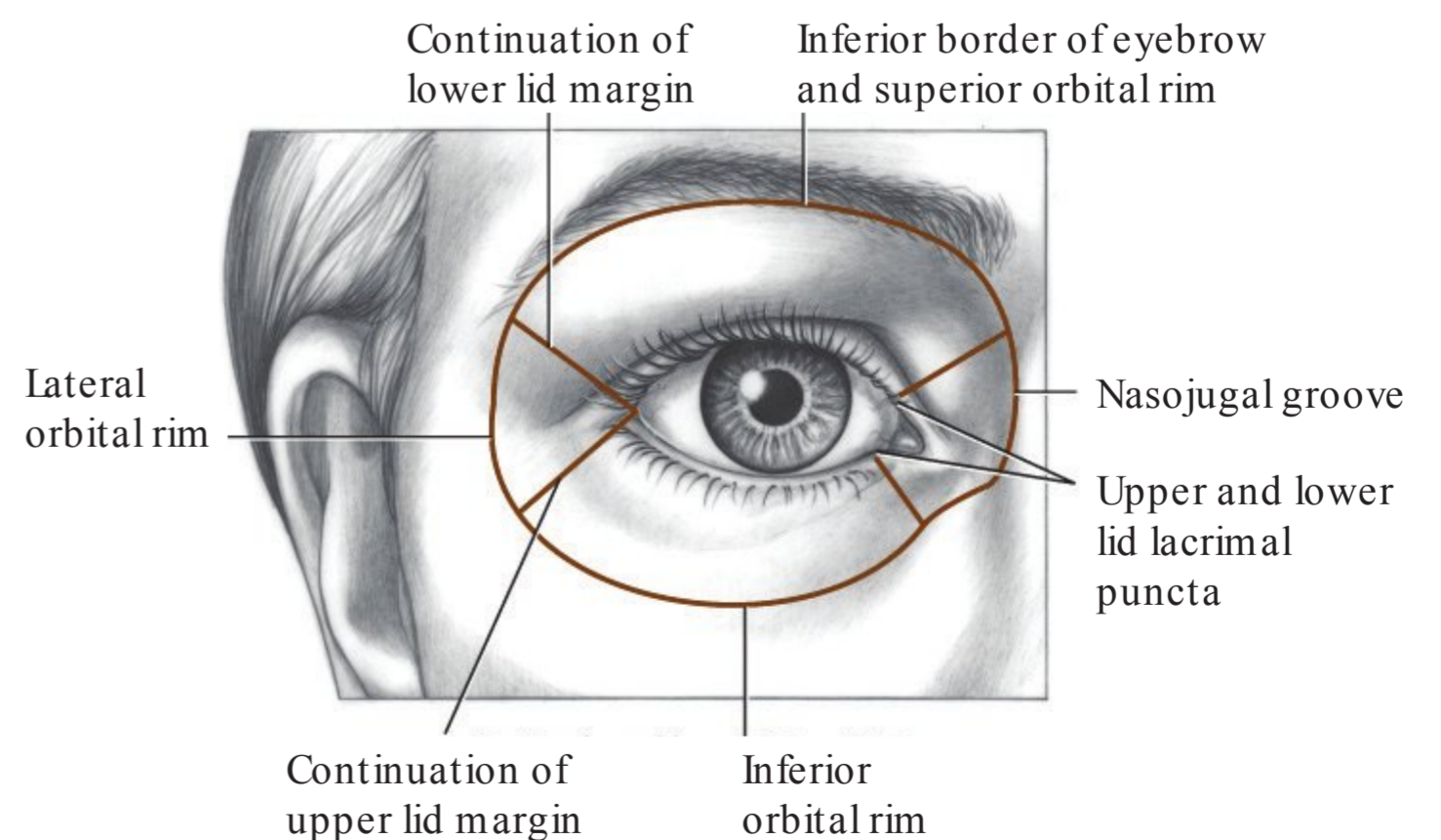


Fig. 1.5 Subunits of the eye.²

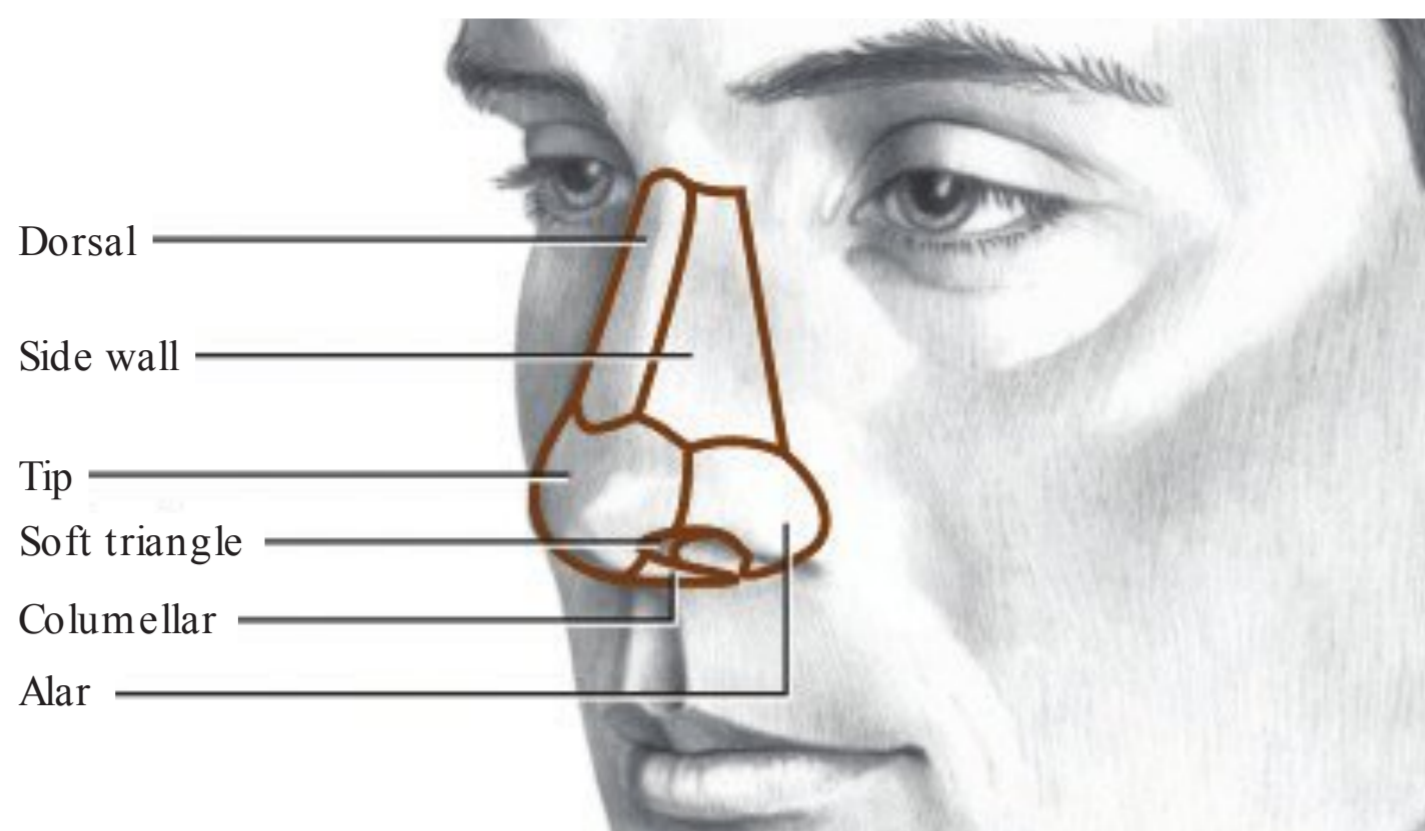


Fig. 1.6 Subunits of the nose.²

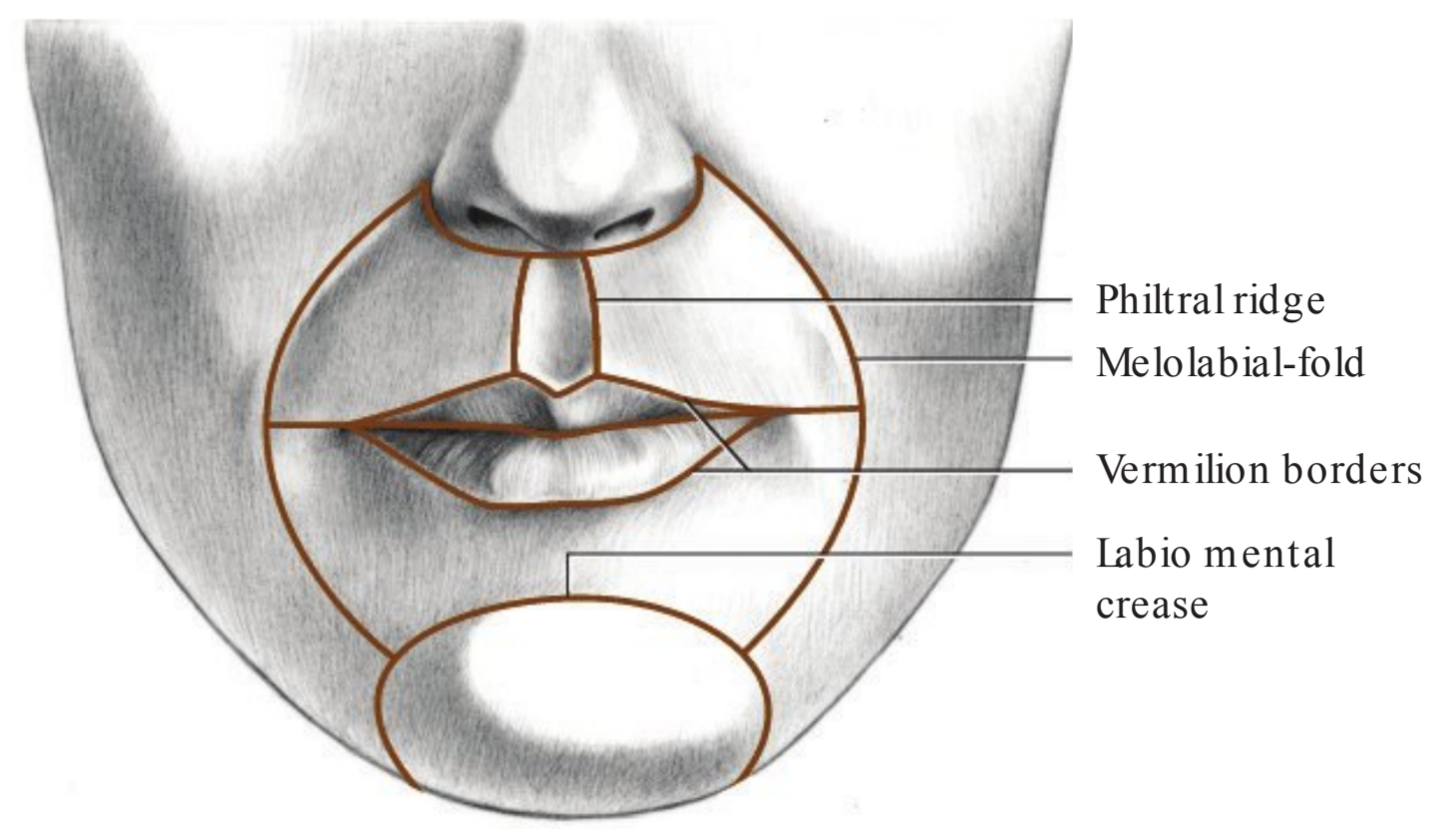


Fig. 1.7 Subunits of the lips and chin area.²

“bite” is taken at each wound edge with a simple loop knotted at one side of the wound (Fig. 1.9c). Inverted wound edges do not heal adequately.

A subcuticular suture is used to close a wound edge without leaving external tracking marks. It consists of a single running suture, which starts at one end of the wound, traversing the wound at the level of the dermis to the other end of the wound (Fig. 1.10). The subcuticular suture can be left free at either end and trimmed upon review or can be buried.

The vertical mattress suture is used to evert wound edges while reducing dead space. The distance from the wound edge must be equal in both the deeper and superficial “bite” to avoid a step deformity (Fig. 1.11). The half-buried vertical mattress suture can also be used to close a wound by passing deep from one wound edge into the other and exiting superficially by forming a loop, which is knotted on the side of entry (Fig. 1.12).

The horizontal mattress suture is used to evert wound edges by taking the tension and spreading it along the wound edge by taking horizontal “bites” (Fig. 1.13). It is ideal for closing fragile skin as well as areas under a large amount of tension; however, the blood supply to the tissue between the suture may become compromised if tied too tightly.

