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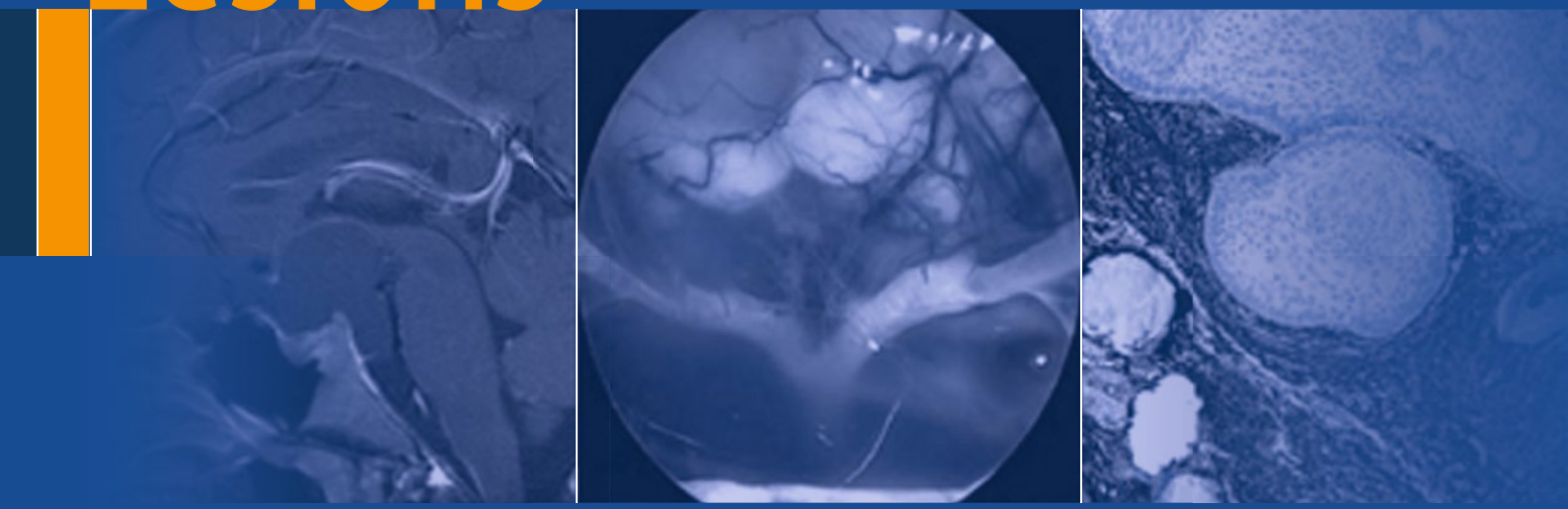
Atlas of Sellar and Parasellar Lesions



Clinical, Radiologic, and Pathologic Correlations

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We would like to dedicate this atlas to the many gifted teachers and physicians on whose shoulders we have stood and in particular to Dr. Harvey Cushing, who laid the foundation for this work. We would also like to dedicate this atlas to our patients, who have equally taught and inspired us.

Preface

The sella turcica and parasellar area are rich and intricate anatomic regions of the intracranial cavity. They form a unique spatial confluence of numerous key anatomic and physiologic systems. The normal anatomic organization and functional integrity of the important structures contained within this small space may be easily distorted by any number of diverse pathological processes arising in and around this region. For this reason, patients presenting with diseases of the sellar and parasellar region may seek the expertise of numerous medical practitioners, including family practitioners, neurologists, ophthalmologists, otolaryngologists, endocrinologists, and neurosurgeons, among many others. In addition, optimization of treatment for patients with pituitary disease and other lesions of the sellar and parasellar region is best provided by a multidisciplinary team comprised of these very specialties, with the assistance of neuroradiologists, radiation oncologists, neuro-oncologists, neuropathologists, and others. The spectrum of disease arising in the sellar region ranges from functional pituitary adenomas causing hormonal excess syndromes such as acromegaly or Cushing's disease, to a variety of cystic lesions, to metastatic or other malignant tumors, infections, inflammatory diseases, and vascular lesions, among many others. The assortment of entities presenting in this small yet immensely critical region is as diverse as anywhere else in the human body.

