

John D. Kelly IV
Editor

Elite Techniques in Shoulder Arthroscopy

New Frontiers in
Shoulder Preservation

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I dedicate this book to my family.

To my daughters, Mary Elizabeth and Ann Marie: I thank God for you daily. I could not have “scripted” better daughters. You both exude kindness, compassion, and dignity. You both will truly effect meaningful change in your lifetimes.

To Marie, the love of my life, the answers to my prayers: You are the greatest exemplar of compassion I have known. You continually provide me with wise counsel, unwavering loyalty, and steadfast support. You will always be my soul mate.

Foreword

One of the big challenges in teaching shoulder arthroscopy today is that many of the techniques are so sophisticated that the craftsmanship necessary to perform these procedures can be difficult to convey. Yet the burden of craft that is incumbent upon arthroscopic shoulder surgeons is greater than ever.

Dr. John D. Kelly IV has assembled a formidable group of authors to elucidate the fine points of *Elite Techniques in Shoulder Arthroscopy*, incorporating the title of his book into the mission of this important work. However, the subtitle of his book, *New Frontiers in Shoulder Preservation*, is equally a statement of this mission. In my opinion, shoulder arthroscopy is the single greatest tool that the orthopedic surgeon can implement toward the goal of joint preservation for any joint in the body. And joint preservation is particularly important in this day of conflicting expert opinions in which the surgeon may be confused as to whether to treat a large or massive rotator cuff tear with arthroscopic repair (joint preserving) or reverse total shoulder replacement (joint sacrificing).

John Kelly has been my friend for more than 15 years, and I have always admired his determination to do the right thing for his patients. He does the right thing whether or not it is easy. And as my fellows have often heard me say, “There’s the easy way and there’s the cowboy way.” I am glad to confirm that Dr. Kelly is preserving and advancing the “cowboy way” of shoulder arthroscopy with his excellent new book. Strong work!

San Antonio, TX
June 28, 2015

Stephen S. Burkhart, MD

Preface

This book is a mere reflection of the graces and blessings I have received from my teachers, mentors, and those involved in my formation.

I wish to acknowledge the sage teachers who enriched my ability to provide ethical and up-to-date care of my patients.

John Lachman taught me the ethics of patient care like no other. Ray Moyer was the greatest exemplar of integrity and loving patient care I have ever known. Joseph Torg is perhaps the wisest counselor on matters of life and orthopedics on earth.

Steven Burkhart taught me how to view a shoulder in mechanical terms, while Felix “Buddy” Savoie continues to instruct me in the most revolutionary shoulder arthroscopic techniques.

I have had the “gift” of a tried and true friend and colleague, Brian Sennett, who has been a continual supportive force in my career, in addition to a superlative source of shoulder knowledge.

My chairman, L. Scott Levin, has supported my academic endeavors without question and has proven time and time again that leadership is all about “walking the talk.”

Finally, I wish to acknowledge my editor, Jenn Schneider, who demonstrated the “patience of Job” in seeing this work to completion.

Philadelphia, PA

John D. Kelly IV, MD

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