

Medical Radiology · Diagnostic Imaging  
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Hans-Ulrich Kauczor  
Tobias Bäuerle *Editors*

# Imaging of Complications and Toxicity following Tumor Therapy

 Springer

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# Medical Radiology

## Diagnostic Imaging

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Hans-Ulrich Kauczor • Tobias Bäuerle  
Editors

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*Editors*

Hans-Ulrich Kauczor  
Dept. of Radiology  
University Hospital Heidelberg  
Heidelberg  
Germany

Tobias Bäuerle  
Institute of Radiology  
University Hospital Erlangen  
Erlangen  
Germany

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## Contributors

**Sharon Z. Adam** Department of Radiology, Tel Aviv Sourasky Medical Center, Tel Aviv, Israel

Department of Diagnostic Radiology, Northwestern University Feinberg School of Medicine, Chicago, IL, USA

**Maxim Avanesov** Department of Diagnostic and Interventional Radiology, Center for Radiology and Endoscopy, University Medical Center Hamburg-Eppendorf, Hamburg, Germany

**Edwin J.R. van Beek** Queen's Medical Research Institute, University of Edinburgh, Edinburgh, UK

**Arye Blachar** Computed Tomography and Magnetic Resonance Imaging Division, The Tel Aviv University Sackler School of Medicine, Tel Aviv, Israel

Department of Radiology, Tel Aviv Sourasky Medical Center, Tel Aviv, Israel

**Andreas Block** Department of Internal Medicine II and Clinic (Oncology Center), Center for Oncology, University Medical Center Hamburg-Eppendorf, Hamburg, Germany

**Hans Bloem** Department of Radiology, Leiden University Medical Center, Leiden, The Netherlands

**T. Bostel** Department of Radiooncology and Radiation Therapy, Heidelberg University Hospital, Heidelberg, Germany

**Mauricio Castillo** Division of Neuroradiology, University of North Carolina, Chapel Hill, NC, USA

**Teresa Margarida Cunha** Department of Radiology, Instituto Português de Oncologia de Lisboa Francisco Gentil, Lisbon, Portugal

**J.Y. Delattre** AP-HP, Groupe Hospitalier Pitié-Salpêtrière, Service de Neurologie 2-Mazarin, 47 Bd de l'hôpital, Paris, France

Centre OncoNeuroTox, Paris, France

Sorbonne Universités, Sorbonne Universités, UPMC Univ. Paris 06, Inserm, CNRS, UM 75, U 1127, UMR 7225, ICM, F-75013, Paris, France



**P. Hernáiz Driever** Department of Pediatric Oncology/Hematology, Charité-Universitätsmedizin Berlin, Berlin, Germany

**Marco Essig** Department of Radiology, University of Manitoba, Winnipeg, MB, Canada

**Rosemarie Forstner** Department of Radiology, Landeskliniken Salzburg, Paracelsus Medical University, Salzburg, Austria

**Ravit Geva** Department of Oncology, Tel Aviv Sourasky Medical Center, Tel Aviv, Israel

**Ulrich Hacker** University Cancer Center Leipzig (UCCL), University Hospital Leipzig, Leipzig, Germany

**Björn Jobke** Department of Radiology, Deutsches Krebsforschungszentrum (DKFZ), German Cancer Research Center, Heidelberg, Germany

**D-M. Koh** Department of Diagnostic Radiology, Royal Marsden Hospital, Sutton, Surrey, UK

**D. Leclercq** Centre OncoNeuroTox, Paris, France

Sorbonne Universités, Sorbonne Universités, UPMC Univ. Paris 06, Inserm, CNRS, UM 75, U 1127, UMR 7225, ICM, F-75013, Paris, France

Service de Neuroradiologie, Hôpital Salpêtrière, Paris, France

**Michael M. Lell** Department of Radiology, University Erlangen, Erlangen, Germany

**Florian Lordick** University Cancer Center Leipzig (UCCL), University Hospital Leipzig, Leipzig, Germany

**Gunnar K. Lund** Department of Diagnostic and Interventional Radiology, Center for Radiology and Endoscopy, University Medical Center Hamburg-Eppendorf, Hamburg, Germany

**Michal Mauda-Havakuk** Department of Radiology, Tel Aviv Sourasky Medical Center, Tel Aviv, Israel

**John T. Murchison** Department of Radiology, Royal Infirmary of Edinburgh, Edinburgh, UK

**Stefan M. Pfister** Division of Pediatric Neurooncology (B062), Deutsches Krebsforschungszentrum (DKFZ), Heidelberg, Germany

Department of Pediatric Hematology and Oncology, Heidelberg University Hospital, Heidelberg, Germany

**Dimitri Psimaras** AP-HP, Groupe Hospitalier Pitié-Salpêtrière, Service de Neurologie 2-Mazarin, 47 Bd de l'hôpital, Paris, France

Centre OncoNeuroTox, Paris, France

Sorbonne Universités, Sorbonne Universités, UPMC Univ. Paris 06, Inserm, CNRS, UM 75, U 1127, UMR 7225, ICM, F-75013, Paris, France

**Joana Ramalho** Division of Neuroradiology, University of North Carolina, Chapel Hill, NC, USA

**D. Ricard** Centre OncoNeuroTox, Paris, France

Sorbonne Universités, Sorbonne Universités, UPMC Univ. Paris 06, Inserm, CNRS, UM 75, U 1127, UMR 7225, ICM, F-75013, Paris, France

Service de Neurologie, Hôpital d'instruction des armées du Val-de-Grâce, Service de Santé des Armées, Paris, France