After treating many patients with sellar lesions, one begins to develop a sense for both the typical features and uniqueness of each patient and his or her disease, with regard to the clinical presentation, anatomic features, imaging characteristics, and pathology. Fortunately, patterns in the clinical presentation and underlying disease processes do emerge and can be used to understand the disease process and to optimally treat patients. An understanding of the endocrinologic, visual, and neurologic features of processes occurring in this region is paramount to diagnosing sellar and parasellar lesions and managing these patients. Similarly, a thorough understanding of the anatomic relationships among the pituitary gland, infundibulum, optic chiasm and nerves, internal carotid arteries, cranial nerves, hypothalamus, and third ventricle is mandatory. Our collective ability to effectively manage the variety of sellar and parasellar pathology has evolved tremendously over the past three decades, resulting from the development of many technological advances, including improved imaging modalities, radioimmunoassay techniques, hormone replacement therapy, the operative microscope and microsurgical technique, endoscopic neurosurgery, and radiosurgery.

Most cases in this atlas have been collected over the senior author's experience of over three decades of treating patients with sellar and parasellar disease. Traversing the sphenoid sinus more than 5000 times in order to treat patients with a wide spectrum of sellar and parasellar lesions has led to a deep appreciation for the amazing catalogue of findings possible in this region. It is our hope that the cases, images, and clinical and operative "pearls" in this atlas will

convey a sense of marvel for the intricacy of this region of the body and will impart the benefit of our experience in precisely accessing this region surgically, improving the lives of patients with the many types of pathologic processes occurring here.

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Acknowledgments

This work could not have been accomplished without the same kind of multidisciplinary approach that we utilize clinically. With the assistance of so many experts from a variety of perspectives and roles, we have been successful. Those involved include our office and medical assistants, our nurses, nurse practitioners and physician assistants, our residents and fellows, and so many of our medical and surgical colleagues.

Particular mention goes to Dr. Raymond Huang, who was essential in creating the imaging segments; Dr. Kyle Hurth who helped with selected pathology images; Dr. Eric Ojerholm who collated and organized the case material; and Lee Klein from Springer who masterfully coordinated the production of this atlas.

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Part I

Basic Principles

Anatomy of the Sellar and Parasellar Region

1

Luigi Maria Cavallo, Domenico Solari, Alessandro Villa, Teresa Somma, and Paolo Cappabianca

1.1 Introduction

The skull base is one of the most complex anatomical regions, incorporating many different anatomical structures. The pathology of the skull base may involve a variety of lesions, neoplastic and otherwise, whose management can be difficult. In the past, this area has been accessed by many extensive and often aesthetically disfiguring transcranial and/or transfacial approaches, including the anterior, anterolateral, and posterolateral routes.

The transsphenoidal route facilitates access to the skull base via the nose. Because of its versatility, it can be considered the least traumatic route to the sella. The transsphenoidal route provides excellent visualization of the pituitary gland and related pathology, and it offers lower morbidity and mortality than open approaches to this region [1–3]. The wider, panoramic view offered by the endoscope has propelled the development of a variety of modifications of the transsphenoidal approach targeted to the entire skull base [4–8]. Direct exposure of the suprasellar, retrosellar, and retroclival spaces can now be gained using these approaches. With the evolution of technical procedures in such critical areas reached through narrow corridors, perfect understanding and knowledge of the surgical anatomy is fundamental.

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1.2 Endoscopic Anatomy of the Sphenoid Sinus

The anatomy of the sphenoid sinus cavity and skull base as seen from the endoscopic endonasal point of view can be divided into four areas, according to the different surgical approaches:

- The sellar area
- The suprasellar area, explored through the transtuberculum-transplanum approach
- The parasellar area (for lesions of the cavernous sinus and Meckel's cave)
- The clival area

1.2.1 Basic Concepts

The endoscopic endonasal procedure is usually performed using a rigid 0° endoscope, 18 cm in length and 4 mm in diameter (Karl Storz Endoscopy, Tuttlingen, Germany), as the sole visualizing tool; angled scopes can be used to further explore the suprasellar area. A high-definition (HD) camera, connected to a widescreen HD monitor, guarantees excellent image quality. Dedicated surgical instruments with different angled tips are needed to permit movements in all the visible corners of the surgical field [9]. To increase the working space and the maneuverability of the instruments (above all in extended approaches), it may be advisable to perform a middle turbinectomy on one side, a middle turbinate lateral luxation in the other nostril, and removal of the posterior portion of the nasal septum. A wider anterior sphenoidotomy is recommended, especially in the lateral and superior directions, where bony spurs are flattened to create adequate space for the endoscope during the deeper steps of the procedure [5].