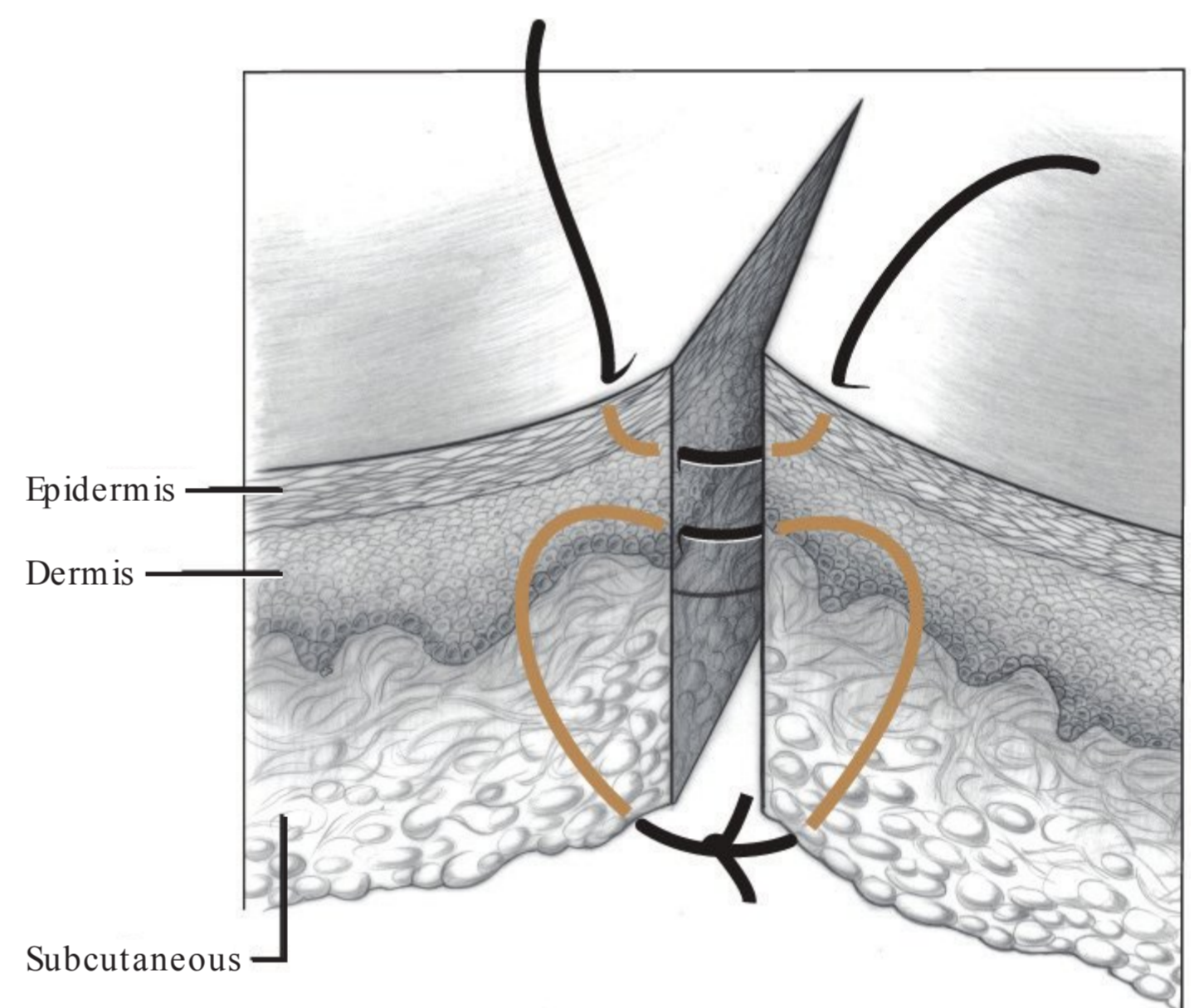


Fig. 1.8 Simple interrupted and buried deep dermal suture. This figure shows opposition of the wound edge with eversion.²

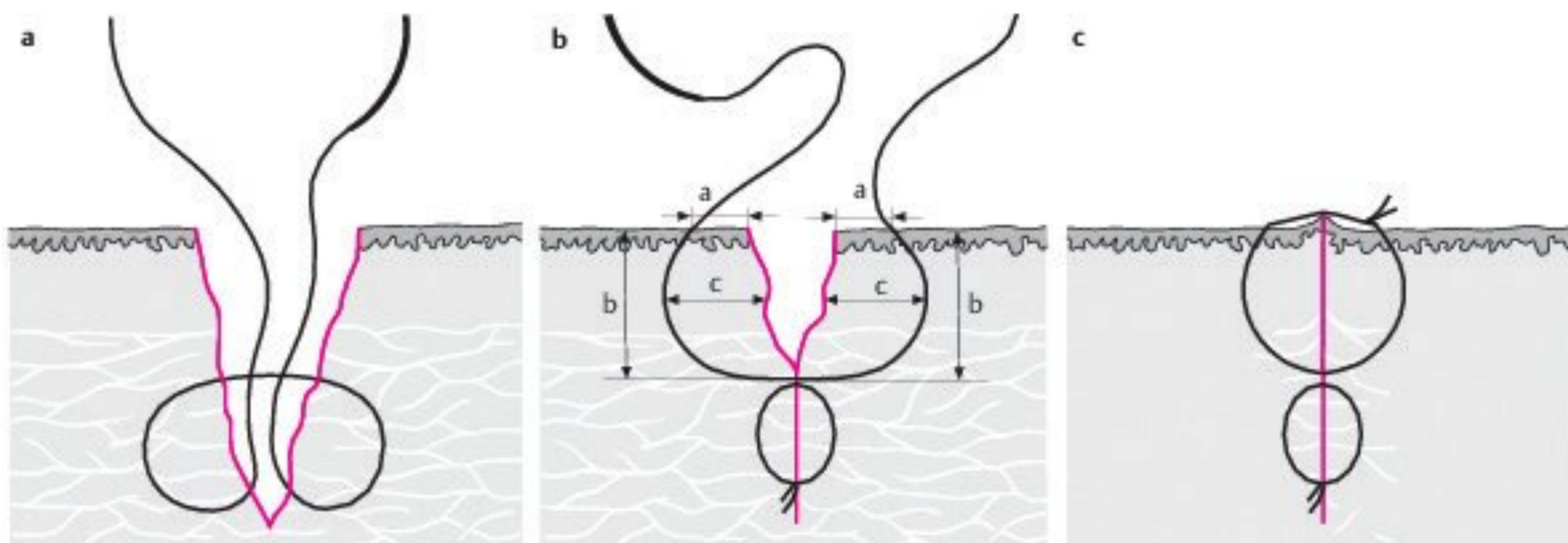


Fig. 1.9 Simple suture techniques. (a) Placement of a subcutaneous suture with a buried knot. (b) Placement of an interrupted suture with equal distances from the wound edge in order to achieve eversion. (c) Successfully completed wound closure.³