**Santiago Rossi** Centro de Diagnostico Dr Enrique Rossi, Buenos Aires, Argentina

**Cornelia Schaefer-Prokop** Department of Radiology, Meander Medical Center, Amersfoort, The Netherlands

Department of Radiology, Radboud University, Medical Center, Nijmegen, The Netherlands

**A. Shah** Department of Diagnostic Radiology, Royal Marsden Hospital, Sutton, Surrey, UK

**S.A. Sohaib** Department of Diagnostic Radiology, Royal Marsden Hospital, Sutton, Surrey, UK

Department of Diagnostic Radiology, Royal Marsden NHS Foundation Trust, Sutton, Surrey, England, UK

**F. Sterzing** Department of Radiooncology and Radiation Therapy, Heidelberg University Hospital, Heidelberg, Germany

**G. Tallen** Department of Pediatric Oncology/Hematology, Charité-Universitätsmedizin Berlin, Berlin, Germany

Department of Pediatrics, Faculty of Medicine, University of Calgary, Calgary, AL, Canada

**Chitra Viswanathan** Division of Diagnostic Imaging, Department of Diagnostic Radiology, University of Texas MD Anderson Cancer Center, Houston, TX, USA

**M. Warmuth-Metz** Department of Neuroradiology, Universität Würzburg, Würzburg, Germany

**Rianne Wittenberg** Department of Radiology, Meander Medical Center, Amersfoort, The Netherlands

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**Part I**

**Basics of Toxicity of Tumor Therapies**

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# Chemotherapy and Targeted Therapy

Florian Lordick and Ulrich Hacker

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## Abstract

A precise knowledge of antineoplastic drugs is an indispensable basis for the care of patients with cancer. The mechanisms of action and resistance, cross-resistance patterns, pharmacodynamics and pharmacokinetics, pharmacological interaction, and last but not least potential adverse effects should be part of this knowledge. As contemporary cancer care requires interdisciplinary and multi-professional structures, the radiologist is an important and integral part of the oncological treatment team. He has several key roles. Besides the determination of an accurate clinical staging which is the basis for all treatment recommendations, he evaluates the response to anticancer treatment and defines the remission status following treatment. Importantly, he assesses acute and long-term treatment toxicities, both having a tremendous impact on patients' safety and quality of life. This article summarizes the principles of medical anticancer treatment and outlines the major side effects associated with drug classes and specific antineoplastic compounds.

## Abbreviations

2-CDA	2-Chlordeoxyadenosine
5-FU	5-Fluorouracil
6-MP	6-Mercaptopurine
6-TG	6-Thioguanine

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F. Lordick (✉) • U. Hacker  
University Cancer Center Leipzig (UCCL),  
University Hospital Leipzig,  
Liebigstr. 20, Leipzig D- 04103, Germany  
e-mail: [direktion.uccl@medizin.uni-leipzig.de](mailto:direktion.uccl@medizin.uni-leipzig.de)

ACNU	Nimustine
ADL	Activity of daily living
AE	Adverse event
ALK	Anaplastic lymphoma kinase
AMSA	Amsacrine
AraC	Cytosine arabinoside
ARDS	Acute respiratory distress syndrome
BCNU	Carmustine
bcr/abl	Breakpoint cluster region protein/ Abelson murine leukemia viral oncogene homolog 1
CCDP	Cisplatin
CCNU	Lomustine
CD	Cluster of differentiation
c-KIT	Hardy-Zuckerman 4 feline sarcoma viral oncogene homolog
CTC	Common Toxicity Criteria
CTCAE	Common Terminology Criteria for Adverse Events
CTLA-4	Cytotoxic T-lymphocyte-associated protein 4
DNA	Deoxyribonucleic acid
DTIC	Dacarbazine
EGFR	Epidermal growth factor receptor
EML4	Echinoderm microtubule-associated protein-like 4
HDAC	Histone deacetylase
HER2	Human epidermal growth factor receptor 2
ILD	Interstitial lung disease
mTOR	Mammalian target of rapamycin
MTX	Methotrexate
NCI	National Cancer Institute
NSCLC	Non-small cell lung cancer
PD-1	Programmed cell death protein 1
PDL-1	Programmed cell death ligand 1
PET	Positron emission tomography
PIGF	Placental growth factor
PRES	Progressive reversible encephalopathy syndrome
RAF	Rapidly accelerated fibrosarcoma
SOC	System Organ Class
TKI	Tyrosine kinase inhibitor
VEGF	Vascular endothelial growth factor
VEGFR2	Vascular endothelial growth factor receptor 2
VP-16	Etoposide
WHO	World Health Organization

## 1 Basic Principles of Medical Anticancer Therapy

Besides the locally active treatment modalities (surgery and radiation therapy), drug therapy is the third important column of anticancer treatment. Applied via the bloodstream, medical therapy can hit not only the primary tumor but also lymphatic and hematogenous disseminated tumor cells and metastases.