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1.2.2 Head Positioning

The head is not placed in a neutral position. According to the target area of interest, it can be extended approximately 10–15° for anterior approaches, or it may be slightly flexed for approaches to the clivus, to facilitate the mobility of the endoscope and prevent surgical instruments from being restricted by the thorax. The surgeon works from the patient's right side.

1.3 Standard Endoscopic Endonasal Approach to the Sellar Region

The endoscope is usually introduced through one nostril, sliding along the floor of the nasal cavity following the inferior turbinate; the choana is identified, limited medially by the vomer (which is often a reliable midline marker) and superiorly by the floor of the sphenoid sinus [10, 11].

Thereafter, the middle turbinate is compressed laterally to enlarge the space between the middle turbinate and the nasal septum, and the endoscope is angled upward along the roof of the choana approximately 1.5 cm, until the sphenoid ostium is identified.

It is not always mandatory to visualize the sphenoid ostium once the choana is identified; access to the sphenoid cavity can also be achieved by ascending along the sphenoethmoidal recess for approximately 1–1.5 cm.

Thereafter, the nasal septum is detached from the sphenoid rostrum, and the anterior wall of the sphenoid sinus is enlarged circumferentially, taking care to not extend too aggressively in an inferolateral direction, where the sphenopalatine artery or its major branches lie [12].

Septa inside the sphenoid sinus should be identified and resected or carefully drilled down so that the posterior and lateral walls of the sphenoid sinus are visible, with the sellar floor at the center, the planum sphenoidale above, and the clival indentation below (Fig. 1.1). The pituitary gland is situated within the hypophyseal fossa, a fibro-osseous compartment near the center of the cranial base. This fossa is limited laterally and superiorly by reflections of dura mater and anteriorly, posteriorly, and inferiorly by the sella turcica, a depression in the body of the sphenoid bone. The sellar floor lies at the center on the posterior sphenoid sinus wall and continues above to the planum sphenoidale and below to the clivus. The optic nerve prominences, above, are formed by the bony covering of the optic nerves; the carotid prominences, below, cover the internal carotid arteries, with the opticocarotid recess in between [11, 13]. The lateral

opticocarotid recess is created by the pneumatization of the optic strut of the anterior clinoid process. Although it is rarely visible in the cavity of the sphenoid sinus, it is important to define the position of the medial opticocarotid recess, representing a key point in entering the suprasellar area [14].

Once the sellar dura is opened, the anterior lobe of the pituitary gland comes into view. Its inferior surface usually conforms to the shape of the sellar floor, but its lateral and superior margins vary in shape because these walls are composed of soft tissue rather than bone. Posteriorly, the neurohypophysis (posterior pituitary gland) can be observed and is often softer, gelatinous, and more densely adherent to the posterior sellar wall, the dorsum sellae. Above, the diaphragma sellae covers the pituitary gland, except for a small central opening through which the pituitary stalk (infundibulum) passes. Folds of dura mater, which constitute the lateral walls of the hypophyseal fossa, also comprise the medial wall of the cavernous sinuses; the internal carotid artery (ICA) coursing through the cavernous sinus can be appreciated at this level [11, 13].

The pituitary gland derives its blood supply from two major groups of arteries. The superior hypophyseal artery primarily supplies the anterior lobe, the pituitary stalk, and the inferior surface of the optic nerve and chiasm, whereas the inferior hypophyseal artery is primarily related to the pars nervosa. The superior hypophyseal artery can arise from the supraclinoid portion of the ICA or from the posterior communicating artery, whereas the inferior hypophyseal artery arises from the meningohypophyseal trunk, a branch of the cavernous segment of the ICA.

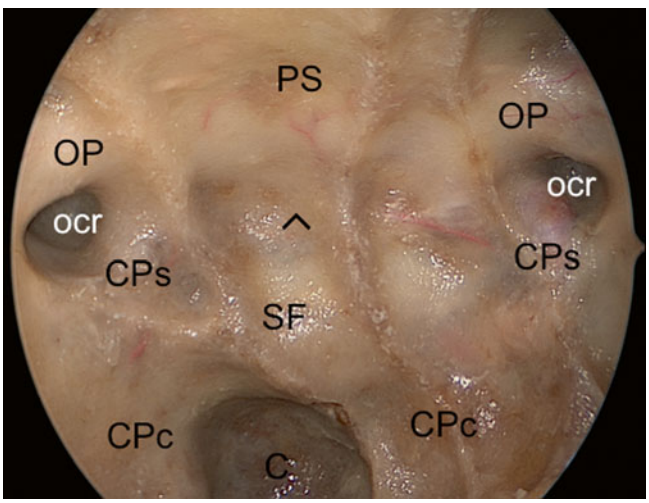

Fig. 1.1 Anatomical picture showing the posterior wall of the sphenoid sinus; all the anatomical landmarks are visible, but they may vary according to the degree of pneumatization of the sphenoid sinus. ^ tuberculum sellae as seen from the endoscopic endonasal view (recently called the "suprasellar notch"), *C* clival indentation, *CPc* paraclival segment of the carotid protuberance, *CPs* parasellar segment of the carotid protuberance, *ocr* lateral optocarotid recess, *OP* optic protuberance, *PS* planum sphenoidale, *SF* sellar floor

