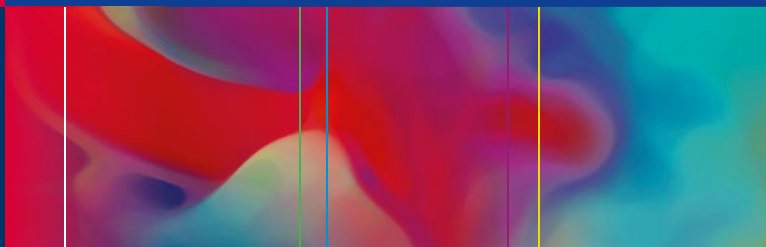


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Cardiovascular Surgery

A Clinical Casebook

 Springer

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ISBN 978-3-319-57083-9

ISBN 978-3-319-57084-6 (eBook)

<https://doi.org/10.1007/978-3-319-57084-6>

Library of Congress Control Number: 2018961581

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This Springer imprint is published by the registered company Springer Nature Switzerland AG
The registered company address is: Gewerbestrasse 11, 6330 Cham, Switzerland

Foreword

It was a pleasure and privilege to write the preface to this book, *Cardiovascular Surgery: A Clinical Casebook*. A great number of books on cardiovascular surgery are written every year, both here in Brazil and internationally. Some of these publications deal with a special field or subspecialty. Each one plays an important role in updating the literature and educating new trainees. The main limitation of all books is the time period required to prepare the text for publication, when new advances will undoubtedly appear in a rapidly developing specialty such as cardiovascular surgery.

This book has a number of features that make it special—and therefore make me happy to comment on it here. First, the text was prepared by graduate medical students in English, thus fulfilling the recommendation that all medical students have proficiency in this particular language. Furthermore, the authors come from different medical schools and were supervised by an editorial board of professionals from different academic institutions.

Secondly, the book focuses on clinical cases, with additional questions and answers based on a particular case. There is also discussion of the subjects related to the case and literature references. This format is of utmost practical importance for students and trainees in cardiovascular surgery. For decades, our specialty has become progressively more complex and is incorporating more technology into its practice. Transcatheter and minimally invasive procedures have introduced even more complexity into the procedures of cardiovascular surgery.

This field can be highly challenging for medical students and residents. Educational programs and participation in cardiovascular surgery societies can help in the training of future specialists. However, the current 5-year minimum duration for residency is longer than that of other specialties. Furthermore, there is a greater need for human and financial resources at the institutions where these younger colleagues can practice their specialty after training. These factors may discourage potential candidates from entering the field of cardiovascular surgery. However, a number of initiatives can help to increase students' interest in pursuing a career as a cardiovascular surgeon and are fundamental to the future of the specialty, including the academic leagues of cardiovascular surgery, the participation of students in congresses of the specialty, and this book, which has been mainly prepared by students.

Finally, I want to congratulate the medical students who prepared the cases and participated in other aspects of the chapters in this book. I also congratulate the supervisors who supported this initiative and contributed to the quality of the publication.

Noedir A. G. Stolf
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Preface

The book *Cardiovascular Surgery—A Clinical Casebook* is a great team effort from a group of medical students who are interested in cardiovascular surgery. Born from the wish to contribute to the development of graduating medical students and residents in this specialty, this book was a massive undertaking by students that belong to academic leagues in cardiology and cardiovascular surgery, as well as the Department of Academic Leagues of the Brazilian Society of Cardiovascular Surgery.

The initial dream for this book was to publish 20 chapters from different national leagues, but the final publication ended up having 40 chapters. The book is divided into 12 sections that are of great importance to this field: aortic disease, arrhythmias, cardiac tumors, coronary insufficiency, congenital heart disease, endovascular therapies, heart failure, heart transplantation, mechanical circulatory support, pericardial disease, pulmonary embolism, and valvular heart disease.

Each section discusses one or more clinical cases using a common format, which includes the clinical presentation, diagnosis, assessment, and treatment. After the clinical case presentation, the authors of each chapter answer some questions related to any challenging points, positions that are not well defined in current practice, and any controversies in a way that allows the reader to follow a straight line of clinical judgment. All 40 clinical cases are especially relevant because

they are common cases that were chosen by the cardiac surgeon to orientate the students. The chapters are richly illustrated with figures from common imaging examinations and the surgery itself.

This book can be read from front to back or in no particular order. It should be consulted when you have a similar clinical case and have to make clinical or surgical decisions. Furthermore, it will allow you to see if your clinical judgment and conduct is similar to or different from those of the chapter's authors.

This is a unique book for two reasons. First, it was written and edited by students, under the supervision of cardiovascular surgeons. Furthermore, it is a work of the medical students of the Brazilian Society of Cardiovascular Surgery; however, it was not written in their native language so that a large number of global students would also have the opportunity to read it.

Professor Noedir Stolf was invited to write the Introduction because of his great contributions to cardiac surgery and medical education. He is a true believer in the formation of young people in this specialty and is a mentor to a great number of residents. We personally think that early exposure to cardiovascular surgery during medical school, in addition to a true mentor relationship, are the primary factors that influence a medical school graduate to embrace this specialty.

On behalf of all authors, we hope that you enjoy reading this book, are able to review the concepts and ideas on all the cases present herein, and learn from what is described and the manner in which the patients were treated.

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