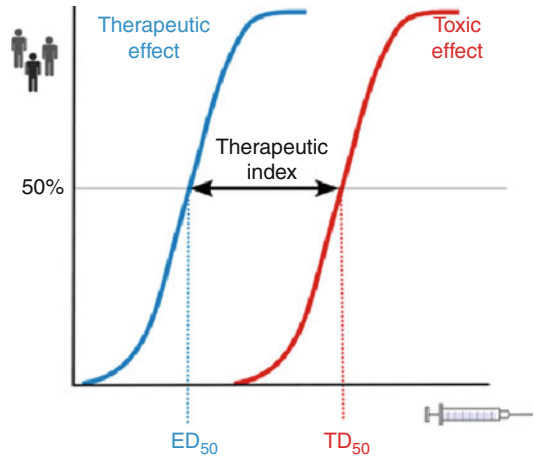
“Cytotoxic drug” denominates a compound that inhibits cell division and kills cells. By its effects on nucleic acid formation, DNA synthesis and repair, and protein synthesis and by the inhibition of particular protein functions that are associated with survival, proliferation, and migration, these drugs exert antiproliferative cytostatic effects or cytotoxic effects as programmed cell death (apoptosis), cell destruction (necrosis), and induction of senescence. Of note, all these effects do not only occur in neoplastic tumor cells but can alter also cells of the healthy tissue, depending on the susceptibility of particular organs to the cytotoxic drug effects. Therefore, cancer chemotherapy has transitioned from the use of cytotoxic drugs to the era of agents with an apparent selectivity for a cancer-specific target (Phelps and Sparreboom 2014). However, targets which are completely specific for cancer cells seem to be rare. And even if such characteristics exist, like the Philadelphia chromosome translocation in chronic myeloid leukemia coding for the cancer-specific bcr/abl tyrosine kinase (Heisterkamp et al. 1985), drugs hitting that target do not work absolutely target specific and do have an impact on functional structures of healthy tissue cells as well.

A classification of anticancer treatment into classical cytostatic or cytotoxic chemotherapy, antihormonal therapy, monoclonal antibody treatment, or treatment with tyrosine kinase inhibitors has historic reasons and appears arbitrary as the cell biological effects of those therapies are pleiotropic and have a great overlap. A certain relevance lies in the discrimination of the mostly non-cancer selective classical cytotoxic treatment (“chemotherapy”) and the so-called selective targeted treatment forms like antihormonal therapy, therapeutic

antibodies, and kinase inhibitors. The therapeutic index of classical cytotoxic drugs like alkylating agents is often smaller than that of biologically targeted forms of therapy (Fig. 1).

Classical cytotoxic drugs have different mechanisms of action which are outlined in Fig. 2.

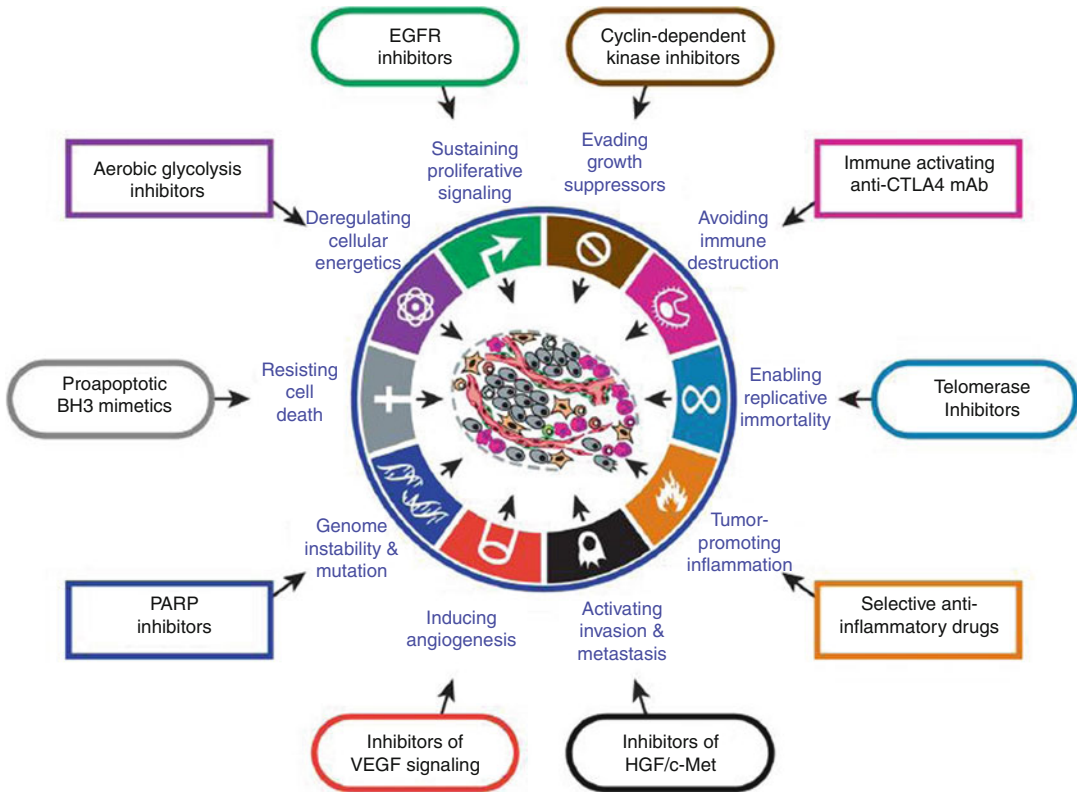
Hanahan and Weinberg described the hallmarks of cancer in a previous landmark article that was updated in 2011. These hallmarks include sustaining proliferative signaling, evading growth suppressors, resisting cell death, enabling replicative immortality, inducing angiogenesis, and activating invasion and metastasis. Conceptual progress in the last decade has added two emerging hallmarks of potential generality to this list – reprogramming of energy metabolism and evading immune destruction. The “tumor microenvironment” that consists of apparently normal cells adds to the complexity of current tumor characteristics which forms the basis for contemporary drug development and targeted treatment of cancer (Fig. 3) (Hanahan and Weinberg 2011).