1.4 Extended Endoscopic Transsphenoidal Approaches

1.4.1 Suprasellar Area

The sphenoid sinus represents a window of access to the midline skull base via the endonasal corridor; when the sinus is well pneumatized, all main bony landmarks can be identified. The sellar floor occupies a central position, with the planum sphenoidale above and the clival indentation below; on both sides, lateral to the sellar floor, are the two bony prominences of the intracavernous internal carotid arteries, and the optic nerves can be identified slightly superiorly. Between these two protuberances, depending on the degree of pneumatization of the sphenoid sinus, the projection of the optic strut of the anterior clinoid process creates the lateral opticocarotid recess [7, 13–15].

Immediately above, the tuberculum sellae can be seen as an indentation represented by the angle formed by the convergence of the planum sphenoidale with the sellar floor. Recently, we renamed this structure as the "suprasellar notch" [16]. Anteriorly lies the planum sphenoidale, which is limited on both sides by the optic nerve protuberances, diverging toward the orbits.

The removal of the upper half of the sella, the tuberculum sellae, and the posterior portion of the planum sphenoidale offers the possibility of exploring and operating in the suprasellar region (Fig. 1.2). The entire suprasellar region can be divided into four intradural areas: the suprachiasmatic region, the subchiasmatic region, the retrosellar region, and the ventricular region [15].

In the suprachiasmatic region, the chiasmatic and the lamina terminalis cisterns are accessible. The anterior margin of the optic chiasm and the medial portion of the optic nerves, the anterior cerebral arteries, the anterior communicating artery, and the recurrent arteries of Heubner can be identified, together with the gyri recti of the frontal lobes [17].

In the subchiasmatic space, the pituitary stalk is encountered below the optic chiasm, with the superior hypophyseal arteries and their perforating branches supplying the inferior surface of the optic chiasm and the optic nerves (Fig. 1.3). The superior aspect of the pituitary gland and the dorsum sellae are also visible.

The retrosellar area, explored by passing with the endoscope between the pituitary stalk and the ICA above the dorsum sellae, includes the upper third of the basilar artery, the pons, the superior cerebellar arteries, the oculomotor nerves, the posterior cerebral arteries, the mammillary bodies, and the floor of the third ventricle [18, 19].

The third ventricle can be opened at the level of the tuber cinereum and the endoscope can be advanced into the ventricular cavity, obtaining a panoramic view of the ventricular

area, including the thalami and the massa intermedia, the foramina of Monro and anterior commissure anteriorly, the choroid plexus of the third ventricle, the pineal and the suprapineal recesses, the posterior commissure, the habenular commissure, the habenular trigone, and the cerebral aqueduct posteriorly.

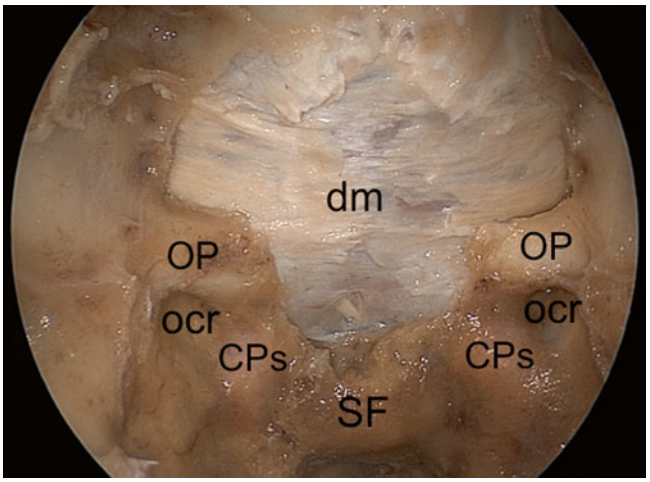

Fig. 1.2 The pattern of bony removal of the planum sphenoidale resembles a chef's hat, limited in its posterior part by the medial border of the lateral optocarotid recess (ocr) and by the bony prominence of the optic nerve. *CPc* paraclival segment of the carotid protuberance, *CPs* parasellar segment of the carotid protuberance, *dm* dura mater of the planum sphenoidale, *OP* optic protuberance, *SF* sellar floor

