

COLOR ATLAS & SYNOPSIS OF

PEDIATRIC DERMATOLOGY

THIRD EDITION



KAY SHOU-MEI KANE
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COLOR ATLAS AND SYNOPSIS OF
PEDIATRIC DERMATOLOGY

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Third Edition

Sandipan Dhar MBBS MD DNB

Professor and Head
Department of Pediatric Dermatology
Institute of Child Health
Kolkata, West Bengal, India

Forewords

Celia Moss

Deepak Parikh



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Jaypee Brothers Medical Publishers (P) Ltd.

Headquarters

Jaypee Brothers Medical Publishers (P) Ltd.
4838/24, Ansari Road, Daryaganj
New Delhi 110 002, India
Phone: +91-11-43574357
Fax: +91-11-43574314
E-mail: jaypee@jaypeebrothers.com

Overseas Offices

J.P. Medical Ltd.
83, Victoria Street, London
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Phone: +44-20 3170 8910
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Jaypee Medical Inc.
The Bourse
111, South Independence Mall East
Suite 835, Philadelphia, PA 19106, USA
Phone: +1 267-519-9789
E-mail: jpmed.us@gmail.com

Jaypee Brothers Medical Publishers (P) Ltd.
17/1-B, Babar Road, Block-B
Shaymali, Mohammadpur
Dhaka-1207, Bangladesh
Mobile: +08801912003485
E-mail: jaypeedhaka@gmail.com

Jaypee Brothers Medical Publishers (P) Ltd.
Bhotahity, Kathmandu, Nepal
Phone: +977-9741283608
E-mail: kathmandu@jaypeebrothers.com

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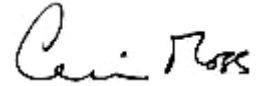
Dedicated to

*All those innocent children who bear
the stigma of untouchability of skin diseases,
silently tolerating the humiliation and
ostracism of the civilized society...in whom
the blemish disappears with time
but the scar lingers in the mind...*

Foreword

Babies and children with skin disorders comprise a substantial proportion of a dermatologist's workload, not just in numbers but in complexity. Birthmarks come in all colors, shapes and sizes, while exanthems and papulosquamous disorders may look the same to the uninitiated. Infantile eczema turns out to be not a single condition but a heterogeneous group. Infections are theoretically straightforward but regularly trip up the unwary. Genetic disorders are the hardest of all because of their rarity and limited therapeutic options. Our priority is the child, but we also have to consider parental expectations and the influence of the extended family, benign or otherwise. Sadly, we must remain alert to the possibility that the child's skin condition may reflect damage by others.

Dr Sandipan Dhar comes to our rescue with this authoritative and richly illustrated textbook, now a classic in its third edition. In response to feedback as well as advances in the field of pediatric dermatology, he has added new conditions, new concepts and new solutions. All who have lost sleep over challenging problems in young patients will appreciate Dr Dhar's practical, balanced, holistic and thoughtful approach. How much more important for the child with vitiligo to dispel prejudice and myths about dietary restrictions than to embark on cosmetic surgery. He brings a wealth of experience and knowledge to this masterful work, which dermatologists, pediatricians and others managing the pediatric skin problems will soon learn to consult as their essential diagnostic reference, and to browse for new insights. His position as a leader in this growing subspecialty is confirmed by this masterly contribution.



Celia Moss

MBBS (London) MA DM (Oxon) MRCPCH FRCP
Consultant Dermatologist
Birmingham Children's Hospital, UK
Honorary Professor
University of Birmingham, UK

Foreword

Dear Readers,

We, at Indian Society for Pediatric Dermatology (ISPD), have been receiving constant request from pediatricians, post-graduates and dermatologists alike, for an 'easy-to-read' reference book on Pediatric Dermatology. The Indian Society for Pediatric Dermatology has decided to take such an initiative and who else other than Dr Sandipan Dhar can accomplish a major project like this! He has worked very hard to bring out the third edition of *Color Atlas and Synopsis of Pediatric Dermatology*. Every input, suggestions from you all have helped to make the book more user-friendly. I am sure you will receive the book with same love and affection that you all have showered on the previous two editions.

Happy reading!



Deepak Parikh MBBS MD DNB
Professor and Head
Department of Pediatric Dermatology
Wadia Hospital for Children
Mumbai, Maharashtra, India
Chairman
Indian Society for Pediatric Dermatology

Preface to the Third Edition

Copy from one, it's plagiarism; copy from two, it's research

—Wilson Mizner

The second edition has evoked spontaneous and overwhelming response, much more than the first edition. I have received innumerable emails containing valuable feedback about the book from various pediatricians and dermatologists across the country. In fact, the book ran out of print and a huge void was felt. These have inspired me to update the book and come up with the third edition. In the current edition, chapters on structure of skin, morphology of skin lesions and baby skin care, sexual abuse of children and sexually transmitted diseases have been incorporated. A very important aspect of pediatric dermatology practice is 'patient/parents' education and counseling. It has been included in the current edition. Approximately, 80 new entities and 450 new illustrations have been added to it. The bibliography has been updated. I am sure, now the book will be even more useful to the pediatricians, dermatologists and all those involved in pediatric skin care. I believe, still there is a lot of scope of further improvement of the book. I shall appreciate feedback (drsandipan@gmail.com) from the esteemed readers in this direction.

Happy Reading!

Sandipan Dhar

Preface to the First Edition

Dermatology in relation to children has far-reaching new connotations. There have been extensive researches and rapid developments in the field of pediatric dermatology in the last two decades. It is now recognized as a separate subspecialty in most countries. Nearly 50 percent of all skin problems pertain to pediatric age group.

Diseases such as atopic dermatitis, vitiligo and other pigmentary disorders are to be seen in a different light in relation to children as they are not intellectually mature to deal with the psychological aspect of the diseases. The concept of pediatric dermatology is a unifying one where the subjects of pediatrics and dermatology shake their hands for a better understanding of the skin diseases in infants, children and adolescents. There are a number of textbooks and color atlases on pediatric dermatology published from UK and USA which obviously do not address the difference in presentation of pediatric dermatoses in types IV and V skins. Therefore, there has been a growing need for such a color atlas among the pediatricians in particular (as I have been insisted by my pediatrician friends and colleagues). That is why, I have taken up this endeavor.

The chapters compiled in the book make an attempt to give a visual impression and important clues to diagnose a dermatosis. Most of the common (and some rare) skin diseases have been incorporated.

The book is basically meant for the pediatricians, beginners in dermatology and all those involved in the care of children. I am sure that the book will serve its purpose. The 'quotable quotes' have been incorporated to provide relief in-between the serious readings. Despite my best possible efforts, there may be some unwanted errors, some shortcoming in this book, which I promise to rectify in its future edition.

You may give your valuable feedback about the book to me (babyd@vsnl.net).

Sandipan Dhar