**Fig. 1** The concept of therapeutic index refers to the relationship between toxic and therapeutic doses. This pharmacodynamic parameter is relevant to clinical practice because it determines how safe or toxic a drug is. Both ED50 and TD50 are calculated from dose-response curves, which represent the frequency with which each dose of drug elicits the desired response or toxic effect in the population. The dose required to cause a therapeutic effect (positive response) in 50 % of a population is the ED50. The dose required to produce a toxic effect in 50 % of the studied population is the TD50 (Redrawn from Craig and Stitzel (2003))

Nucleic Acids	DNA	Proteins	Mitosis
<b>Purine analogues</b> 6-MP 6-TG MTX	<b>DNA polymerase inhibitor</b> Cytarabine	<b>Protein degradation</b> L-Asparaginase	<b>Vinca alkaloids</b> Vincristine Vinblastine Vindesine Vinorelbine
<b>Pyrimidine analogues</b> 5-FU Raltitrexed Pemetrexed MTX	<b>DNA alkylating agent</b> N-Lost-derivatives Nitrosoureas Oxaphosphorines Platinum compounds Da-/Procarbazine Thiotepa Mitomycin C		<b>Taxanes</b> Paclitaxel Docetaxel Cabazitaxel
<b>Ribonucleotide reductase inhibitors</b> Hydroxyurea	<b>Topoisomerase inhibitors</b> Etoposide Anthracyclines Irinotecan Topotecan		

**Fig. 2** Target structures of classical cytotoxic drugs: DNA deoxyribonucleic acid, MTX methotrexate, 5-FU 5-fluorouracil, 6-MP 6-mercaptopurine, 6-TG 6-thioguanine



**Fig. 3** The hallmarks of cancer (Redrawn from Hanahan and Weinberg (2011)) are the basis for contemporary drug development and targeted anticancer treatment

## 2 Definitions of Anticancer Drug Therapy

### 2.1 Mono- Versus Combination Therapy

In principle, combination chemotherapy has advantages over monotherapy due to additive or multiplicative effects of tumor cell kill. Primary or secondary resistant tumor cell clones can be eradicated or suppressed by different mechanisms of action. Ideally, combinations have the following features:

- The combined agents are equally effective.
- Lack of cross-resistance.
- Different mechanisms of action.
- Additive or synergistic mechanisms of action.
- No overlapping toxicities.

For most combinations, this ideal situation does not exist. Especially with regard to side effects, some addition of toxicity must always be accepted when combinations are used.

### 2.2 Induction Chemotherapy

Induction chemotherapy is used when at the time of diagnosis no acceptable therapeutic alternative exists. Induction chemotherapy shall bring the cancer into a state of better therapeutic options. The goal is “the induction” of an optimal remission, which is at best a “complete remission.” High treatment intensities are usually necessary for an optimal induction. Therefore, the probability of inducing adverse effects is usually high.

### 2.3 Consolidation Therapy

The consolidation therapy shall provide the eradication of clinically occult residual tumor. It shall improve the rate of true complete remissions. Thereby, consolidation shall increase the chances of cure or increase the duration of response.

## 2.4 Maintenance Therapy

Maintenance therapy, in its classical sense used in the treatment of hematological malignancies like acute leukemia, follows consolidation and shall eradicate or control further residual tumor cells, e.g., those that – due to kinetic resistance – were not yet eradicated by the previous treatment. Maintenance therapy can increase the chance of cure or prolong the time interval until further tumor progression. The latter goal is nowadays often chosen in the palliative treatment of solid tumors when a remission has been achieved by a more intensive treatment period preceding maintenance.

## 2.5 Perioperative (Neoadjuvant and/or Adjuvant) Chemotherapy

Neoadjuvant (also primary or preoperative) therapy is a treatment in patients with localized or locoregional tumor extension in which the application of local treatment alone (operation or radiation therapy) may lead to an unsatisfactory outcome. Neoadjuvant chemotherapy is applied to reduce the extent of surgery (e.g., in breast cancer, where size reduction of large tumors allows for more breast-conserving surgery following neoadjuvant chemotherapy) and to increase the chances of cure (like in gastric or muscle invasive bladder cancer). In some cancers (e.g., osteosarcoma and Ewing sarcoma), postoperative treatment is tailored on the basis of the achieved response during neoadjuvant therapy.

The goal of adjuvant chemotherapy is the eradication of subclinical metastases (“micrometastases”) following primary local treatment (operation or radiation therapy). The clinical goal of treatment is to increase the cure rate.

Accepted indications for perioperative chemotherapy are shown in Table 1. As increased cure rates are the goal of neo-/adjuvant chemotherapy, optimal dose intensity is necessary and some toxicity must be accepted. On the other hand, treatment safety is of utmost importance as patients may survive with the operation alone. In addition, long-term side effects should be avoided

**Table 1** Examples for tumors with an established indication for perioperative (neoadjuvant or adjuvant) therapy

Breast cancer
Ovarian cancer
Esophageal cancer
Gastric cancer
Pancreatic cancer
Colon cancer
Rectal cancer
Lung cancer
Testicular cancer
Urothelial cancer
Ewing sarcoma
Osteosarcoma
Rhabdomyosarcoma

as they may lead to a significant impairment of quality of life of cancer survivors; alter physical, cognitive, and social functioning; and may even induce secondary diseases (cancers, leukemia, organ dysfunctions, cardiovascular diseases, etc.) leading to a negative impact on life expectancy.

## 2.6 Palliative Therapy

Palliative chemotherapy is a treatment intended to prolong life, to control symptoms, and to augment quality of life. In case of symptomatic disease, more intensive induction treatment regimens are often applied. For a further stabilization of the tumor, most often less intensive monotherapies are regarded as standard of care. Treatment-emergent side effects must be carefully weighed against potential treatment benefits.

