# Essentials of nesthesia

### Neurotrauma

Edited by Hemanshu Prabhakar Charu Mahajan Indu Kapoor



## Essentials of Anesthesia for Neurotrauma



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To our parents, teachers, and the greatest gifts my parents gave to me, with whom I share my childhood memories, Kavita and Hemant.

### Hemanshu Prabhakar

To our parents, teachers, and the greatest gifts my parents gave to me, with whom I share my childhood memories, Shelly, Shruti, and Aman.

Charu Mahajan

To our parents, teachers, and the greatest gifts my parents gave to me, with whom I share my childhood memories, Sunita, Poonam, and Tanzin.

Indu Kapoor



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### **Foreword**

### ESSENTIALS OF ANESTHESIA FOR NEUROTRAUMA

Globally, neurotrauma represents one of the most important causes of neurodisability. Despite the likely increase in neurodegenerative and cerebrovascular disease over the decades to come, the World Health Organization (WHO) estimates that traumatic brain injury (TBI) and spinal cord injury (SCI) will continue to be important drivers of disability and, hence, will represent important public health targets. This is particularly the case in lowand middle-income countries, where motor vehicle use is increasing at a rate far greater than the population's rate, with a consequent escalation in the burden of death and disability caused by neurotrauma.

Optimization of outcome from neurotrauma not only depends on definitive neurosurgical interventions but also requires skillful and well-informed anesthetic and critical care practice. Such practice can facilitate surgery when required and optimize the physiologic context for recovery from injury. However, none of the interventions that we use in this context are risk free, and both knowledge and procedural expertise are required to ensure the best balance between the benefits and risks of individual interventions. Furthermore, these interventions need to be embedded in a clinical framework that delivers appropriate and timely care.

Given this context, this textbook, edited by a clinician with substantial expertise and experience in this area, is a welcome development. The contents of this textbook, which represent the output of an expert group of international authors, will help both trainees and specialists to make judgments that maximize benefit and minimize risk, with the result that we not only increase survival from neurotrauma but also improve the quality of this survival.

David K. Menon Cambridge, UK



### Preface

Neurotrauma is a preventable public health issue, yet it can have devastating consequences amounting to huge community and economic losses. The timely, proficient anesthetic and surgical management is impetus for improving the outcomes. Yet, there has never been a dedicated book covering all of the aspects of neurotrauma along with the various complications in the past. This book is simple to read and understand and highlights all of the practical aspects of anesthesia for patients with neurotrauma. This book aims to provide an overview of the basics of anesthesia for neurotrauma. Its target audience are trainees and fellows in neuroanesthesia and anesthesia, including physicians associated with neurosurgical and allied branches, such as neurology and neuroradiology. It will be very helpful, especially to those medical practitioners who are providing anesthesia for neurotrauma cases but who have not been formally trained in the subject.

The purpose of this book is to provide basic information on anesthesia for neurotrauma and to explain how the management of different neurotrauma cases may differ, especially those involving the head, spine, and/or polytrauma.

Straightforward issues, such as neurologic examination of such patients and understanding their CT and MRI scans, have been discussed in a simple, easy-to-understand manner. Starting with the prehospital management and resuscitation of these patients, the book covers perioperative management in great detail, including their care. Special considerations, such as pediatric, obstetric, and geriatric patients suffering neurotrauma have been dealt with separately. The less-often discussed issues, such as palliative care and rehabilitation, have also been included to make the readers aware of their importance and necessity. Another highlight is the clinical procedures section, which provides quick and easy access and can be quite helpful for all practical purposes. Thus, this book provides insight into all possible aspects of the anesthetic management of neurotrauma patients. The authors of this book are experts in their fields and we are grateful to all of the contributors who have made this work possible.

> Hemanshu Prabhakar Charu Mahajan Indu Kapoor



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