# Bianca Maria Piraccini

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A Practical Guide to Diagnosis and Management

Forewords by Robert Baran and Antonella Tosti



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To the people I have followed, to those who are now following me, and to those who are walking at my side.

Bianca Maria

# **Foreword 1**

Bianca Maria Piraccini has such an appealing personality that it would never occur to me to refrain from expressing all the good I think of her. She is an extremely hard worker, but for a long time she was living in the shadow of Antonella Tosti with whom she was very often associated. It was however evident that her considerable experience in the field of hair and nails would, 1 day, allow her to take flight.

This is now the case, both on an international level, where she chairs or co-chairs major dermatological congresses, and in writing where I recognize the qualities I so admire in her.

I am absolutely certain that dermatologists will savor the pertinence of her ideas in this book, which displays the mastery of her extensive knowledge and her wish to share it.

Bianca Maria Piraccini has succeeded in becoming both a bee worker and a queen bee.

Bravo to the artist!

Robert Baran

Mon

Cannes, France November 2013

# Foreword 2

This book summarizes, in a straightforward and concise style, the experience gained by the author over many years in the diagnosis and treatment of nail disorders. It provides a comprehensive overview of the most common problems and is the perfect reference manual for dermatologists, residents, and podiatrists.

This volume is proof that even complex subjects, such as the nails, can be made simple. I have gained much from my many years of working with Bianca Maria Piraccini and would like to think that she, too, has enjoyed and benefited from our interactions. With her intelligence and critical mind, she has been, and will always be, the best colleague and friend with whom to discuss any new idea, and not only in dermatology.

Miami, USA November 2013 Antonella Tosti

# **Preface**

This small book has the goal of steering the reader toward correct diagnosis of the most common nail disorders seen in clinical practice. It is not a comprehensive review, but rather a practical guide that provides clues to diagnosis and offers advice on the use of diagnostic methods. A wide range of nail diseases are covered, including, traumatic, inflammatory, environmentally induced, drug-induced, and neoplastic conditions as well as disorders due to systemic diseases. In addition to identification of the most important features and examinations, advice on treatment is presented.

The nails are a very intriguing topic, and more and more people are becoming interested in their study. I continuously have fellows asking to attend my nail clinic to learn about nail diseases, and this book draws together the teaching that I feel they need. At the least, it should increase their curiosity and encourage them to study a more comprehensive review of the topic!

Bologna, Italy

Bianca Maria Piraccini

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I would like to offer a special "thank you" to David de Berker, who kindly proposed himself as a spell-checker but ended up providing useful comments and advice!