## 3 Classification of Anticancer Drugs

The classification of anticancer drugs can follow different criteria. Traditionally, the World Health Organization (WHO) chose the mechanisms of action (e.g., alkylating agent) and the origin of compounds (e.g., antitumor antibiotics) as their leading criteria for classification. Table 2 groups the compounds predominantly according to their mechanisms of action.



## 4 Classification of Treatment Toxicity

Side effects of medical treatment have been classified according to uniform criteria as long as the drug is applied within a clinical study. Internationally, the so-called Common Toxicity Criteria (CTC) or the newer Common Terminology Criteria for Adverse Events (CTCAE) as developed and published by the

National Cancer Institute (NCI, Bethesda, USA) are most commonly used. Meanwhile, these criteria have been well implemented into clinical practice and proved useful. Therefore, thorough oncologists and multidisciplinary teams use it outside of clinical studies in routine cancer care. The current version of CTCAE V4.03 can be downloaded from the Internet ([http://evs.nci.nih.gov/ftp1/CTCAE/CTCAE\\_4.03\\_2010-06-14\\_QuickReference\\_8.5x11.pdf](http://evs.nci.nih.gov/ftp1/CTCAE/CTCAE_4.03_2010-06-14_QuickReference_8.5x11.pdf)).

**Table 2** Classification of anticancer drugs according to their mechanisms of action and biochemical properties

Drug class	Group	Compound
Alkylating agent	N-lost-derivatives	Bendamustine
		Busulfan
		Chlorambucil
	Nitrosourea derivatives	Nimustine (ACNU)
		Carmustine (BCNU)
		Lomustine (CCNU)
		Cyclophosphamide
	Oxaphosphorines	Ifosfamide
		Trofosfamide
	Platinum derivatives	Cisplatin (CDDP, DDP)
		Carboplatin
		Oxaliplatin
	Tetrazines	Dacarbazine (DTIC)
Temozolomide		
Aziridines	Thiotepa	
	Others	Amsacrine (AMSA)
Estramustinphosphate		
Procarbazine		
Treosulfan		
Antibiotics	Anthracyclines	Daunorubicin
		Doxorubicin
		Epirubicin
		Idarubicin
	Anthracenedione	Mitoxantrone
	Others	Actinomycin-D
		Bleomycin
Mitomycin C		
Alkaloids	Podophyllotoxin derivative	Etoposide (VP-16)
	Vinca alkaloids	Vinblastine
		Vincristine
		Vindesine
		Vinorelbine
		Cabazitaxel
	Taxanes	Docetaxel
		Paclitaxel
		Camptothecin derivatives
	Topotecan	

**Table 2** (continued)

Drug class	Group	Compound	
Antimetabolite	Antifolates	Methotrexate (MTX)	
		Pemetrexed	
	Purine analogues	6-Mercaptopurine (6-MP)	
		6-Thioguanine (6-TG)	
		Fludarabine	
		2-Chlordeoxyadenosine (2-CDA)	
		5-Fluorouracil (5-FU)	
	Pyrimidine analogues	Capecitabine	
		Clofarabine	
		Cytosine arabinoside (AraC)	
Gemcitabine			
Hydroxyurea			
RNR inhibitor			
DNA demethylation	Demethylating agents	Azacitidine Decitabine	
Protein degradation	Enzyme	L-asparaginase	
Aromatase inhibition	Nonsteroidal inhibitors	Anastrozole	
		Letrozole	
	Steroidal inhibitor	Exemestane	
Other hormonal therapies	Antiandrogens	Abiraterone	
		Bicalutamide	
		Flutamide	
		Nilutamide	
		Fulvestrant	
	Antiestrogen	Medroxyprogesterone acetate	
		Megestrol acetate	
	Gestagens	Selective estrogen receptor modulators	Raloxifene
			Tamoxifen
Immune modulators	Cytokines	Interferon alpha	
		Interleukin 2	
	IMiDs	Lenalidomide	
		Thalidomide	
		Pomalidomide	
	Immune checkpoint inhibitors	Ipilimumab	
		Lambrolizumab	
	Monoclonal antibodies	CD20 antibodies	Rituximab
			Ofatumumab
CD30 antibody-toxin conjugate		Brentuximab vedotin	
CD33 antibody		Gemtuzumab ozogamicin	
CD52 antibody		Alemtuzumab	
EGFR antibodies		Cetuximab	
		Panitumumab	
HER2 antibodies		Trastuzumab	
		Pertuzumab	
HER2 antibody-toxin conjugate		Trastuzumab emtansine	
VEGF antibody		Bevacizumab	
VEGF recombinant fusion protein		Aflibercept	
VEGFR2 antibody	Ramucirumab		

(continued)

**Table 2** (continued)

Drug class	Group	Compound
Tyrosine kinase inhibitors	Bcr/abl	Imatinib
		Dasatinib
		Nilotinib
	cKIT	Imatinib
		EGFR
	HER2	Erlotinib
		Gefitinib
		Lapatinib
	Histone deacetylase (HDAC)	Romidepsin
		Vorinostat
	mTOR	Temsirolimus
		Everolimus
	Multiple kinases	Axitinib
		Nintedanib
		Pazopanib
		Regorafenib
		Sorafenib
		Sunitinib
		Proteasome
	RAF	Carfilzomib
		Vemurafenib
	Smoothened receptor (hedgehog signaling)	Vismodegib
		Somatostatin receptors
		Lanreotide

Compounds are listed with their generic names. Where appropriate, commonly used abbreviations are listed in parentheses

The NCI Common Terminology Criteria for Adverse Events is a descriptive terminology which can be utilized for *adverse event (AE)* reporting. A grading (severity) scale is provided for each AE term. *System Organ Class (SOC)*, the highest level of the reporting hierarchy, is identified by anatomical or physiological system, etiology, or purpose (e.g., SOC Investigations for laboratory test results). Within each SOC, adverse events are listed and accompanied by descriptions of severity (grade).