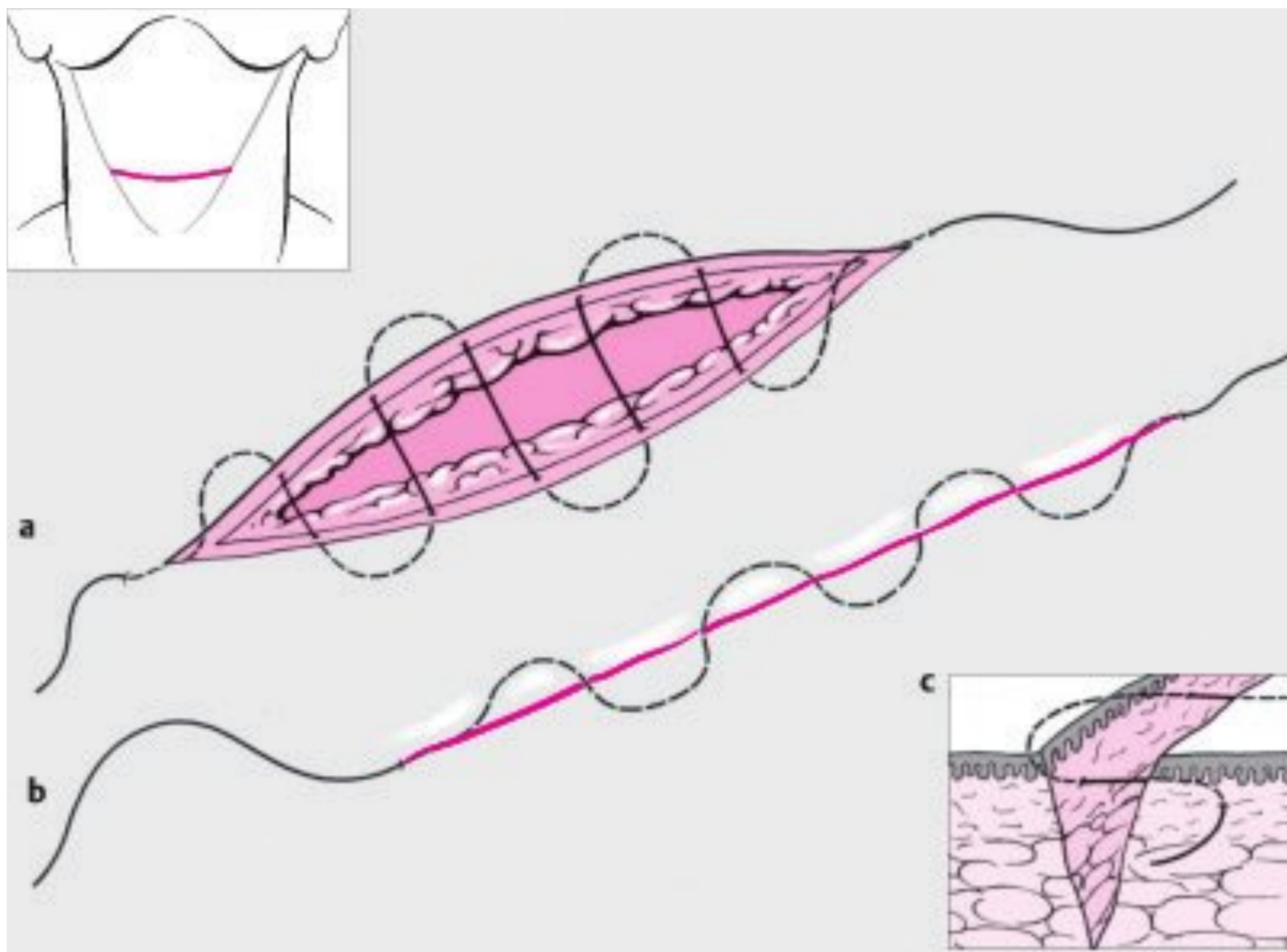


Fig. 1.10 Subcuticular suture.³

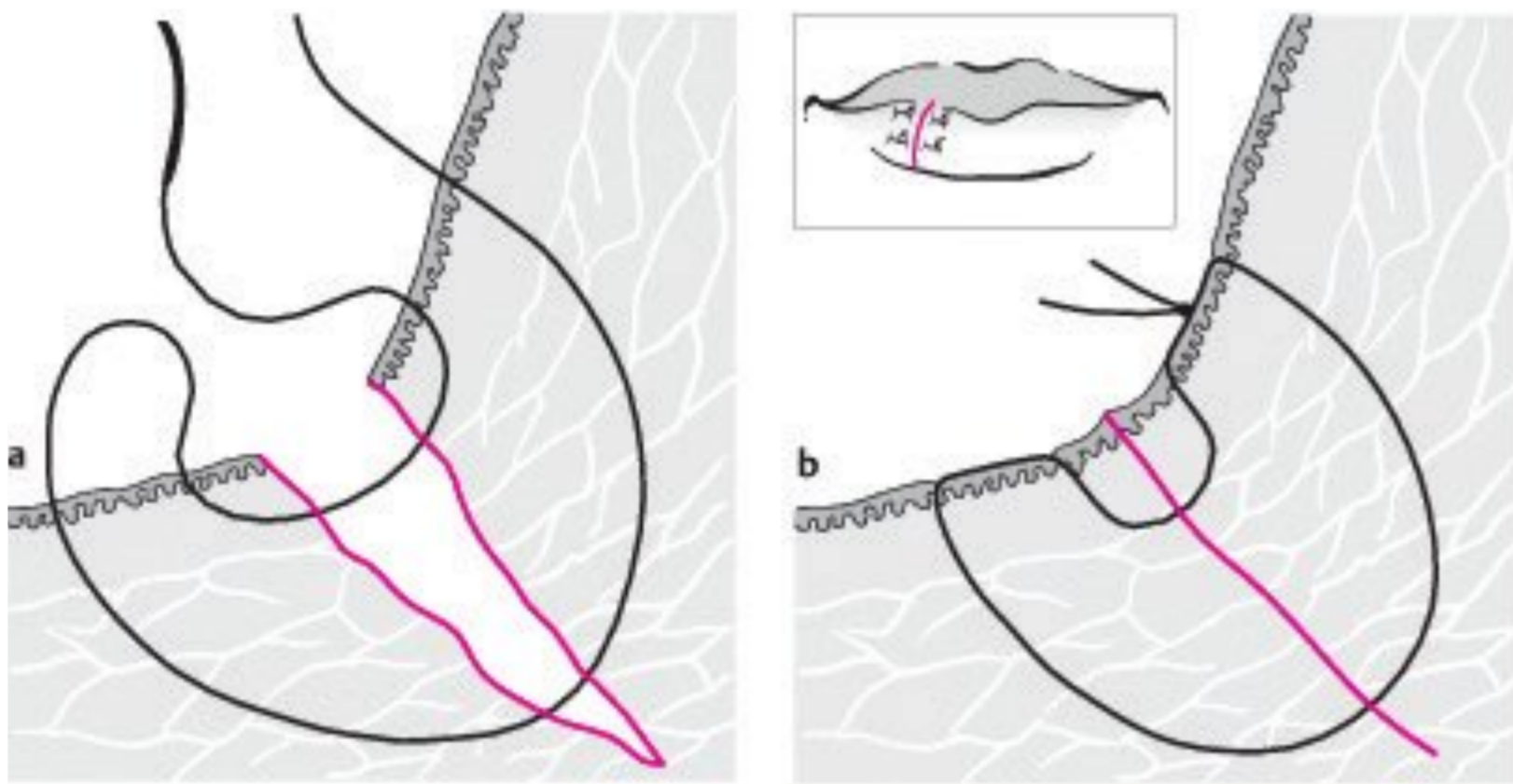


Fig. 1.11 Vertical mattress suture. (a) Placement of suture at equal points from wound edge. (b) Completed wound closure.³

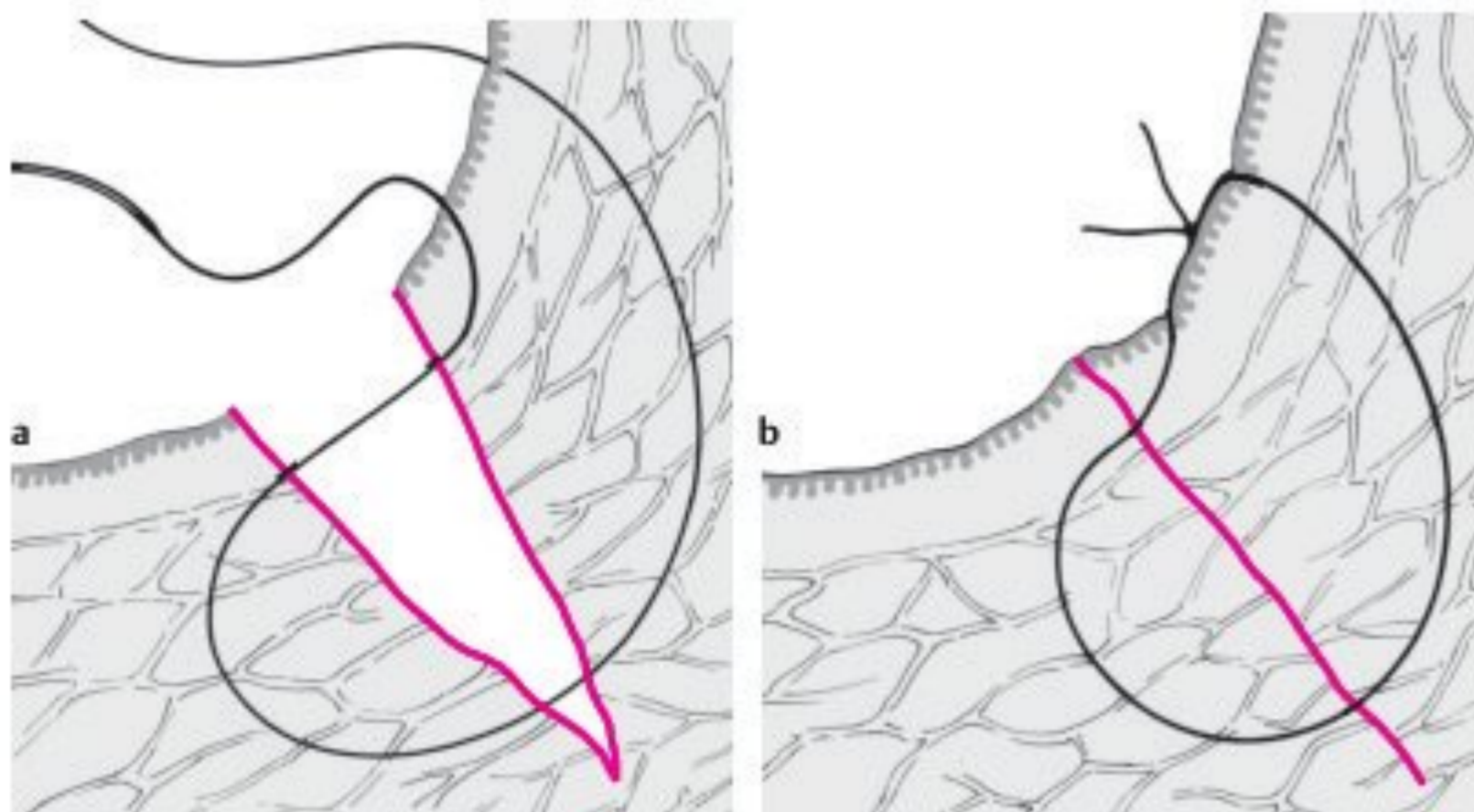


Fig. 1.12 Half-buried vertical mattress suture. (a) Placement of suture with start and finish points on same side of wound. (b) Completed wound closure.³



Fig. 1.13 Horizontal mattress suture placement.

A simple continuous over and over suture is a quick method to close a wound but can bunch up and strangulate the wound edges if tied too tightly. The sutures should be placed at equal distances away from the wound edge to encourage eversion of the wound edges (**Fig. 1.14**).

Before wound edges are sutured, it is vitally important that any debris or nonviable tissue is adequately debrided in order to avoid infection and any risk of debris tattooing. Wound edges should be opposed into their “normal” position by using landmarks to aid placement. Where there has been tissue loss, assessment should be made about whether the wound can be left to heal by secondary intention, whether primary closure is adequate or whether new tissue needs to be recruited either as a skin graft or flap.