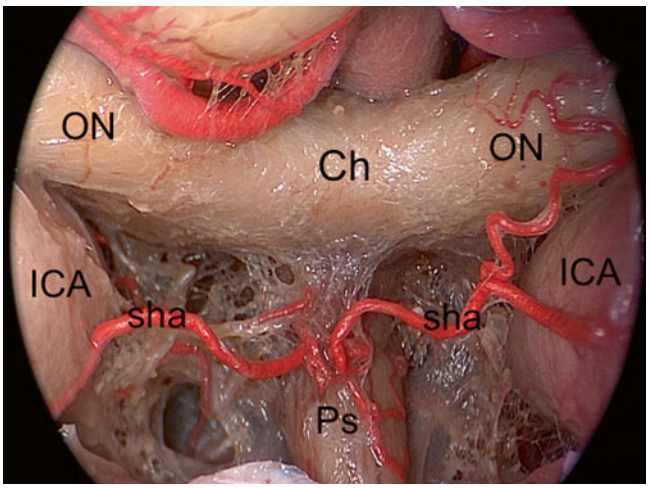

Fig. 1.3 Intradural exploration of the suprasellar area after removal of the tuberculum sellae and planum sphenoidale. *Ch* chiasm, *ICA* internal carotid artery, *ON* optic nerve, *Ps* pituitary stalk, *sha* superior hypophyseal artery

1.4.2 The Parasellar Area

The parasellar area is accessible through the lateral wall of the sphenoid sinus. The cavernous sinus apex and the trigeminal maxillary and mandibular nerve protuberances usually lie on its bony surface (Fig. 1.4). Once bone has been removed, the medial cavernous sinus wall (composed of fibrous trabecular tissue) is visualized, enclosing the C-shaped segment of the intracavernous internal carotid artery [20–23] (Fig. 1.5).

Displacing the ICA superolaterally, it is possible to visualize the meningohypophyseal trunk; the inferolateral trunk lies lateral to the carotid artery (Fig. 1.6). As seen from the endoscopic endonasal standpoint, the oculomotor nerve partially covers the trochlear nerve, whereas the V1 branch of the trigeminal nerve can be partially hidden by the sixth nerve. The oculomotor and trochlear nerves are parallel structures, coursing in a slight caudocranial direction and crossing the C-shaped ICA segment toward the superior orbital fissure. The sixth cranial nerve runs inferiorly after crossing the lower paraclival tract of the carotid artery; it usually receives sympathetic fibers from the ICA adventitia. All these nerves, together with the ophthalmic nerve, course in a slightly lateral and superior direction toward the superior orbital fissure, while the maxillary nerve runs inferiorly to reach the foramen rotundum [24] (Fig. 1.7). The oculomotor nerve, the trochlear nerve, and first two divisions of the trigeminal nerve are embedded in the lateral wall of the cavernous sinus, lying between the endothelial lining and the dura mater, whereas the abducens nerve is contained within the sinus itself. The cavernous sinus also envelops a portion of the ICA and the sympathetic nerve plexus encircling it. The intracavernous segment of the ICA extends forward, adjacent to the superolateral surface of the body of the sphenoid bone, in a groove called the carotid sulcus.

The oculomotor and abducens nerves create a triangular area whose base is represented by the lateral loop of the ICA: the outer surface of this area contains the fourth cranial nerve and a portion of V1. The abducens nerve and V2 enclose a quadrangular area, laterally limited by the bony surface of the lateral wall of the sphenoid sinus, extending from the superior orbital fissure to the foramen rotundum and medially by the ICA. Finally, an inferior quadrangular area can be identified, which is limited superiorly by V2 and inferiorly by the Vidian nerve; its anterior margin is represented by the bony surface of the lateral wall of the sphenoid sinus from the foramen rotundum to the pterygoid canal, and its posterior margin is the intrapetrous segment and the caudal portion of the ICA. This quadrangular area can be used to enter Meckel's cave [20].