An AE is any unfavorable and unintended sign (including an abnormal laboratory or imaging finding), symptom, or disease temporally associated with the use of a medical treatment or procedure that may or may not be considered related to the medical treatment or procedure. An AE is a term that is a unique representation of a specific event used for medical documentation and scientific analyses.

*Grade* refers to the severity of the AE. The CTCAE displays grades 1 through 5 with unique clinical descriptions of severity for each AE based on this general guideline (Table 3). Not all grades are appropriate for all AEs. Therefore, some AEs are listed with fewer than five options for grade selection.

## 5 Specific Toxicities Associated with Anticancer Treatment

All organ systems can be subject to treatment-emergent toxicities.

With classical cytotoxic treatment, myelosuppression (neutropenia, thrombocytopenia, and anemia) is a common side effect. Between 80 and 100 % of all patients undergoing chemotherapy have some grade of myelosuppression leading to

**Table 3** Toxicity grades according to the “Common Terminology Criteria for Adverse Events” (CTCAE) reporting system provided by the National Cancer Institute, Bethesda, USA

Grade	Severity
Grade 1	Mild; asymptomatic or mild symptoms; clinical or diagnostic observations only; intervention not indicated
Grade 2	Moderate; minimal, local, or noninvasive intervention indicated; limiting age-appropriate instrumental activity of daily living (ADL) <sup>a</sup>
Grade 3	Severe or medically significant but not immediately life-threatening; hospitalization or prolongation of hospitalization indicated; disabling; limiting self-care ADL <sup>b</sup>
Grade 4	Life-threatening consequences; urgent intervention indicated
Grade 5	Death related to an adverse event

A semicolon indicates “or” within the description of the grade

<sup>a</sup>Instrumental ADL refer to preparing meals, shopping for groceries or clothes, using the telephone, managing money, etc.

<sup>b</sup>Self-care ADL refer to bathing, dressing and undressing, feeding self, using the toilet, taking medications, and not bedridden

alterations of the differential blood counts. Severity and duration depend of course on the applied cytotoxic drug and schedule as well as additional risk factors, like age and general health status. In case of neutropenia, patients are at particular risk of acquiring infections. Febrile neutropenia is an emergency situation during antineoplastic treatment. It requires immediate clarification and start of empiric antibiotic treatment. In most cases (except low-risk neutropenia in otherwise unimpaired and compliant patients), this should be done following hospitalization, and intravenous broad-spectrum antibiotics should be given (Klastersky and Paesmans 2013). In more than two thirds of patients, the focus of febrile neutropenia remains unknown, but pulmonary infections, bloodstream infections, urinary infections, infections of the skin and soft tissues, as well as infections of the upper aerodigestive tract should be excluded by appropriate clinical, paraclinical, and radiological diagnostics.

Apart from myelosuppression, non-hematological adverse events are common and

need to be well known by the treatment team. Table 4 outlines a selection of substance- and group-specific non-hematological toxicities of anticancer drugs.

Our expectation was that with the introduction of new, more specific and biologically targeted drugs, the efficacy of anticancer treatment would increase, while the side effects would decrease. This hope was desperately disappointed (Niraula et al. 2012). International investigators analyzed all randomized controlled trials evaluating agents approved for the treatment of solid tumors by the US Food and Drug Administration between 2000 and 2010. Odds ratios were computed for three end points of safety and tolerability: treatment-related death, treatment discontinuation related to toxicity, and grade 3 or grade 4 adverse events (AEs). These were then pooled in a meta-analysis. Correlations between these end points and the hazard ratios for overall survival and progression-free survival were also assessed. The investigators came to the conclusion that new anticancer agents that lead to improvements in time-to-event end points also increase morbidity and treatment-related mortality. The balance between efficacy and toxicity may be less favorable in clinical practice because of selection of fewer patients with good performance status and limited comorbidities. Patients’ baseline health characteristics should be considered when choosing therapy.

With the use of targeted therapies, novel side effects have emerged that are closely related to the specific mechanisms of action of the respective drug. Targeted therapies in general block certain signaling pathways that play important roles in promoting tumor cell survival and proliferation or interfere with stromal cells like vascular endothelial cells to inhibit tumor angiogenesis or with immune cells to modify antitumor immune responses. Monoclonal antibodies and tyrosine kinase inhibitors (TKI) represent the drug classes that are most commonly used for targeted cancer therapy. Furthermore, specific intracellular signaling checkpoints can be blocked by chemical compounds (i.e., mTOR inhibitors). Another group of drugs targets immune function to improve host anticancer immunity. CTLA-4 antibodies are used to enhance T-cell co-stimulation,

