

Pain

A Review Guide

Alaa Abd-Elsayed
Editor



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*I would like to dedicate this book to my parents, my wife, and
my two beautiful kids Maro and George.*

Preface

Dear readers

I decided to edit this book to make it a rich, quick, and comprehensive source for fellows who are preparing for their board exams anywhere in the world as the content is very high yield for the most known certificates, health care providers who are studying for their recertification, and for residents of all specialties, advanced pain practitioners, rehabilitation physicians, pharmacists, anesthesiologists, pediatricians, internists, primary care providers, surgeons, neurologists, psychiatrists, and all other specialties. This is a comprehensive book that can guide you to the management of pain in any setting (chronic pain, inpatient consults, regional anesthesia, pediatric acute and chronic pain, emergency and urgent care, primary care, psychiatric evaluation, perioperative surgical care, research, and basic science). The advantage of this book is that you can get almost all information you need on a topic in 10–15 min as chapters are very short but very comprehensive. I intentionally designed it this way to suit our busy clinical practice and the multiple competing demands of our daily life which can make it difficult to read big chapter on a certain topic. It is very easy to look the content of any chapter between seeing patients in a busy clinic and to refresh your knowledge about any condition or procedure before seeing the patient.

In addition, we added questions to help readers evaluate their knowledge on a topic and for providers preparing for their exams to get trained on the exam style of questions.

The book also contains good number of high-quality figures that can assist in understanding the anatomy related to topics and procedures.

I would like to thank Springer for sponsoring this book and I would like also to thank all my colleagues who authored chapters in this book. This book was authored by top practitioners who are very well recognized on the national and international level, I am very thankful to them for taking the time to participate and help bringing the knowledge to all readers.

Madison, WI, USA

Alaa Abd-Elsayed

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