Dog ears result when excess tissue remains at either end of a wound during direct closure. These unsightly swellings produce an unsatisfactory result and can improve over time but are easily managed by formal dog ear excision (**Fig. 1.15**). Initially the direction of the relaxed skin tension lines is noted and creating an equilateral triangle shortens the wound edge. An incision is made at the shorter edge that meets the wound before the resultant flap is draped across the wound to highlight the remaining excess. The excess is excised,

enabling wound closure minus the dog ear. This acts to lengthen the scar further but produces a flattened and more pleasing scar.

Skin Grafts

A dermatome or Watson knife is used to shave a layer of epidermis, with a varying amount of dermis (**Fig. 1.16a-e**). The graft is transferred to a distal site, where it establishes a new blood supply with the bed of the wound (**Fig. 1.16f**). The graft can be unmeshed or meshed to enable drainage of underlying hematoma and coverage of a larger area. The bed should be free of infection, ischemia, or foreign bodies in order to ensure good take.

A bolster dressing is often applied to reduce shearing and hematoma between the graft and wound bed (**Figs. 1.16g** and **1.17**). The split skin graft is trimmed to size and sutured to the wound edges leaving the suture ends tied long. The graft may also be quilted to the underlying bed if desired (**Fig. 1.17a**). Jelonet gauze and a dressing such as proflavine-soaked wool or foam dressing are used to compress the graft, with the tie-over completed by tying the long ends of the sutures across it (**Fig. 1.17b**).

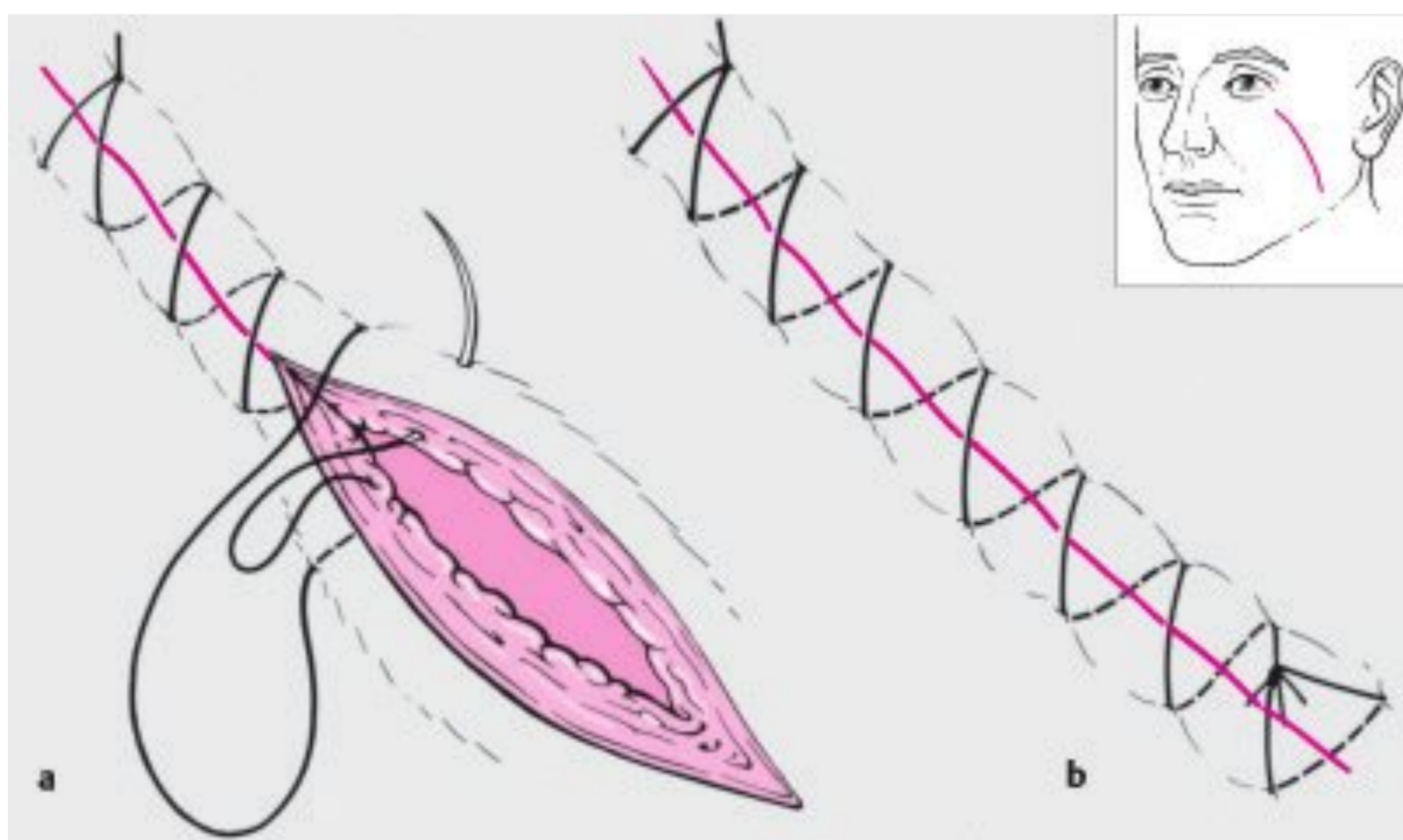


Fig. 1.14 Simple continuous suture. (a) Placement of suture with bites taken at equal distance from wound edge. (b) Completed wound closure.³