**Table 4** Selection of substance and group-specific non-hematological toxicities of anticancer drugs

Substance/group	Typical adverse effect
Alemtuzumab	Opportunistic infection
Anthracyclines/mitoxantrone	Cardiomyopathy, cardiac arrhythmia
Aromatase inhibitors	Bone and joint pain, osteoporosis
Bevacizumab	Arterial hypertension, proteinuria, impaired wound healing, gut perforations, bleeding
Bleomycin	Pulmonary toxicity, lung fibrosis
Bortezomib	Neuropathy
Busulfan	Pulmonary toxicity, veno-occlusive disease
Cetuximab/panitumumab	Acneiform exanthema, allergic reactions
Chlorambucil	Pulmonary toxicity, lung fibrosis
Cytarabine	Central nervous toxicity (especially high-dose AraC leads to cerebellar alterations)
Docetaxel	Finger- and toenail alterations, edema, neuropathy, taste alterations
Erlotinib/gefitinib	Pneumonitis, acute respiratory distress syndrome (ARDS)
Fluoropyrimidines	Diarrhea, stomatitis, hand-foot syndrome, cardiotoxicity (arrhythmias, heart burn, myocardial infarction)
Imatinib	Edema, skin rash
Irinotecan	Diarrhea, cholinergic syndrome
Methotrexate	Central nervous toxicity, hepatic and pulmonary toxicity, nephrotoxicity in case of inadequate renal elimination
Mitomycin C	Hemolytic-uremic syndrome, pulmonary toxicity
Sunitinib/pazopanib/sorafenib/regorafenib	Arterial hypertension, hand-foot syndrome, thyroid disorders
mTOR inhibitors (everolimus, temsirolimus)	Arterial hypertension, pneumonitis, mucositis, erythema, hand-foot syndrome, hyperlipidemia
Nitrosoureas	Pulmonary toxicity, lung fibrosis, renal toxicity
Oxazaphosphorines (cyclophosphamide, ifosfamide)	Urothelial toxicity, renal toxicity, central nervous toxicity (reversible psychosyndrome with high-dose ifosfamide)
Paclitaxel/docetaxel	Neuropathy, allergic reactions, onycholysis
Platinum compounds	Renal impairment (cisplatin), ototoxicity (cisplatin), neuropathy (oxaliplatin > cisplatin >> carboplatin)
Tamoxifen	Thromboembolic events
Trastuzumab/pertuzumab/lapatinib	Cardiac toxicity
Vinca alkaloids	Neuropathy

and drugs targeting the PD-1/PD-L1 pathway have been developed to block inhibitory immune checkpoints.

An overview of key side effects can be found in Table 2. Specific side effects resulting in pathological radiological findings are shortly summarized in the following section.

**Agents Targeting the Epidermal Growth Factor Receptor (EGFR):** The monoclonal antibodies (cetuximab, panitumumab) are used for the treatment of RAS wild-type metastatic colorectal cancer, while TKI (gefitinib, erlotinib, afatinib) represent a standard of care in the treat-

ment of EGFR-mutated non-small cell lung cancer (NSCLC) patients. Skin toxicities occur with high frequency in both groups of drugs. In contrast, interstitial lung disease (ILD) represents a rare complication, and the mechanism is not fully understood. Disruption of the alveolar epithelial function however may play a role. Based on this, the frequency of ILD is higher in smokers and in patients with preexisting lung disease (Ando et al. 2006).

**Agents Targeting Her-2:** Chemotherapy combined with monoclonal antibodies (trastuzumab, pertuzumab) represents a treatment standard in

Her2-positive breast cancer and in Her2 gastric cancer (trastuzumab). The TKI lapatinib targeting EGFR and Her2neu is approved for the treatment of breast cancer. An important side effect of this class of drugs is cardiotoxicity that is related to the expression of Her2 on cardiomyocytes. Mechanistically, Her2 signaling results in sarcomere stability and initiates repair processes that are important to counteract toxic stress (Tocchetti et al. 2012).

**Agents Targeting Tumor Angiogenesis:** The monoclonal antibody bevacizumab binds vascular endothelial growth factor (VEGF), and the fusion construct aflibercept binds VEGF and placental growth factor (PlGF). Both drugs are used in combination with chemotherapy for the treatment of metastatic colorectal cancer. Additionally, a large number of TKI targeting VEGF receptors and other receptors are in clinical use for the treatment of a wide variety of cancer types (Table 2). Hypertension and proteinuria represent common side effects of VEGF-targeting therapy. Furthermore, the rate of thromboembolic complications is increased. Other side effects are related to impaired tissue repair capacity and comprise gastrointestinal pneumatosis perforations and the formation of fistulas (Shinagare et al. 2012). Overall, bleeding is a rare side effect. However, frequent bleeding complications have resulted in the exclusion of the use of bevacizumab in squamous cell carcinoma of the lung. Progressive reversible encephalopathy syndrome (PRES) is a very rare ( $\leq 0.1\%$ ) but severe neurological complication that has been reported in patient treatment with bevacizumab or aflibercept (Seet and Rabinstein 2012). The disruption of cerebrovascular endothelial cell signaling is related to the disruption of cerebrovascular autoregulation preferentially in the posterior circulation of the brain. Finally, pancreatitis (sunitinib, sorafenib, pazopanib) and acalculous cholecystitis (sunitinib) have been reported in the literature on a casuistic basis.