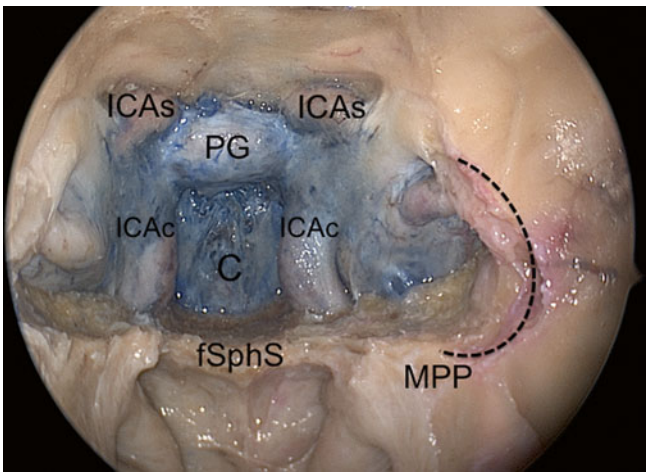

Fig. 1.4 Endoscopic view after bony removal of the sella, clivus (*C*), and the intracavernous internal carotid arteries. The medial pterygoid process has been drilled away, thus allowing a wide exposure of the lateral recess of the sphenoid sinus. The *dotted line* represents the lateral recess of the sphenoid sinus after drilling of the medial pterygoid process. *ICAc* paraclival segment of the internal carotid artery, *ICAs* parasellar segment of the internal carotid artery, *fSphS* floor of the sphenoid sinus, *MPP* medial pterygoid plate, *PG* pituitary gland

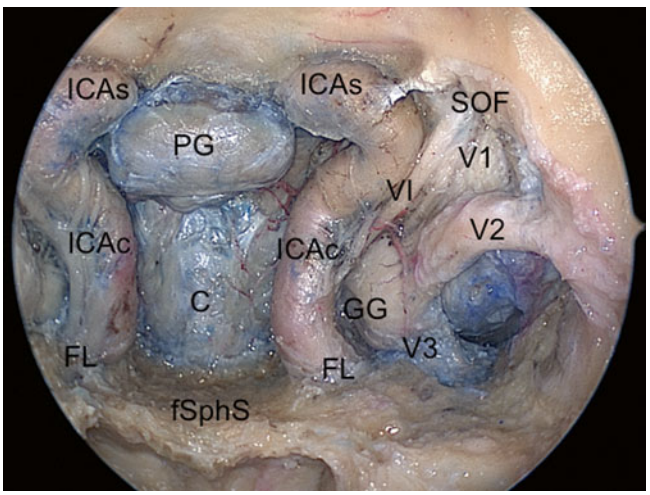

Fig. 1.5 Endoscopic view after bony removal of the lateral recess of the sphenoid sinus. *C* clivus, *ICAc* paraclival segment of the internal carotid artery, *ICAs* parasellar segment of the internal carotid artery, *FL* foramen lacerum, *fSphS* floor of the sphenoid sinus, *GG* Gasserian ganglion, *PG* pituitary gland, *SOF* superior orbital fissure, *V1* first branch of trigeminal nerve, *V2* second branch of trigeminal nerve, *V3* third branch of trigeminal nerve, *VI* abducens nerve

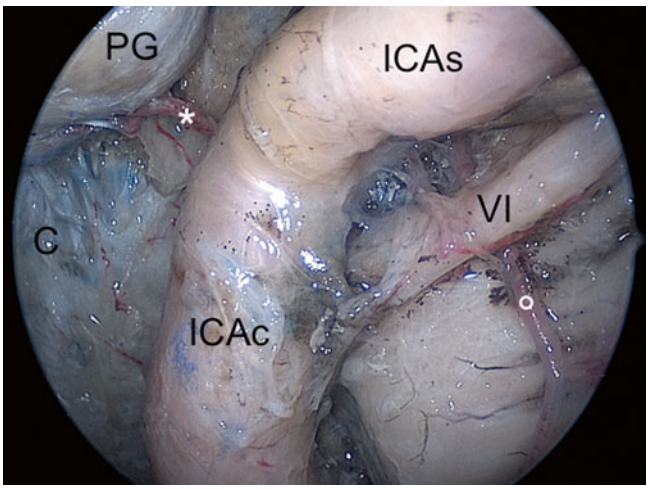

Fig. 1.6 Endoscopic close-up view of the branches of the left intracavernous internal carotid artery, including the inferior hypophyseal artery (*white asterisk*) and the inferolateral trunk (*white circle*). *C* clivus, *ICAc* paraclival segment of the internal carotid artery, *ICAs* parasellar segment of the internal carotid artery, *PG* pituitary gland, *VI* abducens nerve