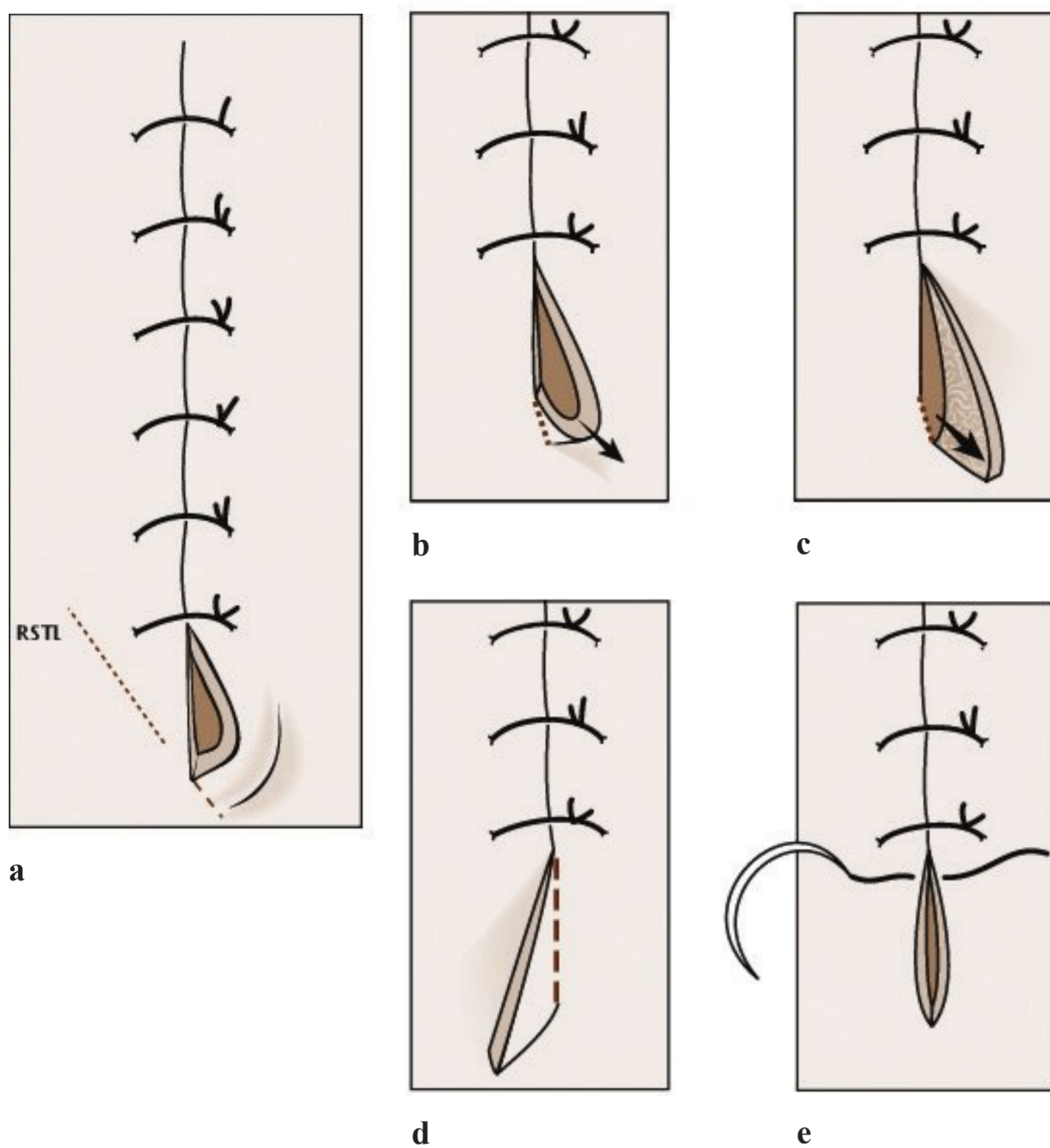
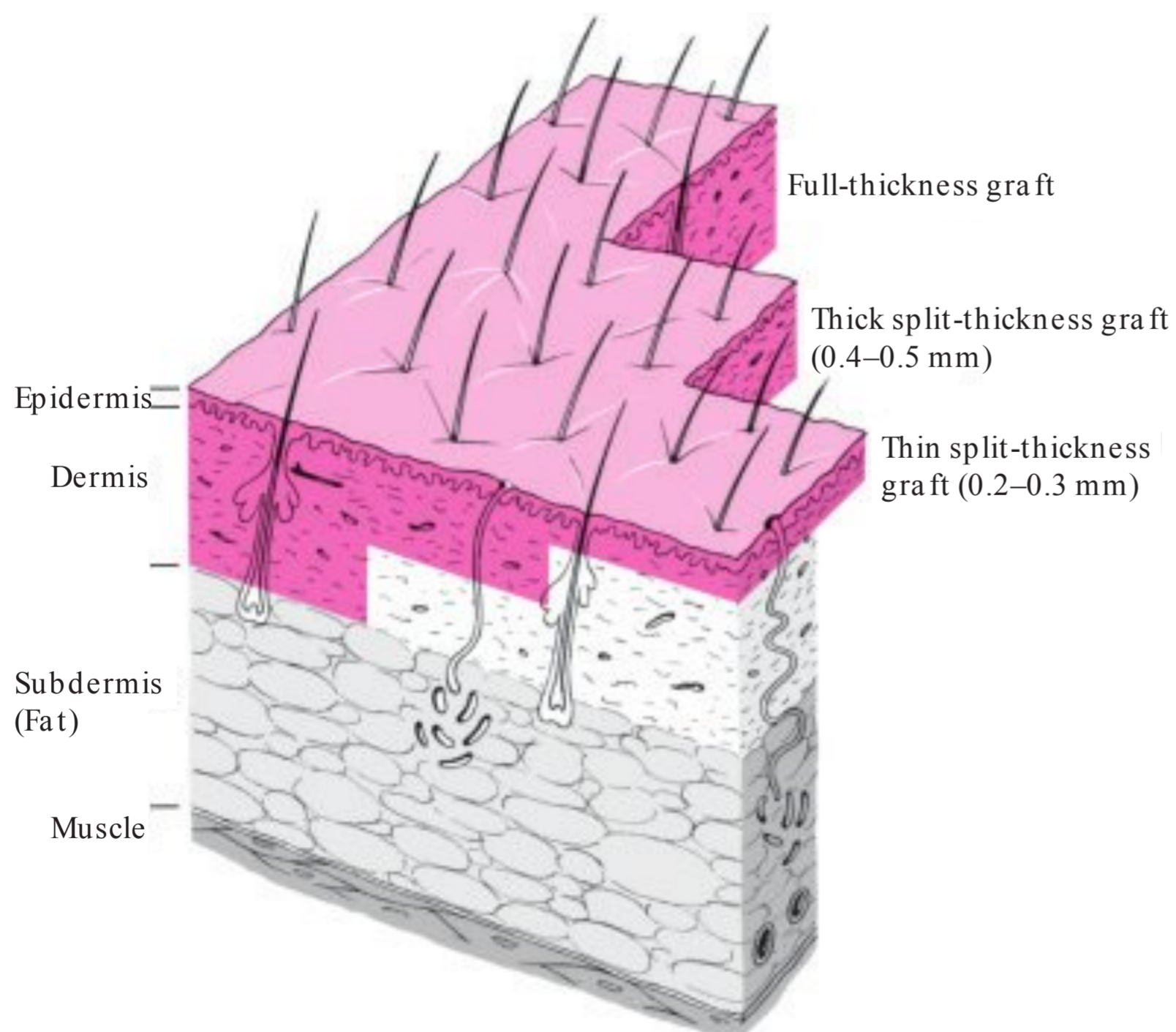