**Anaplastic Lymphoma Kinase (ALK) Inhibitors:** ALK inhibitors are used for the treatment of NSCLC harboring specific genomic rearrangements (EML4-ALK). Pneumonitis has been

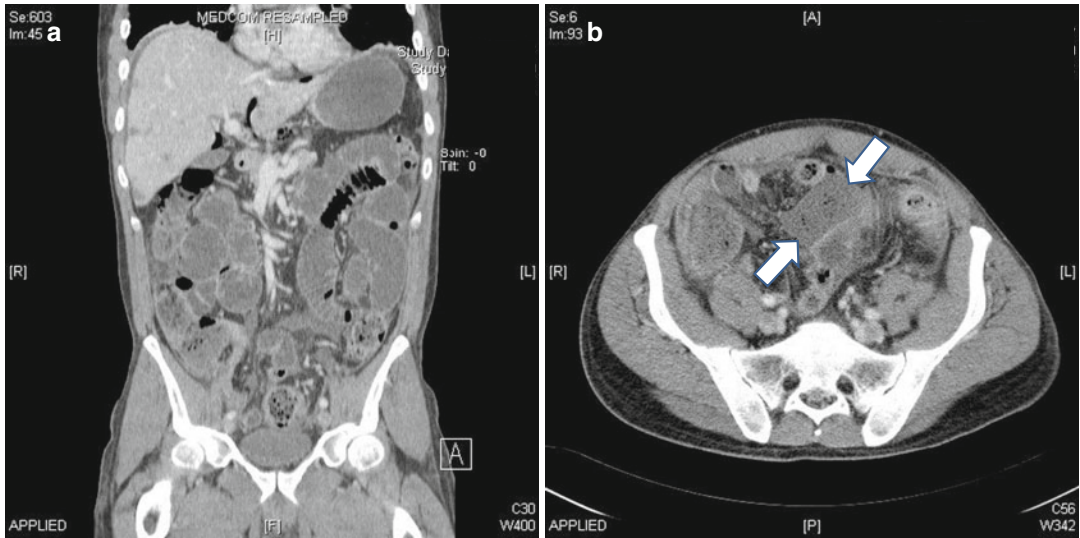
reported with the use of the ALK inhibitor crizotinib and symptoms started within two months of treatment. The underlying mechanisms are not yet clarified.

**RAF-Targeting Agents:** RAF-targeting agents include the multi-TKI sorafenib for the treatment of renal cell and hepatocellular cancer as well as vemurafenib and dabrafenib, which are used for the treatment of melanoma harboring the B-Raf mutation V600E and other B-Raf mutations. An increase in the occurrence of cutaneous squamous cell carcinomas has been reported, and nodular panniculitis (Monfort et al. 2012) may result in increased radiotracer uptake during 18F-FDG positron emission tomography (PET).

**Agents Targeting Mammalian Target of Rapamycin (mTOR) and Targeted Immune Modulators:** These agents (everolimus, temsirolimus) are used for the treatment of breast and renal cancers and pancreatic neuroendocrine tumors. Mucositis and aphthous mucosal lesions are common side effects. Additionally, interstitial pneumonitis is an important side effect of this class of drugs with up to 36% of patients showing any pulmonary abnormalities during treatment (Duran et al. 2014).

Ipilimumab is a novel targeted immune modulator that interacts with CTLA-4, thus fostering co-stimulatory function to improve host antitumor immune response. Due to immune function deregulation, autoimmune-related side effects like enterocolitis and hypophysitis may occur. Additionally, unspecific lymph node enlargement and soft tissue changes like myositis or fasciitis as well as retroperitoneal fat opacities due to lymphocyte infiltration may interfere with treatment response assessment (Bronstein et al. 2011).

As examples of “new toxicities” emerging from biologically selective targeted drugs, Fig. 4 displays a perforation at the rectosigmoid level that occurred during treatment of metastatic colorectal cancer with the anti-VEGF antibody bevacizumab. Another patient who was also treated for metastatic colorectal cancer received the monoclonal anti-EGFR antibody cetuximab plus chemotherapy and developed a grade 3 skin rash during weeks 4–6 of this combined treatment (Fig. 5).



**Fig. 4** Gut perforation leading to an ileus and peritonitis, emerging from a pararectal abscess in a patient with colorectal cancer with simultaneous liver and lung metastases. (a) Is illustrating the coronary section through the abdomen; (b) is illustrating a transversal section through

the pelvis. The two *white arrows* in **b** are highlighting the formation of a pararectal abscedation. This patient was treated with the anti-VEGF monoclonal antibody bevacizumab in combination with chemotherapy



**Fig. 5** (a, b) Patient who developed severe (grade 3 according to CTCAE V4.03) skin rash during weeks 4–6 of chemotherapy combined with the anti-EGFR-directed monoclonal antibody cetuximab

## Conclusions

For clinical practice, we have to state that medical anticancer treatment is more demanding than ever, as toxicities are very common, polymorphic and allotropic. They may lead to severe impairment of the patients' safety and quality of life. All members of the treatment team, including the radiologist, need to do their best to support patients during anticancer treatment. Treatment-emergent as well as tumor-related complications may not be missed, and the severity of events must be appropriately classified. In addition, for drug development it has been advocated to move "Toward Patient-Centered Drug Development in Oncology" (Basch 2013).

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# Radiotherapy

T. Bostel and F. Sterzing

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T. Bostel • F. Sterzing (✉)  
Department of Radiooncology and Radiation Therapy,  
Heidelberg University Hospital,  
Im Neuenheimer Feld 400,  
Heidelberg 69120, Germany  
e-mail: [bostel.tilmann@med.uni-heidelberg.de](mailto:bostel.tilmann@med.uni-heidelberg.de);  
[sterzing.florian@med.uni-heidelberg.de](mailto:sterzing.florian@med.uni-heidelberg.de)

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## Abstract

The focus of this chapter lies on the description of the general basics of early and late radiation effects and the translation of these pathogenetic processes into imaging; furthermore, a few short clinical examples including imaging patterns of those underlying pathogenetic normal tissue reactions are given to provide a better understanding. In addition, the margin concepts used in radiotherapy as well as the important radiation techniques are summarized, as it is very important for diagnostic radiologists to correlate post-therapeutic tissue and organ changes in follow-up examinations with dose characteristics of a certain treatment to achieve a higher degree of reliability in image interpretation. Furthermore, for