Fig. 1.15 Excision of dog ears. (a) Initial situation with direction of RSTL marked. (b) Shortening the lower wound edge by creating an equilateral triangle. (c) Incision at shorter edge meeting wound. (d) Extension of resulting flap over wound to show excess edge. (e) Excision of dog ear to enable desired wound closure.²

A split skin graft leaves some dermis at the donor site, whereas a full thickness skin graft takes the full dermis; therefore, the donor site needs to be directly closed or grafted. **Fig. 1.18** shows a picture of a patient following split skin graft to the anterior scalp following excision of a lesion.



Skin Graft Classification

- Autograft: same individual
- Allograft: same species
- Isograft: genetically identical donor
- Xenograft: another species

Skin Graft “Take”

- Adherence
- Imbibition
- Revascularization
- Remodeling

The graft immediately adheres to the wound bed due to the presence of fibrin. During the first 48 hours the skin graft begins to swell due to absorption of fluid. Vessel ingrowth into the skin graft occurs around day 4 either by inosculation, revascularization, or neovascularization. The histological architecture of the graft returns to that of normal skin during remodeling.

The donor site heals by epithelializing from the margins and from the dermal remains such as the appendages. Healing occurs over 1 to 2 weeks.

The donor sites for split skin grafts are the thigh, medial upper arm, buttock, and hypothenar eminence; and for full thickness skin grafts, the pre- or post-auricular area, supraclavicular area, groin, medial upper arm, and cubital crease.

Reasons for skin graft failure include the following:

- Hematoma
- Infection
- Seroma
- Shear
- Inappropriate wound bed
- Error in placement

Fig. 1.16 Free skin grafts. (a) Skin grafts can be full thickness or varying levels of split thickness.³ (continued)

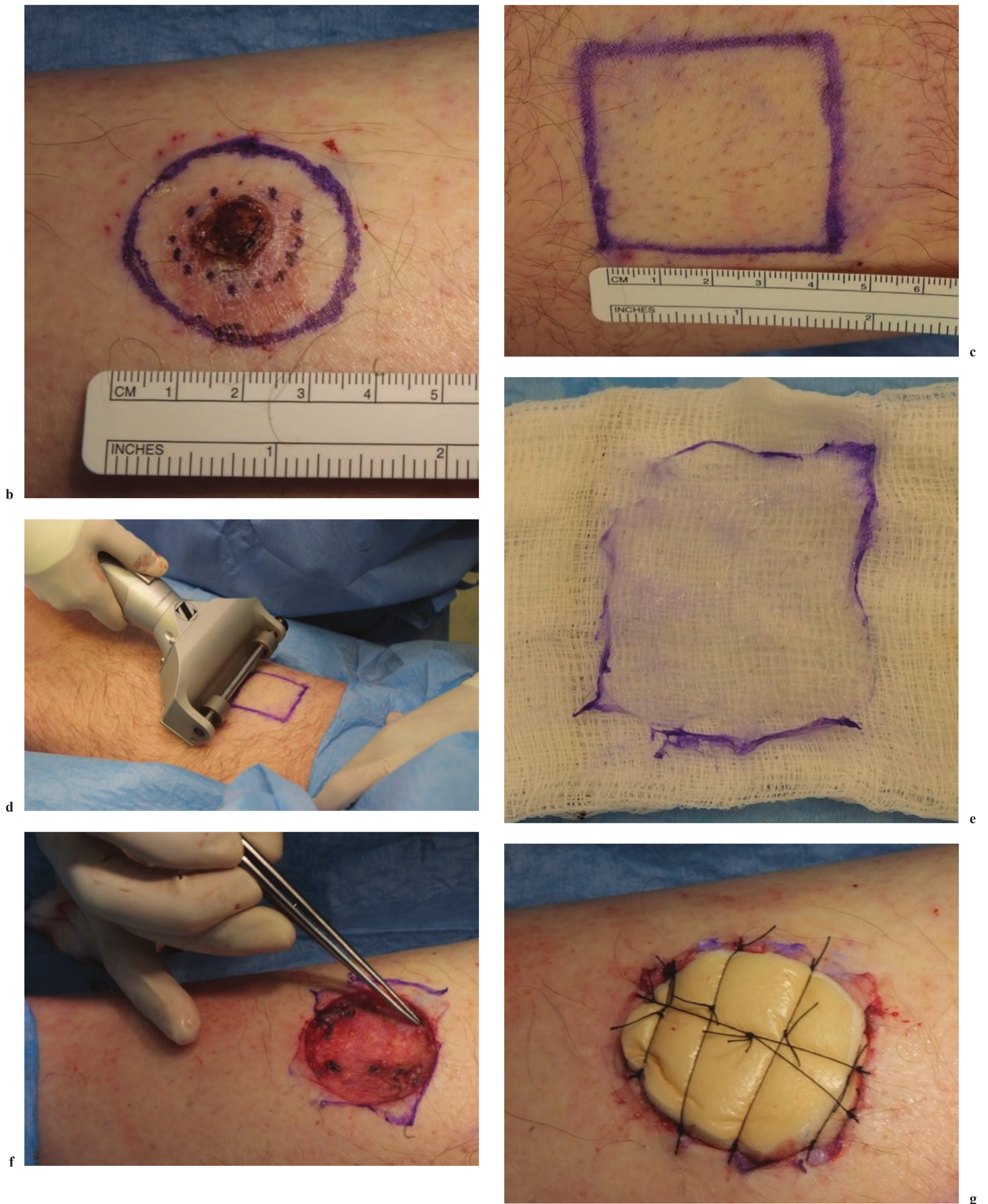


Fig. 1.16 (continued) **(b)** Photograph showing lesion on left leg marked with margin of 6 mm. **(c)** Photograph showing markings for split skin graft from left thigh. **(d)** Photograph showing a split skin graft being taken. **(e)** Photograph showing a split skin graft on a swab. **(f)** Photograph showing split skin graft being applied to defect. **(g)** Photograph showing bolster dressing over graft.